

Micmac Camp gets temporary injunction

Gilles Gagné

GESGAPEGIAG - Micmac Camp has won the second procedure step against the Gesgapegiag Band administration. In a March 29 decision, Judge Daniel Dumais, the Superior Court, of granted the outfitting business an interlocutor injunction preventing the band administration from recuperating for now the five fishing rods administered by Micmac Camp.

The Gesgapegiag Band Administration decided in the fall of 2016 to put an end to the lease agreement with Micmac Camp, effective March 31, 2017. That agreement was signed at the end of the 1990s between the Gesgapegiag Band administration and the late Guy Condo.

Quentin, Travis and Naomi, who are sons and daughter of Guy Condo, are now managing Micmac Camp and they have decided to oppose in court the decision of the band administration. A first Superior Court decision came under the form of a safeguard order, to prevent the Gesgapegiag Band administration from taking over Micmac Camp's fishing rods.

The second court decision, made on March 29, extends that safeguard for the current year. Judge Daniel Dumais also asked the attorneys of Micmac Camp and the Gesgapegiag Band administration to prepare their case for the hearing of the permanent injunction request in October. The judge would like the hearing to start around October 18.

"The overall objective of the council was to allow a community controlled business to operate the rods while creating jobs and revenues for the benefits of the membership," explains Gesgapegiag Band administration January 30 press release, which can be found on the Micmacs of Gesgapegiag Facebook page. The band council will not comment further for now.

The spokesperson for Micmac Camp, Quentin Condo, argues that the family enterprise is paying \$25,000 per year to the band for those sports fishing rights. He also stresses that they hire between 16 and 18 individuals every season. They also pay for all of the operating costs of the outfitting business.

He further stresses that the conditions determined by the band administration regarding the lease holders of the community's five lobster fishing licences are far more

advantageous than the conditions imposed on Micmac Camp for the delegation of the sports fishing rights on the Grand Cascapedia River.

"The lobster fisherman is provided with a lobster license, fishing boat, traps, insurance, an employee, repairs for broken equipment and on top of that the band sends a truck to pick up their catch at the dock so that the fisherman doesn't have to even look for a market for his catch", he adds.

If the hearing pertaining to the permanent injunction really begins in October, a final decision should be rendered around the spring of 2019.

Public consultation over fishing agreement

Gilles Gagné

GESGAPEGIAG – The council of the Micmacs of Gesgapegiag is consulting band members in order to decide about the future of a fishing agreement reached five years ago with the Quebec government and other signatories such as the Cascapedia Society.

A first information session was held on March 27 in Gesgapegiag. Chief Roderick Larocque and the members of the council were on hand to present the file. The Gesgapegiag Band administration issued a press release following the meeting. "It is important for our community of Gesgapegiag to speak in one voice when it comes to the needs, rights and best interests of the community as a whole, and that is why this consultation process is so important," points out Chief Larocque in the document. The consultation process with the community includes three phases. Awareness, the information session held to inform community members, Decision, the consultation session to make a consensual decision, and the Action

phase, based on the conclusions drawn from the community input during the consultation session. The Council will make a political decision reflecting the interests of the community members, also mentions the Gesgapegiag press release.

"The Council has decided not to comment publicly on the file until all internal consultations have taken place with community members and that the community has come to a final decision," concludes the press release.

Meanwhile, that consulta-



tion, decision and action phases represent a cause of concern in Gesgapegiag's surrounding communities because the termination of the agreement between the Natives, the Quebec government and the Cascapedia Society, which manages sports fishing on the Grand Cascapedia River, could have a big impact on the jobs of many residents of the area.

The 10-year agreement is supposed to be valid until 2023. It currently translates into an annual payment of over \$1 million to Gesgapegiag, an amount earmarked

Is it a flower or maybe a sea-creature?

NEW CARLISLE: - When Daryl Beebe arrived at the Spec office on April 5 after picking up the newly printed Specs, he was excited to show Spec staff and volunteers a beautiful piece of natural art. What do you think it is?

Daryl and his wife Louise made the trip to Campbellton to pick up the Spec which is printed in Prince Edward Island and transported by courrier to Campbellton.

Turn to page 10 to see the full picture!



Should the time zone for the Coast change?

Thierry Haroun

GASPÉ PENINSULA: - The online petition asking that the Gaspé Peninsula be in the same time zone as the Maritimes, is being met with opposition. Three influential players in the region think it will have a negative effect on students and the tourism industry.

The petition posted last month by a young Gaspé businessman, Michael Briand, has up until now (April 6) obtained more than 2,500 signatures. The main argument for the time zone change is that it would provide more light in the evenings for tourists and favour better business networks with the Maritimes, especially New Brunswick. The idea has actually been well received by Gaspé Mayor, Daniel Côté and Gaspé Independent MNA, Gaétan Lelièvre, but it's not unanimous in the region.

Some influential people are opposed to it. Percé businessman Jean-François Gagné is against the change. "I would like to say that one angle on this issue has been totally forgotten: It's about the school kids that will be waiting for their bus in the dark if we were in the same time zone as the Maritimes. It just doesn't make sense given that we know how important day light is for our children. I think that such an idea is ridiculous." He also adds that in terms of tourism the argument doesn't stand either because people that leave Montreal, for instance, underestimate their travel time by two to three hours. "They arrive late in Percé and at 10 p.m there's not





Photo: Marie Leblanc

Jean-François Gagne. many restaurants open, if The director general of there's one." Tourism Gaspésie, Jöelle

Ross, who isn't speaking on behalf of the organization's governing board because it hasn't taken an official opinion on the matter yet, is of the same opinion as Mr. Gagné concerning the tourism industry. "I don't see even one advantage to this idea of changing our time zone. Just imagine a tourist that leaves Montreal, the Outaouais Region or Quebec City and has to change time just before arriving in Matane. For now, we don't know where the time zone will be drawn so we could end up with two time zones in our tourism region (the loop from Ste-Flavie around to Ste-Flavie). Besides

that, just imagine us, as an organization, that has members all around the coast and having to think when we plan an event that we will have to take into consideration two different times."

Another Percé businessman, André Méthot, hasn't decided for sure how he feels about the possibility of changing the time zone. "I can't really decide at this point in time because I don't think that we have all the information needed to really get the full picture. I think that a consultation or a serious study on the matter is necessary so that we can take a stand once and for all."

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Gastem won't appeal

Gilles Gagné

RISTIGOUCHE SOUTH EAST: – Gastem adminstrators have decided to refrain from filing for an appeal regarding the February 28 Superior Court judgement that dismissed the company's attempt to obtain \$1 million in compensation from the municipality of Ristigouche South East.

Gastem has been seeking compensation since 2013. Gastem's board argued that the municipal council had ended a hydrocarbon drilling project after adopting a drinkable water protection regulation in March of the same year.

On April 3 the president of Gastem, Raymond Savoie stated "We are not filing for an appeal. We will not comment further," when asked to explain their decision.

Judge Nicole Tremblay's decision stipulates that the company must reimburse \$164,000 to the municipality of 160 inhabitants, roughly one half of the legal fees incurred by Ristigouche South East for its defence.

Gastem will pay the municipality, added Mr. Savoie. "It is a court order. We have no choice."

However, Gastem is a company that has been practically inactive over the last five years and the September 2017



Gastem president, Raymond Savoie.

trial proved that the company was far from rich. Can the company opt for bankruptcy in order to avoid paying Ristigouche South East?

"It is extreme, filing for bankruptcy. It is difficult but we will manage to pay," adds Raymond Savoie, a former Quebec minister of Mines during the early 1990s. He also specified that currently Gastem doesn't have any other exploration projects.

The regulation adopted by Ristigouche South East in March 2013 disqualified the location chosen by Gastem in 2011 to carry out an exploratory drilling. The closest house and a branch of the Kempt River were about 100 metres away from the projected drilling site.

The municipal regulation stipulated that the buffer zone between an exploratory well and a source of drinkable water had to be at least two kilometres. Gastem never challenged the validity of that regulation and opted for a compensation lawsuit instead. All of the village's households rely on artesian wells.

Judge Tremblay stated that Ristigouche South East adopted the regulation while respecting the municipal law and without precipitation. She also stated that municipalities are not only entitled to defend the matters under their jurisdiction but have the duty to do so, as a precaution principle.

Finally, she declared that Gastem had abused the procedure during the trial, trying to prove the company's good record while that was not the purpose of the lawsuit.

In February, the mayor of Ristigouche South East, François Boulay, indicated that the surplus money the municipality might net following Gastem's payment will be given to a body defending the protection of drinking water. That organization was not yet known at the beginning of April.

A fundraising campaign brought in slightly more than \$342,000 to Ristigouche South East between the summer of 2014 and last fall. The defence fees of the municipality were a little more than \$300,000, an amount that includes the organization of the fundraising campaign.

Police report

On April 2 the fish processing plant of Marché Blais in the Pabos sector of Chandler was completely destroyed by fire. The alarm was given shortly after 2 a.m. and the firefighters of Chandler and Grand River, Sûreté du Québec police officers and Transport Québec employees were at the scene for four and half hours. Route 132 was closed until 6:30 a.m. and on one lane alternatively for a couple of hours afterwards. At approximately 7 a.m., heavy machinery started removing some burnt rubble, a precautionary measure to completely extinguish the fire.

A house near the processing plant was evacuated during the intervention by the firefighters and remained intact after the fire. The cause of the blaze is under investigation. Work had resumed in the plant a few days prior to the fire to process snow crab. Many of the plant's 60 employees gathered around the scene, as the firefighters were extinguishing the blaze.

"The estimate of the damages is slightly over \$1 million. With our assistance, the town of Chandler fire department is investigating the cause of the fire. For now, there is no indication that foul play could have caused the fire," says Sgt. Claude Doiron, spokesperson for the Sûreté du Québec.



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-
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Editorial page



Commentary

Gilles Gagné

Greener than green

Most Quebecers following the news have known for a few years that the province's nurses are exhausted because hospitals, CLSCs and seniors' residences are always over-crowded, almost always understaffed and too often ill-administered.

Most observers of the health scene knew in 2014 or 2015 that the reform planned and on the verge of being implemented by Health and Social Service minister Gaétan Barrette would not work because it was imposed, even shoved down people's throats, with little if any room for other stakeholders' input.

Running the health system is not like running an army. It is true that you are conducting a war, but it is against illnesses, and part of that duty, and it should be a huge part, means sensitizing people to adopt better health practices.

A minister therefore needs the support of a majority of staff members if he or she wants to succeed in a health reform endeavour. Gaétan Barrette has been centralizing powers for close to four years and he has often done it by hammering his fist on the table, making threats and making decisions alone.

In a field with thousands of intelligent people, such an attempt was bound to fail. It was written in the sky right from day 1. You cannot succeed in such a quest if you cannot get the support of the other members of your organization. That support comes with their involvement, when their leader uses persuasion, not because they obey to barked orders.

Convincing and shoving orders down people's throats are two different things.

The publication of write-ups and facebook posts, as well as the occurrence of sit-ins by worn out nurses have drawn a lot of attention lately and rightfully so. Their outcry comes from the bottom of the heart, and that is probably why the population is more willing to give them credit, instead of to Minister Barrette.

For at least 20 years, the health system has been experiencing a state of crisis, since the big cuts of former premier Lucien Bouchard, in his obsession for zero deficit. He reached his beloved breakeven point, but we have been paying ever since, and Philippe Couillard's government is repeating his mistake.

Nurses do not choose that occupation for its easiness, for the money or for the glory because there is very little of those three notions coming with the practice. Compassion, passion and vocation represent the main driving forces leading them to choose nursing.

Nobody has really listened to what the nurses had to say since the end of the 1990s, since the Bouchard years. Their opinion should be highly considered though. They are dealing directly with the patients, way longer than the doctors.

That's why young nurses like Émilie Ricard, in her mid-twenties, posted a facebook message describing why she is exhausted, just a few years into her career. Working night shifts with the responsibility of 75 elderly patients, including many heavy cases, should never happen.

That's why too many young nurses eventually give up in the early stage of their career. Sometimes, their level of exhaustion and their psychological state are so bad that they become patients of the health system!

Nurses don't trust the health system's hiring methods anymore. For 15 years, they asked that a permanent status be conferred to more young nurses, in order to alleviate their workload. They were not listened to. Instead of that, they were asked to make compulsory double shifts. So, a high number of young nurses refused those conditions attached to a permanent status and chose to remain on a part-time schedule. Then, they can refuse a double shift.

The same logic applies to working ten weekends in a row, the fate of many nurses hired permanently. Part-time nurses can refuse those conditions. Those two factors explain in part why the system is understaffed.

Working 16 consecutive hours in a plant is tough, but the risk factor is usually lower than when the patients' life is at stake.

Another huge failure of the health system stems from the huge budgetary cuts that have affected Quebec's Public health departments since 2014, the bodies in charge of prevention. Society consequently feeds our hospitals with too many people that are basically illiterate, health wise.

That is why the next reform should concentrate on listening to what the nurses have to say and on prevention, instead of following the orders of a doctor-minister.

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Recently, you ran an article entitled, "Top five languages spoken in Canada," which asked how our two official languages can remain relevant in a diverse Canada.

What if they can't? What if diverse languages and cultures overwhelm English and French and our way of life?

I don't want to be alarmist here. It may never happen—but the question remains and I feel that we must answer it.

There's no question that we feel protective of our language and culture and view it as part of our identity and heritage. It feels important, perhaps even very important—but how important is it?

What are we willing to do to safeguard it?

There's genocide happening against the Rohinga Moslems of Thailand by the Buddhists. The Rohinga village has been walled in, and the people have been fleeing to Bangladesh during monsoon season. Apparently, the Buddhists feel threatened by them and are attacking, while the Rohinga are simply trying to run away. Why do the Buddhists feel threatened? Is it because they're a minority in that part of the world? Possibly. Does it matter? When people feel threatened, they attack. You get genocide or war.

Here in Québec, the Québecois have expressed the same idea, that they feel threatened by the sea of English surrounding them. This historical distrust gave rise to referendums on independence, blaming the ethnics for the no vote, and repressive laws on language. Many Québecois have failed to notice how marginalized the English have become in the province, how most speak French and have adapted to, and adopted, the dominant culture—feeling threatened needs no reason.

How can our two official languages remain relevant in a diverse Canada? The question suggests that we must act to protect our language and culture, but the idea of losing these doesn't scare me half as much as that the question could make people feel threatened and act aggressive.

Language and culture are important, and we should do what we're able to keep them. But there's a hierarchy of importance here, and these two don't rate at all compared with the idea of shedding blood to safeguard them. We're one human family, the rest are details. There. You have my vote.

> Constance R. Brochet New Richmond, Quebec

Correction



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\$11.5 million project for Gaspé airport

Geneviève Gélinas

GASPÉ: – The Town of Gaspé has an \$11.5 million project to improve its airport. The amount includes the reconstruction and lengthening of the runway and the renovation of the terminal building. Gaspé would like Quebec and Ottawa to pay 90% of the cost and hopes the work will be done in 2019 or 2020.

The last major investment at the Gaspé airport dates back to 1999, when the runway was repaired and extended from 1,219 to 1,372 metres (4,000 to 4,500 feet), says Mayor Daniel Côté.

The projected investment comes in three parts. Rebuilding the runway and the fence will cost \$4.5 million. Lengthening the runway from 1,372 to 1,677 metres (4,500 to 5,500 feet) and improving the approach equipment requires a \$5.7 million investment. An amount of \$1.3 million will be needed to renovate the terminal building, the garage and to enlarge the parking.

The federal government will participate through Transport Canada's Airports Capital Assistance Program (ACAP),



noto: G. Gélinas

The Town of Gaspé wants to renovate the airport's terminal building, as a part of its \$11.5 million project.

says Mr. Côté. "Our project was accepted for an amount of \$4.5 million to reconstruct existing infrastructures. But we don't know when (the sum will be paid). We hope it will be in 2019."

The provincial government committed to investing a total of \$100 million over the next five years in airport infrastructures. "We're ready, we already have engineering studies," Mr. Côté says. The Town has committed to paying approximately 10% of the cost, that is to say \$1.2 million.

"With a runway extended to 5,500 feet and new approach equipment, new types of aircraft will be able to land more easily, which will encourage the use of bigger aircrafts in Gaspé, encourage eventual competitors of the Air Canada monopoly and will facilitate medical evacuation with the quebec's government's new hospital plane," states the mayor.

Air Canada Jazz offers daily flights from Gaspé to Quebec City, Montreal and the Magdalen Islands. In 2017, 23,682 passengers passed through the Gaspé airport. The average for the last 33 years is 21,600 passengers. There were 109 flights cancelled in 2017, that is to say 7.5% of the flights, most of them because of bad weather.

The Town of Gaspé doesn't quantify its targets in terms of improving the landing rate or the number of passengers after the \$11.5 investment. "There are elements that don't depend on us," says Mr. Côté.

He doesn't know if Air Canada Jazz will use planes equipped for an instrument approach, which makes landing easier in bad weather. He also hopes that Air Canada competitors will implement flights to and from Gaspé, but cannot be sure of that.

Daniel Côté hopes that Gaspesians will take advantage of the Quebec program to reduce airfares, which has been recently extended to the Gaspé Peninsula. Passengers can get reimbursed 30% of their ticket's price, for a maximum of \$500 per year. "I think that more people will consider taking the plane," states the mayor, which could encourage new air carriers to offer flights, he thinks.

The Town of Gaspé has been the ower of the airport since 1998, when Transport Canada transferred its ownership. Its annual operating budget is \$1 million. The airport is self-financing through landing fees, selling fuel and airport improvement fees.

The Town of Gaspé wants to diversify its sources of revenue in order to lower, or at least keep the same fees. "We want to develop air tourism, niche tourism: small planes which gather in particular places," the mayor explains.

The municipal administration is also considering developing the agricultural potential of the land around the airport by growing haskap berry (edible blue honeysuckle), a small fruit. In this way, Gaspé would follow the example of the Saint-Méthode airport, in the Lac-St-Jean region, which grows blueberries on its land.

Marché Blais owners to rebuild fish processing plant

<u>Gilles</u> Gagné

PABOS: - The owners of Marché Blais intend to rebuild their fish processing plant in time for the 2019 fishing season. The Pabos plant was destroyed by a fire on April 2 and left close to 60 employees out of work. The fish market adjacent to it was not damaged, except for smoke which forced the employees to clean the store before it reopened.

For decades, Jean-Paul Blais was the sole or majority owner of the plant. Over recent well," explains Alexandre Giroux.

The former plant was totalled with damage amounting to about \$1.2 million, the cost of a brand new plant is higher.

"A turn-key plant would cost between \$2.5 million and \$3 million," adds Alexandre Giroux.

There is still plenty of time to rebuild a new plant in time for the end of March 2019, the beginning of the crab fishing season in the Saint Lawrence estuary. Despite being located along the south side of the Gaspé Peninsula, Marché Blais buys shellfish and fish from North Gaspé and North Shore fishermen, like other Gaspesian plants. The Pabos plant also processed lobster, turbot and whelk. "It takes between four and six months to build the plant once the snow is gone. It will take some time to order and get the equipment. It is custom-made; so being ready on time for 2019 is realistic," says Mr. Giroux.

plant workers were offered jobs by Grand River and Sainte-Thérèse-de-Gaspé plants, which need manpower. However, they were not guaranteed at least 14 weeks of work, a period that would qualify them for employment insurance. They also want to be loyal to Marché Blais.

Alexandre Giroux says that it is their decision. He has not recommended for them to refuse work elsewhere. "We are trying to find a way that would accommodate them," he concludes. Canada Revenue Agency minister and Member of Parliament for the Gaspé Peninsula and Magdalen Islands riding Diane Lebouthillier suggests they accept a job at another plant for this year. "There are jobs available elsewhere but we can't force someone to work elsewhere. However, they will have to deal with the consequences (if they refuse work). Going from Pabos to Sainte-Thérèse takes 12 minutes. There is work available at the Paspebiac, Sainte-Thérèse and Grand River plants. I have met people and they can take all the

(Marché Blais) employees," says Minister Lebouthillier.

"I don't want people to work only 14 weeks. I want them to work as long as possible. There are jobs available in the Gaspé Peninsula. I am in contact with people who are holding investment projects because there is a shortage of manpower," she says, with a touch of impatience.

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years, his grandsons Alexandre Giroux, Louis-Philippe Giroux, and François-Pierre Degarie have acquired shares in the company, and they are now in charge of the business, with Mr. Blais retaining 30% of the company's control.

"Reconstruction augurs well. We have talked to the government and nothing is certain yet about the amount that we might receive but it seems sure that we will get some kind of financial support. We are talking about a grant like other plants have received, and a loan. We will have to contract a loan ourselves as

The fish market was closed for two days after the fire. That market employs 15 people.

Some of the Marché Blais

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Reflections

by

Diane Skinner Flowers



Cozy up with Hygge

It's a dark and stormy evening on the Gaspé. It's April, so officially spring, but the weather does not agree. The wind is howling and the snow is drifting across the highway. Winter, you have had your turn, so where the heck is that spring weather? Meanwhile, keep the fire on and if you don't have to go out and drive then stay home and be cozy.

Staying cozy is a lovely, comforting scenario. When you hear the word cozy, what comes to mind? Warmth, blankets, hot cocoa, a good book, a movie, a glass of wine, cookies warm out of the oven? This all qualifies for sure, but if you want to take your cozy quotient up, you might want to read the book, The Little Book of Hygge: Danish Secrets to Happy Living by Meik Wiking. This bestseller is based on the Danish word hygge. (pronounced hoo-gah or hue-gah) The word does not have an exact equivalent in English, but means basically comfort, togetherness and warmth. The word cozy sums that up pretty well. The author has put in years of research at The Happiness Research Institute in Copenhagen, Denmark. Before you discount this notion, be mindful of the fact that Danish people are often ranked happiest in the world. The author attributes this happiness to hygge.

The notion of hygge highlights the importance of little things in life. And it's not just about things. It includes the notion that spending more quality time with friends and family is vitally important. The book goes into more depth about real ways to increase your happiness. Lighting is a factor which increases that cozy feeling. There is a section on how to share good comfort food with your closest friends by candlelight. There is nothing shockingly new in the book but little techniques and reminders help the reader to focus on cozy happiness.

Maybe you already practice hygge but have not called it that. Do you wear warm fluffy socks while reading? Do you have a favourite throw or blanket that you drape over yourself on cold evenings? Do you light a candle (or a battery-operated one) and it makes you feel instantly calm? Do you brew a perfect cup of tea and relax and enjoy it slowly and mindfully? That's hygge!

So why not pursue more of these moments of comfort and contentment? Here are some suggestions:

- 1. Use soft blankets, pillows and throws. Wear fluffy slippers.
- 2. Make warm drinks, such as chai teas or other aromatic tea blends.
- 3. Play music that relaxes you.
- 4. Take warm baths or showers, followed by big, fluffy towels, light candles and use scented oils in the tub.
- 5. Serve family and friends a meal with the intent of talking, sharing and laughing. Eat slowly. Dim the lights.
- 6. Surround yourself with meaningful objects: gifts from friends and family, antiques, old family objects, items from your travels.

Budget does not include as much as anticipated for air transportation

Gilles Gagné

GASPÉ PENINSULA: - The March 27 provincial budget holds just a tad more funding for air transportation than last year's budget, despite Finance minister Carlos Leitao's pretention that a lot more money would be available for that field. In fact, the amount earmarked for that type of transportation in 2018-2019 is just slightly more, at \$54.84 million, than the 2017-2018 amount.

It is also just a bit higher than the average annual amount announced over the previous seven years, despite the much heralded air transportation summit held in Lévis in February and the fact that Finance minister Carlos Leitao put a lot of emphasis on an amount of \$173 million, a sum, after checking some governmental documents, that is spread over four to five years, depending on the budgetary item.

The air transportation budget announced on March 27, at \$53.84 million for 2018-2019, is just a bit higher than the \$51.94 million in 2017-2018. It is an increase of \$1.9 million, or 3.66%.

After checking the air transportation envelope for the previous seven budgetary years, the 2018-2019 amount, at \$53.84 million, represents a rise of \$1.4 million compared to the average since 2011-2012, at \$52.48 million. It is an improvement of 2.67%. That increase is not indexed to the cost of living. An indexation would almost nullify the increase.

The independent Member of the National Assembly for the riding of Gaspé, Gaétan Lelièvre, finds it rather shocking that the Quebec government is making a big splash in the budget with an amount of \$173 million earmarked for the betterment of aerial services.



Gaspé riding independent MNA Gaétan Lelièvre says that the budget for air transportation changed very little this year, despite the Quebec government's pretention.

amount of money but a big chunk of that \$173 million, in fact \$100 million, will go to regional airports' infrastructures. However, that \$100 million will be spread over four years. That leaves \$25 million per year. The Town of Gaspé airport has just presented a project of \$11.5 million. Suppose that the federal government allots \$5 million or \$6 million to it, it still leaves close to \$5 million for the Quebec government. Another Gaspé Peninsula airport, the

Sainte-Anne-des-Monts runway, needs between \$5 million and \$6 million. Do you really think that two of our airports will be in the position to get close to 50% of the Quebec budget reserved for regional airports? The budget is not sufficient," analyzes Mr. Lelièvre.

He also criticizes the other aspects of the \$173 million envelope, due to the lack of cludes Mr. Lelièvre. details provided by the Quebec government or the long period covered by the budget. "An amount of \$22.5 million is budgeted to find other airline companies interested

in serving regional airports but that amount covers five years. So that makes \$4.5 million per year. The government will announce how it is supposed to be deployed later. The same logic applies to the amount of \$40 million budgeted to support people using air transport in far regions. It is for five years so it boils down to \$8 million a year. The Gaspé Peninsula people will get very little of that. On a per capita basis, Gaspesians will be reimbursed 30% of a plane ticket, with a ceiling of \$500 per year. It costs close to \$1,500 for a return trip between Gaspé and Montreal. It remains expensive despite the reimbursement of \$500, as our plane tickets are the most expensive in Quebec. The second plane ticket would then cost the full price again. It won't change people's travel habits for sure," con-

- 7. Get rid of any objects in your home that do not make you happy or bring you joy.
- 8. Install dimmer switches for softer lighting, use table lamps rather than overhead lighting.
- 9. Make it hot! Or at least warm. If you have a fireplace, real or electric pull up your chair and enjoy. A flickering fire relaxes you instantly. Put out a number of candles, various shapes and sizes, arranged together and that can be striking. Many prefer the battery powered candles, as they are much safer.
- 10. Bring nature into your home. Have plants around which also clean the air! Even touches of wood or stone or sea glass help to make your space more welcoming and grounded.

Appreciating the small joys in life is not a new concept, nor is it original, but hygge reminds us all to make life simpler. It helps us to slow down and make our moments, whether with friends or alone, meaningful and peaceful. The world of technology has made our lives so fast and immediate. Let's aim for more slow, relaxing and cozy. Hygge can help that transition. Say to yourself, "Today I choose happy living."

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"It looks like a huge



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Gaspesian diabetic in desperate need of insulin pump approval

Geneviève Gélinas

GASPÉ: – Gaspesian Guy-Martin Couture, who has severe diabetes, is asking Health Canada to speed up its process for authorizing an automatic insulin pump, recommended by his doctors to better control his glucose level, which goes up and down like a yo-yo. Otherwise the 50-year-old man is afraid of ruining his transplanted kidney, making him dialysis-dependant.

Mr. Couture, who is from Percé and lives in Rimouski, has been fighting type 1 diabetes and its complications since he was 12 years old. The illness won the last battles and he had to stop working in February 2017 and received a pacemaker in June.

He gave up the possibility of a pancreas cells transplant because of the very small number of matching donors. This intervention could have allowed him to live without insulin shots.

In the last few months, Mr. Couture re-mortgaged his house and made an appointment with a Minnesota clinic to obtain the latest machine that controls glucose levels in the blood, often referred to as an "artificial pancreas". This pump, the MiniMed670G, measures the glucose level every five minutes and, depending on the results, injects insulin to the patient.

Mr. Couture would "greatly benefit," from the use of that pump, wrote one of his endocrinologists, to "increase the consistency of his glucose control at a level which will maximize his chances of keeping his renal transplant kidney healthy."

The fees charged by the



Guy-Martin Couture is unable to control his glucose level with traditional pumps and his condition is deteriorating.

clinic, the pump and the travel could exceed \$78,000. "I had reached that point, in order to regain a quality of life and to go back to work," Mr. Couture says.

Mr. Couture was impatiently awaiting his April 7 appointment. However, on March 23, the pump manufacturer, Medtronic, notified him that they refused to provide him with a pump. "We are unable to support a special access request (for this pump)," wrote a Medtronic representative.

Health Canada's special access program considers requests for access to drugs or treatments that are unavailable for sale in Canada. Yet the federal organization had agreed to the pump, Mr. Couture reports. "homemade" automatic pump for Mr. Couture. It allows him to sleep well, while his previous pump used to wake him up as often as eight to ten times a night, because of a bad glucose level.

The homemade pump helps, but isn't a long-term solution. "It's not legal and it's not reliable. Several times, the program bugged," Mr. Couture reports.

Health Canada could authorize the Medtronic pump at the end of 2019 or at the beginning of 2020 but it will be too late for Mr. Couture. "I'm on the verge of rejecting my transplanted kidney. I would have to go back to dialysis."

The hemodialysis treatment consists of being plugged to a machine for four hours doing the work of kidneys, that is to say to purify the blood.

The Gaspé independent Member of the National Assembly (MNA), Gaétan Lelièvre, threw his weight behind Mr. Couture. Supported by Québec solidaire and Coalition Avenir Québec, he filed a motion at the National Assembly on March 29 to ask Health Canada to speed up the authorization process for the pump.

Mr. Lelièvre also asks that, once the pump is authorized, the Quebec Health Ministry repay its cost, for children as well as for adults. The pump costs more than \$14,300. "We're thinking about asking people to sign a petition. I'm also going to contact the (federal) Health Ministry," states Mr. Lelièvre.

The MNA and Mr. Couture emphasize that they are doing these requests not only for Mr. Couture but also for all other diabetic patients. The proportion of Quebecers suffering from diabetes has more than doubled in the last 20 years. More than 10% of the population has diabetes, according to Diabetes Québec.



In the meantime, a friend

who is a programmer made a



A shining start for children ages 0-5



Skate park in Gaspé

ready this summer

Thierry Haroun

GASPÉ: - Gaspé's youth will finally have a skate park and it will be located near the East York tourist stop. Mayor, Daniel Côté confirmed that the skate park will be ready this summer. "The construction should start once the snow melts and this summer it should be up and running. This project has been in the making for years. The problem we had recently is that the results of the first call for tenders was way too expensive. Then we did another one, it was less expensive, but still more than what we had planned in the first place. Nevertheless, we decided to go ahead with that price which totals \$325,000, which is \$50,000 more than what we had planned. We looked in our pockets to find the missing \$50,000. So it's good news for everyone because a skate park is an essential service nowadays for the youth," pointed out Daniel Côté. The MRC de la Côte-de-Gaspé has invested \$50,000 in the project and the rest is paid by the Town of Gaspé.



Call Amie Major 418-752-7265 (Family Ties) to share your name & the age(s) of your little one(s)

or INBOX Bright Beginnings GMI on Facebook a play group? baby & me? cooking or baking? crafts & games?

Let us know ... so we can make it happen this Spring!

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Volunteers strengthen our communities and make our country vibrant. We wish to thank all volunteers for their invaluable support!

THE GASPESIE LITERACY COUNCIL 418-361-2646



Parish Priest, Pierre Edaye, enjoying his first ever Saint Patrick's supper.

Cascapedia-St-Jules Irish supper a great success

Elaine Sexton

CASCAPEDIA-ST-JULES: - The community center was once again full of green and cheer as the Irish weekend came to an end with laughter and plenty of food. The Irish supper was held on Sunday night and 300 people were served. The cold weather certainly did not keep the crowd away. As always there were people from various areas.

The Saint Patrick's Committee is grateful to everyone who helped in any capacity, especially "young" workers. Happy to see the next generation taking part in their heritage, one that has been going on for over 50 years

Those who made and put up the decorations did an excellent job doing so, as well as,those who set up at the fifty plus hall, legion and the church. The committee is grateful to the Municipal Council and Fifty Plus Club for letting them turn the buildings into an Irish setting for the weekend . They are also appreciative of Therese and Kathleen working at the door for the supper, also Linda, Darlene, Michel and all who operated the ovens and fridges, and the many, many people who donated food and/or cash donations, and Pascal Poirier and AP Chevrolet for the shuttle, and of course all those who came. To all those who helped in any way all weekend, whether volunteering a few minutes or a few hours, your help was greatly appreciated.

The committee hopes to see you all next year. Even though the day has passed, I send everyone an Irish blessing, "Don't walk in front of me I may not follow. Don't walk behind me I may not lead. Walk beside me and just be my friend."

GESGAPEGIAG: Cont'd from cover

for economic development. The agreement suspends the Natives' traditional salmon Richmond and Gesgapegiag) find employment in private fishing camps or for the Cascapedia Society," emphasizes the mayor of Cascapedia-St-Jules, Gaétan Boudreau. Many of them fear that the termination of the agreement could have a negative effect on sports fishing and consequently on their jobs, he adds.



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CALENDAR OF EVENTS

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*Certain conditions applies. Details from the rental consultants.



WHERE BEAUTIFUL HAPPENS



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Record landing prices for shrimp

Gilles Gagné

GASPÉ: – The Gaspé area shrimp fishermen and the managment of processing plants agreed on record landing prices, which will increase by 37% between 2017 and 2018. The first landings were to take place on April 10, in the context of a steep decrease in quotas.

On April 6, the members of the Gaspé Shrimp Fishermen Board accepted the offer from the plants. It will be \$1.68 per pound for large shrimp, \$1.35 for the medium-sized ones and \$1.14 for the small ones. Those are record prices for the Gaspé Coast; the last record was in 2016. Last year, the negotiated prices were \$1.19, \$0.99 and \$0.85 respectively for the same size categories.

Most of the shrimp caught in 2017 were medium and small, which gave fishermen an average price of \$0.95 per pound. If the proportion of shrimp of each size remains the same this year, the average price should reach \$1.30, that



The first shrimp landings in Rivière-au-Renard should take place during the second week of April.

is to say a 37% increase.

The scarcity of shrimp explains the high prices, explains the director of the Quebec fisheries industry association (Association Québécoise de l'industrie de la pêche), JeanPaul Gagné, who represents the plants. "This year, there's a decrease in quotas in Eastern Canada. We don't have the inventories of last year, here and in the world," he says.

"The markets are better

than last year," confirms the director of the Gaspé Shrimp Fishermen Board, Patrice Element. "On both sides, we didn't want to experience the same difficulties as last year," he adds.

In 2017, shrimp fishermen and processing plants agreed on landing prices only on May 16, whilst shrimp fishing had opened on April 1.

During the negotiations, some fishermen talked about delivering their shrimp to Newfoundland to get better prices. "The prices have not been decided yet in Newfoundland but our people are happy with the prices (negotiated in Gaspé). A large majority should deliver here," Mr. Element expects.

For the fishermen, the good landing prices have the potential to compensate for the decrease in quotas. The total allowable catches in the Gulf of St. Lawrence decreased by 35% this year, at 17,338 tons but there are many factors to be considered for a fishing season to be prof-

itable.

Last year, shrimp fishermen left 16% of their quotas in the water, because the season began late, but also because the shrimp was scarce, especially in the Sept-Îles fishing zone.

The decline in the quotas of each captain also depends on where he or she is allowed to fish. The allowable catches in the Anticosti fishing zone decreased by only 15%, but the Sept-Îles zone decreased by 60%, and the Estuary zone by 74%.

More than 100 fishermen work on about 30 shrimp boats whose owners are members of the Gaspé Shrimp Fishermen's Board, who sell their catches to L'Anse-au-Griffon Crevette du Nord Atlantique and Rivière-au-Renard Pêcheries Marinard, where close to 400 people work. Other shrimp fishermen deliver their catches to the Matane and Sainte-Anne-des-Monts plants, which usually follows the prices negotiated in Gaspé.

Irish eyes were smiling

Elaine Sexton

CASCAPEDIA-ST-JULES: -The Irish weekend got off to a fantastic start with youngsters performing at the annual concert, which has not been held since 2015. Below was the welcome given that night by Elaine Sexton, "It has been two years since we gathered to celebrate our Irish heritage and we were all happy to be together to enjoy the children perform as well as the adults. Our Irish Family has been through an emotional two years, as have many families we know. The concert was dedicated to Carl, Reggie, Reynold, Vernon and Norma Sexton. All five were a tremendous part of the weekend through the years. Carl and Reynold, as many of you know, were part of the band, and their brother Evan said it best when he said that having a concert would be honouring the boys, and would be the best thing to do and we do honour and miss them all. Let's make this evening and weekend, a great dedication to all our family members. May God look down and bless you, May you look up and give thanks." The concert was held at the Fifty Plus building. The youngest performers, sang songs, and spelled "SHAM-ROCKS", one letter per child, with each of them saying a little sentence about the meaning of each letter. They all did a fun song, which was My Aunt Came Back, it was a real hit, as it required them to do some actions. It ended, as it does every year with a little ballad and this year it was Down by the Valley. The children once again got their Irish souvenir and their pot of goldcandy from the lepachaun. Nicole Snow-Legouffe, you are a real trooper.

The adult performers were Charlie Greene, who told some jokes, joined in the singing, and played some beautiful Irish music on the piano as people entered the concert. Robert Guite, and Vincent Parent both sang and Darlene, Della, Darlene (Dinn) and Elaine Sexton made up the "Sexton Shamrocks".



Everyone was so pleased to have Elaine Cochrane join inagain, with Jim Cahill on the guitars, with the children.

The second part of the show was put into the capable hands of The Irish Leftovers, JP Tessier, Jim Cahill, Evan Sexton and his two children Lyne and Daniel. A few tears were shed as old memoires were recalled through song, but hearts were full, hearing new songs providing new memoires moving forward.

Organizers are especially grateful to those who helped

Photo: Darlene Sexton and Dimock

The children and The Irish Leftovers, taking part in the concert.

set up and put back the tables the door, Linda and Bonnie for etc. at the club, Donna at the canteen, Linda and Darlene at nated as a door prize, all the

children, parents, entertainers and all who came to enjoy it. Till next year.

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Business Professional RECTORY





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Announcements...



In Memory

ASSELIN: Anthony April 10, 2002 ASSELIN: Keving April 19, 1983 Your heart of gold stopped beating, Two smiling eyes at rest. God broke our hearts to prove, He only takes the best. Deep in our heart there's a picture, More precious than silver or gold. It's a picture of a dear farther and brother, Whose memory will never grow old. Sadly missed by Marlee, Boyd and all the family.

WARD: Wilma Beatrice (HUNTINGTON)

In loving memory of our mother, mother-in-law, grandmother and great-grandmother, who passed away on April 8, 1990. God gave us our mother And he tried to be fair. When he gave us ours We got more than our share. Although he took her Back to heaven on that day, We are so grateful for,

The years he let her stay.

Always loved, always remembered, never forgotten by your loving daughter Frances (Bernie) and grandsons Mark (Erin) and great-grandsons Reid, Cole and Benn; Kevin (Courtney) and great-granddaughters Avery and Carys; sons Ken (Chris), Everette and Wayne (Monique) and grandsons Dave (Josie Ann) and great-granddaughter Julia, and Brian (Catherine).

Happy 100th Birthday!



We would like to wish our Mom and Nanny, Elsie Mullin Patterson, of Sandy Beach a very Happy 100th Birthday! To celebrate this special milestone birthday we will be having an open house on April 15, from 1:00-4:00 p.m., at the Wakeham School. Best wishes only.

The Family

Please keep in mind when submitting photos of a loved one do not send in photocopies, copies printed off a home colour printer or the cards given out at the funeral home. The quality of your photo will not reproduce well in the newspaper.



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For Sale: Seventy-two 13" x 13" ceramic tiles for floor or around bathtub, beige. Asking \$60. Call 418-752-6041 or during the day 418-752-5400.

For Sale: Four Mitsubishi 17" rims from 2012 RVR. Asking \$100. Call 418-752-5815.

COAST ROUND-UP

POINTE-NAVARRE: Upcoming Events

Tuesday, April 17: Thanksgiving Mass. During the year 2018, we will celebrate the 50th anniversary of the death of Father Watier. We will give thanks to the Lord by recalling a feature of the life of Father Watier and his mission among us. Welcome!

Sunday, May 6: The Annual General Meeting of the Sanctuary of Pointe-Navarre will be held at 1:30 p.m. at the church. You are all in-

of the community center. Lise Bernatchez will present Portugal: The Douro Valley and Porto. A neat way to travel around the world! Most travel talks will be in French. Everyone is welcome! Voluntary contribution.

Thursday, May 3: at 7 p.m. Board Games Evening Every first Thursday of the month, come and have fun at an evening of board games of all kinds. Come alone or in a group, bring your favorite games. \$1 grilled cheeses and new games from Alpha's library in Gaspé are waiting for you.

Wednesday mornings: Healthy Walks. You are welcome to join an informal group to walk about 4 kms every Wednesday morning in Douglastown's ranges. We will meet at 10:30 a.m. in front of the Community Center.

Wednesdays at noon: from 11:30 a.m. to 1:30 p.m. you are welcome to savour a soup at the Community Center. Voluntary contribution of \$3 would be appreciated. Games (cards or others) You are welome to play your favourite game in the Community Center living room staring at 1 p.m.

BARACHOIS:

Legion Branch 261 Upcoming Events

Every Monday: The Royal Canadian Legion, Branch 261, will be having a bingo at 7 p.m. at the Legion. **Thursday Nights:** Darts will be held beginning at 7 p.m. New players welcome. No experience necessary.

PORT DANIEL:

Upcoming Event

The following events will be held at the Three Star Golden Age Club in Port Daniel. **May 12**: Mother's Day Tea.

PORT DANIEL: Upcoming events to support St. James Anglican Church

April 27: Gift Bingo at the Three Star Golden Age Club in Port Daniel at 7:30. All proceeds will go to St. James Anglican Church Port Daniel. Single card \$10, series 3/\$20. Get your dabbers ready! Canteen service and 50/50 available as well. June 30: Canada Day Entertainment Evening July: 28: Annual Bazaar October 6: Harvest Supper November 10: Casserole Supper and Auction 7-12 years \$5, 6 and under free **Saturday, June 23:** Fish Cake supper \$12 per person

SHIGAWAKE: Tea, Bake and Craft Sale Change of Date

A tea, bake and craft sale will be held at the Shigawake Community Centre (across from the Anglican Church) on **Thursday, July 12,** from 12 noon to 2 p.m. Adults \$7, children 6 and under free. Door prizes, prizes, 50/50.

HOPE TOWN: Service

Hope Baptist Church welcomes You! Sunday School for all ages at 9:45 a.m. Corporate Worship at 11:00 a.m. Wednesday 7 p.m. Prayer Meeting and Bible Study; Friday 7 p.m. Young Peoples for Grade 7-11, 305 Route 132 West, Hope Town 418-752-5838

HOPE TOWN:

Upcoming Activities

The following activities will be held at the Hope Town Community Center.

Saturday, April 14: Military Whist beginning at 8 p.m. Come and join us for a night of fun.

Saturday May 5: A crib tournament will be held at the Hope Town Community Center at 1 p.m. \$10 per person. Please register your team by Thursday, May 3. Call Audrey or Linda 418-752-2015.

NEW CARLISLE:

Annual General Meeting The AGM of the New Carlisle Funeral Association will be held on April 17, 2018 at 4 p.m. at the Town Hall

NEW CARLISLE: LIFE Association upcoming events

May 5: Mother's Day Tea from 11:30 a.m. - 1 p.m. At the New Carlisle Town Hall. \$5 per person. June 16: Bingo at 7 p.m. at the Royal Canadian Legion in New Carlisle. \$10 series or 3/\$20.

NEW CARLISLE: Gift Bingo

The dart club will be hosting a gift bingo for and at the Royal Canadian Legion on **Saturday, April 21** starting at 7 p.m. \$10 a series or three for \$20.

p.m.

May 11: Soup and Sweets from 11:30 a.m. to 1 p.m. Please note There will be no card games until further notice.

NEW CARLISLE: Bible Chapel Services

Sunday: Breaking of Bread for Believers - 9:30 a.m.; Sunday night service - 7 p.m.; Wednesday: Bible study and prayer - 7 p.m. "You Must Be Born Again."

NEW CARLISLE:

Legion Benefit Breakfast A benefit breakfast for the Royal Canadian Legion will be held on Sunday, April 15, at the New Carlisle Optimist Chalet beginning at 9 a.m. Cost \$10 per breakfast. All are welcome.

NEW RICHMOND: Friperie entraide de L.É.P.É.

New spring and summer clothing has arrived. On sale at \$1 each or more. Good hot meal at noon, free, donations accepted. We also give away hundreds of things every week. (contact for furniture to give or receive) Open on Saturdays from 10 a.m. to 3 p.m. At 248 Perron Blvd. New Richmond. 418 392-5161.

NEW RICHMOND: Ham and Scalloped Potato Supper

The United Church will be holding a ham and scalloped potato supper on **April 14** from 4:30 to 6:30 p.m. Adults \$10, Children under 12 \$6. Takeouts available starting at 4 p.m. Call Kathleen Paquet 418-392-4896.

CASCAPEDIA-ST-JULES: Royal Canadian Legion Br. 172

Upcoming Events

The Royal Canadian Legion, Branch 172 meets monthly on a regular basis every third Saturday at the Legion, located at 55 Gallagher St.

CASCAPEDIA-ST-JULES: Book Room

Please note that the book room is now open **Wednesday** afternoon from 1 - 4 p.m. On other days, please contact Kathleen Paquet at 418-392-4896.

GESGAPEGIAG: N.A. Meetings

N.A. Meetings held every Tuesday at 7 p.m. at the Mawiomi Treatment Centre, located at 85 School Street in Gesgapegiag. Everyone welcome! For more information call 418-759-3522. N.A. is a nonprofit fellowship of men and women for whom drugs have become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using.

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FIREARMS AUCTION APRIL 21st – Three Sessions Live And Online. Bidding Opens April 6th, www.switzersauction.com, Toll-Free 1-800-694-2609, Email: paul@switzersauction.com. Estates And Collections Wanted. Switzer's-Canada's#1 Firearms Auction.

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UNITED CHURCH Sunday, April 15 10:30 a.m. Hope Town



vited to this meeting to receive information on the administration of the sanctuary. Welcome.

YORK:

Advance Notice

Wakeham ACW will be holding its annual summer sale and tea on **Saturday, July 7** at York River Community Hall. We will have baked goods, a handicraft table, white elephant table, and mystery parcels. Afternoon tea will be served (\$5). Doors open at 2 p.m.

DOUGLASTOWN:

Upcoming Events

The following events will be held at the Douglastown Community Center.

Tuesday, April 17: Travel talks at 7:30 p.m. in the conference room

PORT DANIEL:

Strawberry Social

The Marcil Women's Institute will be holding its annual strawberry social on **Friday, July 27,** from 12 noon to 2 p.m. at the Three Star Golden Age Club at 177, Route 132, Port Daniel West. Entrance \$7, children under 6 free; door prizes, bake table, sales table, 50/50, more information call 418-752-8152.

SHIGAWAKE:

Upcoming Activities

The following events will be held at the Shigawake Community Center. **Sunday, May 13:** Mother's Day Brunch 9 a.m.-1 p.m., \$10, children

NEW CARLISLE:

Annual General Meeting

The 50 Plus Club will be holding its Annual General Meeting on **Wednesday, April 25,** at 9 a.m. at the New Carlisle Municipal Hall along with a breakfast.

NEW CARLISLE:

Annual General Meeting

The AGM of the New Carlisle Seniors Corporation will be held on **April 16** at 2 p.m. at the Gilker Residence. Everyone is welcome.

NEW CARLISLE:

Upcoming Activities

The following activities will be held by Heritage New Carlisle at the New Carlisle Town Hall.

Friday, April 13: Spring Soup Ta and Sweets from 11:30 a.m. - 1 we

CASCAPEDIA-ST-JULES: 50+ Club Upcoming Activities Every Thursday: Dame de Pique at 1 p.m. \$5 per person. Every Tuesday Night: Grocery Bingo at 7 p.m. (2 cards for \$5,

each additional card \$1). **Friday, April 20:** at the 50+ Club, 319, Route 299, there will be jam sessions open to all musicians and spectators. Doors open at 7 p.m. with entertainment beginning at 7:30 - free admission, donations accepted. Canteen service on site. Welcome to all.

Sunday, April 22: There will be a turkey supper including soup and dessert from 4:30-6 p.m. Adults \$12, children 12 and under \$10. Takeout is also available. Everyone welcome.

CANADA Sunday, April 15

New Carlisle 9 a.m. Holy Eucharist Hope Town 10 a.m. Morning Prayer Shigawake 11 a.m. Holy Eucharist

PARISH OF ALL SAINTS BY THE SEA Sunday, April 15 St. Peter's Malbay

11 a.m. Service

PARISH OF GASPÉ Sunday, April 15 York 10:00 a.m. Holy Eucharist

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Fun in the snow...

On March 29, while spending the day with his grandparents Carol and Stephen Gilker, little Oliver Gilker of New Carlisle, got to make his first snowman, pictured above. A valiant effort for the two-year-old helped by his grandmother. Unfortunately there was only a puddle of water left by the time parents Sam Grey and Ian Gilker came to pick up their little tyke.

Why do we SAY... By Gary Briand

A friend of mine, concerned that a family feud would break out about a controversial will left by a relative, said to me that all concerned should "let sleeping dogs lie."

How strange the common English expression! It comes from 1300 French! At that early time, the people said, "Ne reveillez pas le chien qui dort." By 1374, it came to Geoffrey Chaucer in England who used it in <u>Troilus and Criseyde</u>:

"It is nought good a sleepyng hound to wake."

Over time, the advice seems to have shifted from the negative to the positive. By 1824 Sir Walter Scott wrote it in the modem form. In Redgauntlet, the author put the following in the mouth of Wandering Willie when the latter is asked whether the lad had ever been in the army. He replies:

"I'se warrant him a soger. But take my advice and speak as little about him as does he

about you. Best to let sleeping dogs lie."

My friend's family members ignored the advice. Their inheritance has been lost in the law courts for the last five years!



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ARIES – Mar 21/Apr 20 A solid week is ahead for you, Aries. However, some surprises can pop up on a day when you need a little extra sunshine in the routine. Embrace the unexpected.

TAURUS - Apr 21/May 21

Taurus, your relations with authority figures are very good right now. Do your best to maintain this both in the short- and long-term. You will benefit from having done so.

GEMINI – May 22/Jun 21 Gemini, a surprise invitation may come your way this week. You aren't sure if you have the time or the gumption to accept at this point. But give ample thought to accepting. CANCER – Jun 22/Jul 22

Cancer, even though you may want to spend time at home — and maybe make a cocoon under the covers there are some things you need to face if you are going to move forward.

LEO - Jul 23/Aug 23

Leo, you are full of clever ideas that you are eager to share with coworkers and people at home. Pace yourself so you don't overwhelm others with information.

VIRGO – Aug 24/Sept 22 Virgo, an opportunity to earn more money will catch your eye this week. Even if it seems a little risky, it could be well worth

pursuing.

LIBRA – Sept 23/Oct 23 This can be a fun-loving week for you, Libra, if you embrace the opportunities for letting loose. You may feel impulsive, and that's okay in moderation.

SCORPIO – Oct 24/Nov 22

Scorpio, home repairs and renovations are on the brain. You are ready to pour your energy into changing your home spaces for the better. Start making an idea board. SAGITTARIUS – Nov 23/Dec 21 Sagittarius, a very fast-paced week is ahead. The good news is that any related unpleasantness will move by quickly, and you can focus on enjoying the fun parts. CAPRICORN – Dec 22/Jan 20 Capricorn, work relationships can be unpredictable, which means you may need to reevaluate your approach. A change in tone or direction may be all that's needed. AQUARIUS – Jan 21/Feb 18 Aquarius, travel plans can change on a dime, but you are adaptable. It's not the destination, but the journey. Take someone along for the ride. PISCES – Feb 19/Mar 20

Pay close attention to your bank account, Pisces. Financial surprises might be something to look out for in the near future.

FAMOUS BIRTHDAYS APRIL 8 Matthew Healy, Singer (29) **APRIL 9** Kristen Stewart, Actress (28) **APRIL 10** Daisy Ridley, Actress (26) APRIL 11 Alessandra Ambrosio, Model (37) **APRIL 12** Claire Danes, Actress (39) APRIL 13 Kelli Giddish, Actress (38) **APRIL 14** Josephine Skriver, Model (25)

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Class 2018

If you are from a household that has an active subscription to The Gaspé Spec, you are invited to apply for the SPEC BURSARY

One \$500 bursary will be awarded to the high school graduate showing the greatest academic improvement on their transcript between Grade 9 and Grade 11 and who will be continuing their academic studies at a post-secondary institution.

<u></u>
APPLICATION PROCESS
The applicant must include in their application the fol- lowing items:
GRADE 9, GRADE 10 <u>AND</u> GRADE 11 transcripts. <i>The transcripts must show improvement.</i>
Proof of involvement in community volunteer activi- ties. This would include letters from community leaders attesting to community volunteer work over the last three years.
Acceptance letter from the post-secondary institution you will be attending.
Applicants failing to provide <u>ALL</u> of the above mentioned items will be disqualified.
Student's address must match the address of an active Spec Subscription
Applications must be submitted by May 11, 2018 at 4 p.m.
Send your application and all required documents to:
The Gaspe Spec / Spec Bursary 208-B Gérard D. Levesque New Carlisle, QC G0C 1Z0

Applicants must be from one of the following schools: Escuminac Intermediate, New Richmond High School, New Carlisle High School, Chandler Evergreen or Gaspé Polyvalent

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