Necropsy on 6th dead right whale reveals clues about possible collision with ship

Gilles Gagné

A necropsy was performed on July 1 on the sixth dead right whale located on June 26 about 100 kilometres away from the Gaspé Coast. Preliminary observations indicate that Clipper (the name of the whale) was killed by a collision with a ship.

The necropsy was carried out in Grand-Étang, next to the rest area located near the municipal limits of Gaspé and Cloridorme. The right whale was towed from where it was initially located to the Fox River port, and from there to the Grand-Étang beach. Two different Canadian Coast Guard boats did the towing, one for each leg of the operation.

Clipper had first been located by the crew of a right whale surveillance aircraft. Up to 20 people participated in the necropsy, supervised by the federal Department of Fisheries and Oceans. Clipper weighed approximately 40 tonnes

Two groups of pathologists participated in the operation, one from the Université de Montréal veterinary school and the other from the University



Clipper was dissected on July 1 in Grand-Étang, between Cloridorme and Gaspé.

Photo: Marie-Josée Caron

of Prince Edward Island. Volunteers from the *Réseau Québécois d'urgence pour les mammifères marins* also joined the necropsy team.

Clipper was a 16 -year-old female that had already given birth once. She had no traces of scars often associated with pulling fishing gear ropes or traps. An old cut on her tail, which led experts to choose her name, was visible. It was caused years ago by the propeller of a boat or ship.

At first, no trace of fracture was seen on the whale, however, on July 2, Fisheries and Oceans Canada issued a press release indicating that "the veterinary team's preliminary conclusions are compatible with death due to blunt trauma, consistent with vessel strike."

Since the almost simultaneous discoveries of the deaths of the fifth and sixth right whales in the Gulf of Saint Lawrence, Transport Canada has imposed a speed restriction of 10 knots implemented in a large area, including two corridors where boats and ships of over 20 metres in length could go faster. The two corridors were located north and south of Anticosti island.

Four necropsies have been

carried out so far by pathologists and three of them point in the direction of collisions with ships to explain the death of those whales. It was the first necropsy performed in the Gaspé Peninsula since right whales started making headlines in June 2017.

One right whale found dead this year was too decomposed to qualify for a necropsy and the one found on the shore of Anticosti Island was too isolated to send a team there with equipment, and too far on the beach to try a towing operation.

The remains of Clipper were sent to the Town of Gaspé

landfill centre. There are only about 400 right whales left in the world, and they all live along the Atlantic Ocean's east coast of the United States and Canada

Meanwhile, an entangled North Atlantic right whale was observed by a Canadian Coast Guard vessel on June 29 but has not been re-sighted. The state of the whale and the length of time it has been entangled is unknown at this time. The whale was first observed northeast of Miscou Island in a zone closed to all non-tended fixed gear fisheries.

Three entangled right whales sighted in the Gulf of Saint Lawrence

Gilles Gagné

The federal Department of Fisheries and Oceans issued a press release on the evening of July 5 to specify that three entangled right whales were sighted over the previous days in the Gulf of Saint-Lawrence. One case was already documented to a certain degree. The three whales were alive when they were sighted.

The first whale was "initially sighted on June 29, 2019, east of Miscou, New Brunswick. It has been identified as whale EG#4440. This whale was spotted by officers from the Canadian Coast

Guard and Fisheries and Oceans Canada on board a Canadian Coast Guard vessel. The animal has rope around its peduncle, or tail stock, and appears to be dragging something heavy. It was re-sighted on July 2, still entangled," mentioned Fisheries and Oceans Canada on July 5.

The two additional whales were spotted on July 4. "The first was seen by officials in a Transport Canada plane east of the Gaspé Peninsula. This individual whale has not yet been identified. It appears to have rope trailing from both sides of its head and down its body."

The other entangled whale

was also sighted on July 4, 2019, and it "was reported by a researcher working at sea under a Species at Risk Act permit. The whale was seen east of Miscou, New Brunswick, and has been identified as EG#4423. It appears to be trailing a line of rope from underneath its body. It is believed this animal was previously entangled. Initial reports indicate that this may be the whale that was first sighted entangled in April 2019, in US waters."

Fisheries and Oceans Canada also notes that "all three entangled whales were sighted in areas already closed to fishing activities. Aerial and at-sea surveillance is underway in an effort to monitor these particular whales and get a better sense of their entanglements."

Staff members of the ministry "are in continuous contact," with marine mammal partners to evaluate the situation. They are "considering options for attaching tracking buoys to the ropes on these whales, if the ropes are long enough to permit crews to do so safely. The safety and security of our employees and the crews of any of our partners, including disentanglement experts, is paramount."

Fisheries and Oceans

Canada concludes by stating that "attempts at disentanglements will only be considered if they can be done in a safe manner. Right whales are among the most difficult marine mammals to disentangle due to their size, strength and behaviour. Weather and sea conditions are also factors which will be considered."

On July 10, 2017, Joe Howlett, a volunteer racing to save North Atlantic right whale No. 4123, died while trying to disentangle it, off the coast of Shippagan, New Brunswick. At that time, seven right whales had died since the end of May.

Gaspé MNA criticizes the minister responsible for the region

Nelson Sergerie

GASPÉ: - The Gaspé member of the National Assembly believes that the minister responsible for the region, Marie-Ève Proulx, has little time for the Gaspé.

This is the conclusion made by Méganne Perry-Mélançon in her report at the end of the parliamentary session which she presented on June 20 in Gaspé.

In addition to the Gaspésie-Magdalen Islands, Marie-Ève Proulx is responsible for the Lower-Saint-Lawrence and Chaudière-Appalaches.

Méganne Perry-Mélançon believes that it is not desirable for a minister to be responsible for too many regions, adding that her political attaché is present and attentive in the field, but there is no follow-up.

"We have more openness on the part of the ministers of fisheries and tourism, for example, while we are still looking for our minister responsible on the ground," says Ms. Perry-Mélançon.

Surprisingly, with the exception of Jean D'Amour, the member says that the Liberals seemed to be more present on the ground, highlighting the work of Sébastien Proulx and Pierre Moreau.

"It's a shame, but I really

believe that the government will have to consider having a minister who is only responsible for the Gaspé and the Islands."

Hydrocarbons

The minister responsible for the regions put it on the table at the beginning of the year by speaking out against hydrocarbons in the Gaspé.

With the withdrawal of Pieridae from the majority of areas on the Gaspé Peninsula, with the exception of those on the tip, Quebec has still not announced its intentions on permits that are available.

"I cannot believe we're still hesitating to put those claims back on the market. Pieridae abandoned them for one reason: surely to make it possible that these sectors are represented," says Ms. Perry-Mélançon.

The elected representative recalls that she tried to adopt a motion not to put them back on the market in the National Assembly, but the CAQ government refused to deposit it.

The Member of the National Assembly for Gaspé believes that "we will have to speak very loudly on behalf of the public."

Records of coastal erosion, healthcare, four-year-old prekindergarten and immigration also caught her attention.



Méganne Perry-Mélançon presented her session summary on June 20 in Gaspé.

Proulx defends her record

Marie-Ève Proulx reacts to the Gaspé MNA critic and defends her record.

"I would like to reiterate, following the statement of the Gaspé MNA, that I am following up very closely the region's files and that I discuss regularly with the region's stakeholders and elected people," she writes in an email.

"When I am absent, I am sitting at the Cabinet table and I defend the areas I represent proudly," she adds.

Ms. Proulx gives the example of the projected transformation of Investissement-Ouébec.

"Its regional mandate is proof that the regions, including the Gaspé Peninsula, and Magdalen Islands, are at front and centre in my decisions as minister," she concludes.



It's time to think about next winter...

Gilles Gagné

PASPEBIAC: – It might be an odd thing to say at this time of the year but we can already see a few signs reminding us that winter is just around the bend. We have not seen "back to school" signs in the stores yet but the ship that recently stopped at the Paspebiac wharf brought in de-icing salt for the roads. That salt usually comes from the Magdalen Islands, but also from Pugwash, Nova Scotia, occasionally. The quantities unloaded usually hover around 5,000 tonnes per ship.

Paspebiac fills a spot left by the forced closure of the Chandler wharf in September 2016 and another closure, that of the Carleton wharf, the same year. In Chandler, the municipal administration is still interested in reviving commercial activities. In Carleton, the municipal administration has shown no interest in the protection of commercial activities since 2005. The \$9.4 million refurbishment work undertaken at the end of 2018 is strictly for the marina and the fishing wharf, the smallest in the Gaspé Peninsula considering the value of landings. The former commercial wharf will be buried under rocks

News briefs

Percé has a new director general

Nelson Sergerie

PERCÉ: - After a year without direction, Percé finally found a director general.

Jean-François Kacou, from the Ivory Coast, was hired Tuesday night by the city council and will take office on July 29.

"He has understood very well the particularity of Percé being a large territory with a low population density while being an international tourist destination. It's really something that interests him. It's exciting," says Mayor Cathy Poirier, who is delighted to have found a person enlightened regarding the challenges that Percé faces.

Mr. Kacou has agreed to a five-year agreement with the Town. The new director general will be on probation for one year and will receive \$75,000 during his first year in office.

Mr. Kacou has taken over from Felix Caron, who had left the organization for a position with the new administration of regional civil security.

The Director of Planning and Development, Ghislain Pitre filled in during the interim.



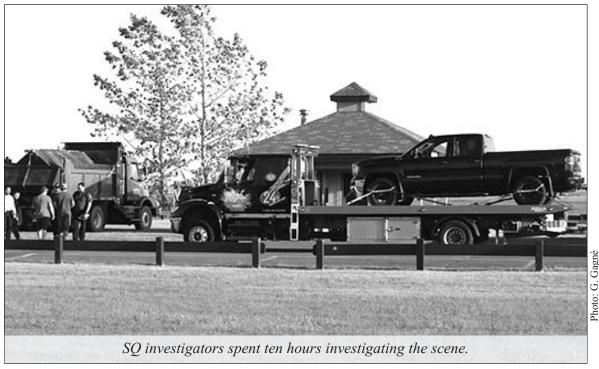
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Sûreté du Québec says suicide is likely cause of the death of two women

Gilles Gagné

CARLETON – "Suicide is the likely cause of death in both cases." That is how Stéphane Tremblay, spokesperson of the Sûreté du Québec, summed up the progress made by the investigators, about 24 hours after the bodies of two women were found on July 7 next to the restroom building in Carleton's municipal park.

The bodies were found in a pickup truck by a young girl, at about 8:45 a.m. on July 7.

A Sûreté du Québec team of investigators from the major crime squad intervened shortly after and stayed there for close to ten hours before the bodies and the vehicle were removed from the scene.

Since suicide is the main hypothesis regarding the cause of death, the identity of the two women was not released by the authorities. In Carleton however, their names started to circulate on the evening of July 7, just like the double suicide scenario.

During the first 24 hours following the discovery of the bodies, the SQ had left open other possibilities for the cause of death. The bodies didn't have any signs of violence. An autopsy was to be carried out on the two bodies, as of July 8 or July 9. A coroner's report was also men-

tioned by the Sûreté du Québec.

The vehicle was a pickup truck bought at a New Richmond car dealership. During the scene's investigation, two Town of Carleton trucks were used to hide the pickup truck and prevent people from taking photos of the investigators' work.

The fact that the police did install a road blockade in the hours following the discovery of the bodies suggests that they were not looking for a murderer.

It was initially believed that the two women were young but they are in their fifties.

Police report

Samuel Duguay, 25, from Paspebiac, faces charges of sexual assault and breach of probation relating to a July 1 event that took place in Bonaventure. According to the Sûreté du Québec, a woman was walking on the beach when she realized that a man was following her. He then tried to force her to have sex with him. She yelled and he ran away, only to be arrested a few hours later in the same sector. He appeared at the New Carlisle courthouse on July 2.

Since the accused was already under probation for two previous incidents, one in regards to a sexual contact with a minor and one for having used a computer to lure minors, he was also charged with breach of probation, in addition to the sexual assault charge. In the past, he had also been found guilty of possession of child pornography. Samuel Duguay will be remanded in custody until July 11, the date set for his bail hearing.

Alexandre Dufresne from the Bay of Chaleur area died following an accident that occurred at approximately 3:45 a.m. on June 30 in Paspebiac. He was driving on 3rd Avenue when he lost control of his vehicle, which left the road, hit a culvert and rolled several times. He was in critical condition when the paramedics arrived. They rushed him to Maria hospital, where he died shortly after. A blood sample was requested by the Sûreté du Québec in order to determine if alcohol was a factor in that accident.

Antoine Sylvain-Martineau, 24, from the Beauport suburb of Quebec City, is sentenced to life imprisonment without the possibility of parole for 18 years for the murder of Jean-Pierre Rioux, 61, from Nouvelle which occurred in June 2017 in Saint-Apollinaire, on the south shore near Lévis.

The victim was shot in the head and buried on a private lot that belonged to the Martineau family. The murderer and the victim knew each other very well. Mr. Rioux often travelled from Nouvelle to Saint-Apollinaire in order to work for the Martineau family.

Nicknamed "Capitaine," Mr. Rioux was reported missing by other members of his family on June 30, 2017. Antoine Sylvain-Martineau confessed to the crime the following day and showed the police where he had buried the body. Despite his confession and the apologies presented to the Rioux family, he never explained why he killed Jean-Pierre Rioux.

Fatal work accident at the Temrex sawmill in Nouvelle

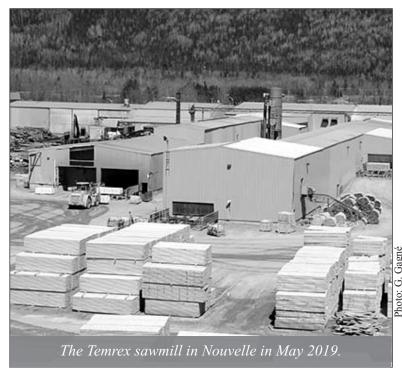
Gilles **Gagné**

NOUVELLE: – A working accident claimed the life of a Temrex sawmill worker on the morning of July 8.

The alarm was given at 6:45 a.m. after a worker in his twenties was hit by a moving piece of machinery.

"The emergency services were called (...) The man had sustained serious injuries to the head. Unfortunately, he was pronounced dead at the hospital. A Sûreté du Québec investigation is underway. The people from CNESST will follow," explained Sûreté du Québec spokesperson Stéphane Tremblay on July 8. The CNESST is the public body which investigates work place accidents and enforces safety-at-work rules.

With about 100 plant employees and an overall supply of 500,000 cubic metres of



wood, the *Produits forestiers Temrex* plant in Nouvelle is the largest sawmill in the Gaspé Peninsula.

It was modernized between 2010 and 2013. There are two sawing lines in the plant and two sets of kilns on each side of the mill. It was not possible to know where in the plant the accident occurred, as the SPEC was reaching its deadline.

The Sûreté du Québec ruled out foul play to explain the death of the worker.

On June 28, the Sûreté du Québec major crime unit arrested a 59-year-old man from Repentigny in connection to a series of sexual infractions committed in businesses on the Gaspé Peninsula between June 14 and June 21.

The man was arrested near his home in the Lanaudière region and was released after committing to appear in court, of which the date has not yet been determined, but will likely take place at the Percé courthouse.

The accused could face charges of sexual assault, indecent acts and forcible confinement. He allegedly stopped in several clothing stores and committed indecent acts while trying on clothes, when he was alone with the saleswoman. "On one occasion, he allegedly assaulted one of them," points out Marie-Pier Lorrain, communication officer for the Sûreté du Québec.

The Department of Forest, Wildlife and Parks imposed a ban on open fires effective July 8 at 8 a.m. in wooded areas because of the dry conditions that have prevailed in several regions over previous days. The Gaspé Peninsula is one of those regions.

Meanwhile, a 14 hectare forest fire in the Côte-de-Gaspé MRC was declared "controlled" as of July 7 by SOPFEU (Société de protection des forêts contre le feu). Fourteen hectares cover approximately one-seventh of a square kilometre.

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Editorial page



Commentary
Gilles Gagné

We need one minister responsible for our region

Twice over recent weeks, individually and collectively, Gaspé Peninsula and Magdalen Islands Members of the National Assembly Méganne Perry-Mélançon, Sylvain Roy and Joël Arseneau have criticized the lack of presence Marie-Ève Proulx, Quebec government's minister responsible for their region has had in their region.

They have not criticized her personally. They are basically saying that taking care of three regions is too much for a single minister, especially considering that those three regions, Lower Saint Lawrence and Chaudière-Appalaches being the others, are large. They could have added that only one is close to the capital, Quebec City.

They are right. Ms. Proulx is delegate Minister of Regional Economic Development, a department without a portfolio, and she is also responsible for three geographically large regions, with diversified regional issues.

Even if her department is subjected to another ministry, Economy, it remains a large workload. Add to that three regions with priorities that differ quite a bit, and you have a task that is barely feasible.

It would be feasible if those three regions had been well served by the previous Liberal Party government of Philippe Couillard. However, they were highly neglected between April 2014 and October 2018, which leaves them with a lot of catching up to do. Even Premier Couillard himself acknowledged during the last electoral campaign that his party had to do more for the regions. It was too little too late.

Right after the nomination of Ms. Proulx, the Parti

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Québécois Members of the National Assembly expressed concern about the relevance of appointing only one minister responsible for the three regions. It was a realistic worry, considering that the three regions are larger than some European countries, that a physical presence is useful to get a good grasp of the stakes and that the responsibilities incumbent on that minister would be very heavy.

The Coalition Avenir Québec government's kickoff in the Gaspé Peninsula was good, with the mid-December \$16.6 million announcement for three airports and \$12.9 million for commercial fisheries.

Since then, it has been very quiet regarding CAQ government's regional announcements, with the possible exception of the \$26 million to fight erosion along Highway 132 on the north side of the Gaspé Peninsula. That development will eventually have a region-wide impact.

In the Bonaventure and Gaspé riding, Marie-Ève Proulx made her first visit at the end of January, three months and a week after her appointment to the Cabinet. We can certainly believe that there is a considerable amount of work involved for a politician without much province-wide experience like her, but 100 days without setting foot in a region you are supposed to represent is a long time.

No wonder why Premier François Legault came at the end of April thinking that announcing another delay of seven years before bringing the train back to Gaspé would be perceived as good news. When you are disconnected to that extent, there is something wrong in the perception of the minister who is supposed to defend the interest of the Gaspé Peninsula. It is either that or Premier Legault has no trust in the messages he receives from Ms. Proulx. One last option is that he has little respect for the intelligence of

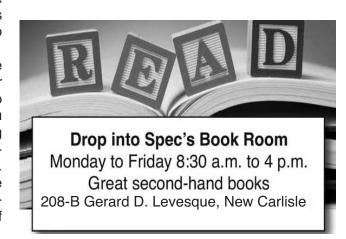
Gaspesians, which could be close to the truth.

Mr. Legault tried to make up for his ignorance about the importance of the railway file by committing to the mayor of Gaspé, Daniel Côté that he would meet with regional stakeholders and try to reduce the railway refurbishment period. We were not important enough to have that meeting held before the summer break though. Two months proved not enough.

In the Magdalen Islands, the replacement of the Madeleine, their 38-year-old ferry, has taken a few backward steps and Transport Minister François Bonnardel failed in his commitment to deliver a report on the situation in June.

There are important files waiting to move faster in transportation, health, housing, regional development funding, natural resources and education, to name a few. So far, the region's stakeholders have not been able to get due attention from the CAQ government regarding the importance of those issues.

Does the region need a minister responsible for its files without having to care for two additional regions? Yes, we do.





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We acknowledge the financial support of the Government of Canada

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Reflections by Diane Skinner Flowers

Lovely Lupines

Driving along the Gaspé coast is a visually gorgeous experience. Now add to that, the strikingly beautiful array of purple, pink, blue, and less common, yellow or white lupines growing at the side of the roadways. These are lupines (may also be spelled lupins), a member of the pea family that grow in tall, majestic spikes up to 1.2 metres (4 feet) in height. This colourful show only lasts for about two weeks or so. Enjoy it now

The name of the lupines comes from lupus which is Latin for wolf. In fact, in some countries the lupine is referred to as wolf flower.

We love lupines because of their intense colours, and they love sandy soil and lots of drainage, therefore, they are often found near beaches and in ditches. They are a beautiful example of wildflowers and are often, but not always, perennials. The scent is sweetish with a bit of peppery and spicy fragrance.

The flowers of the lupine are lovely but examine the leaves because they are lovely in their own way. The leaves are normally gray-greenish or a soft green in colour, and are covered in dense, short silvery hairs. The seeds of lupines, which are sometimes referred to as lupine beans, were popular as far back as Ancient Rome.

In Australia the lupine seeds or beans are cultivated for food. They are high in protein, antioxidants, fibre and are low in starch and contain no gluten. They are currently used in baking, sauces and fermented foods. They are also used to feed pigs, poultry and farmed fish. In Europe lupines are sold in a salt solution, like olives. In Egypt you will see people walking along the street eating them as a salty snack food. In North America, aboriginals used the seeds as a food. Some people have allergies to lupines, and it is often found that people who have peanut allergies are also allergic to lupines.

Lupines are not just beautiful, enrich the soil and can be consumed but they are hosts to endangered butterflies. If you wish to save the butterflies and want to plant lupines you can use seeds or cuttings, though the success rate using cuttings is low.

Lupines love acidic soil so you can help by adding coffee grounds, peat moss or evergreen needles to make the soil more acidic. Lupines like to stay put where they are planted. Transplanting is less successful because they do not like having their roots disturbed. If you do attempt to transplant, scoop way underneath the plant roots and replant quickly in a well-watered hole with a little gravel or even sand at the bottom. Add sun and you have the perfect environment for your lupines.

Once you get your lupines started, they will self-seed. If you are an adventurous gardener, you can save the seeds from the lupine plants. If you are planting seeds, best to soak them overnight in water so that the seed coating is

softened. Some gardeners have had success with putting the seeds in the fridge for a week to allow them to chill. Plant lupines in the fall for best results and while they are in the ground all winter, they will be chilled by nature. Wait until the fall when the seedpods turn brown and appear dry. Pick the seed pods before they spill onto the ground and save in a cool dark place for planting.

Even if you do not grow your own lupines, you can still enjoy the lovely, colourful flower growing freely, abundantly and proudly on the Gaspé.



Maltan's off to a flying start

Cynthia Dow

GESGAPEGIAG: - There's a new business in Gesgapegiag, and chances are it will prove popular to both band members and those outside the community. Maltan's service station and depanneur, located on Highway 132 opposite the band office, opened its doors officially on July 1, although they made sales on June 30 as a trial run.

Owner Luc Martin hopes to keep fuel prices lower than his nearby competition, and under Canadian law anyone with an Indian status card will not have to pay taxes. On Canada Day Luc did not yet have his permit to sell alcohol and tobacco, but he expected everything to be in place within the week.

First in line on Monday morning at 6 a.m. was Harold Bernard, owner of Gazons Baie des Chaleurs and his father Paul from Carleton who were setting off for a day's fishing. Mr. Bernard intends to fill up frequently at Maltan's. "I'll save a lot because all the machinery I use is gas-powered. I spend about \$600 a week on fuel." He went to school at the Carleton Polyvalent with Luc Martin. The latter is counting on his many contacts in the French community to bring business into the Mi'gmaq community.

Carleton mayor is the new prefect of the MRC of Avignon

Gilles Gagné

CARLETON: – Mathieu Lapointe, Carleton's 33-year-old mayor, was appointed as the new prefect of the Avignon MRC on June 25. His candidacy was suggested by the mayor of Saint-François, Ghislain Michaud, and was adopted by the council of mayors, as no other candidacy was raised.

Mr. Lapointe replaces Guy Gallant, who stepped down to become director general of the UPA Gaspésie-Îles-de-la-Madeleine. Mr. Gallant remains mayor of Saint-Alexis.

Mathieu Lapointe was elected mayor of Carletonsur-Mer in November 2017 after serving a term as a councillor. He is a former employee of the Avignon MRC. He is a full-time mayor.

Traditionally, the Avignon MRC has been administered by a prefect coming from a much smaller municipality. The former mayor of Escuminac, the late Bertrand Berger, and the former mayor of Nouvelle, Renad Plourde, who died about 15 years ago, were the prefects that served for the longest period.





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1395-19

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GIVEN at Gaspé, July 10, 2019.

Isabelle Vézina,

Directror of Legal Services and town clerk

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Marshall Billingsley-Leblanc during his enrolment ceremony.

Congratulations Marshall Billingsley-Leblanc!

NEW CARLISLE: Congratulations to Marshall Billingsley-Leblanc who has been accepted into the Canadian Armed Forces Primary Reserves. He will be part of the Armor Regiment, The Sherbrooke Hussars in Sherbrooke. Marshall is working towards a Bachelor of Arts Sports Studies Degree at Bishop's University.

Many Spec readers will be familiar with Marshall. He worked at Spec as a summer student for the last three summers. We truly miss having him work with us this year.





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Family Ties Presents "Our Community, Our Heritage" a Canadian Heritage Project



After months of work with community groups, organizations and individuals Family Ties is happy to announce that the "Our Community, Our Heritage" project is complete and will be hosting an unveiling ceremony of the panels on July 20th, 2019, at 10 a.m. on the beach in New Carlisle. Come to see some key points of history that were influenced by anglophones such as the Wharf, the Justice System, the Education System and so much more.

There will be refreshments and a guided tour of the panels. If you are unable to attend the unveiling ceremony, please see the times and dates for more guided tours. Please be advised that all walks will be conducted in English unless specified otherwise.



TOUR SCHEDULE

July 25 2:00 pm (Bilingual)
Led by Kaye and Gilles from the Legion

July 28 2:00 pm Led by Ella from the IODE

July 30 2:00 pm (Bilingual)
Led by Sandi from the community group

August 5 6:00 pm

Led by Rory from NCHS elementary

August 10 3:00 pm

Led by Colleen from the seniors' group

August 14 2:00 pm (Bilingual) Led by Kenny from the Anglican Church

August 22 6:00 pm

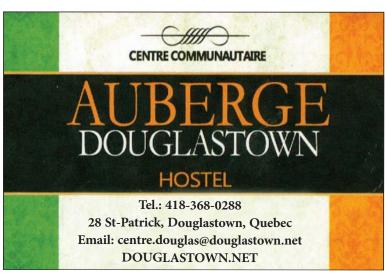
Led by Faith from NCHS secondary

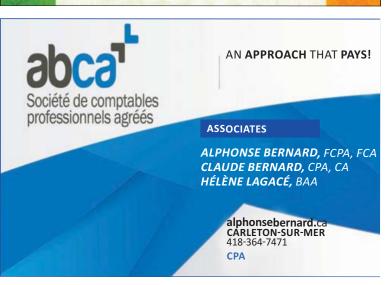
August 27 6:00 pm Led by Brittany (coordinator)

We hope to see everyone there!



Canadian Heritage Patrimoine canadien





EMPLOYMENT OPPORTUNITY

CEDEC

ECONOMIC DEVELOPMENT AGENT

Location: Escuminac, QC

Terms of employment: Contract (37.5 hours per week)

Description:

Working in the MRC of Avignon, CEDEC is seeking an individual with experience in economic development to work with leaders to enhance economic activity in the MRC of Avignon. This exciting and challenging opportunity will be undertaken in the communities of Matapédia, Pointe-à-la-Croix, Escuminac, Ristigouche-Sud-Est, Nouvelle, and the Mi'kmaq communities of Gesgapegiag and Listuguj.

Expectations and Responsibilities:

- Lead projects that enhance economic activity while engaging the potential of public, private and not-forprofit partnerships for economic benefits.
- Work with leaders from the public, private and not-forprofit sectors in order to enhance economic activity in communities.
- · Organize and facilitate meetings with stakeholders

Qualifications

- Post-secondary education in economic development or a related field.
- Demonstrable experience in economic development or a related field.
- Experience engaging stakeholders in the private sector, public sector, and not-for-profit sector for the purpose of achieving measurable impacts.

Resumes should be sent to jobs@cedec.ca and include Reference Number: 20190703 in the subject line. Deadline to apply is **July 22, 2019 at 5 p.m**.

For the full job description visit: https://cedec.ca/employment-contracts/

CEDEC is funded by the Enabling Fund for Official Language Minority Communities and by the Government of Canada

1-888-641-9912 | info@cedec.ca | cedec.ca

THEGASPESPEC.COM

Glory of Gardening

Bethany Paetkau: Gardening for the Soul

The love of gardening is a seed once sown that never dies.

Photo: Joshua Paetkau

Diane Skinner

Smell the air, get your hands dirty and face to the sun. Gardening on the Gaspé is a way of life going back many decades, if not hundreds of years. Traditional methods, foraging and some newer methods, such as raised gardens are widely practiced. Gardening has many benefits; economical, traditional, multigenerational, environmental and some would claim spiritual. "Gardening is cheaper than therapy, and you get tomatoes." A 10-part series.

NEW CARLISLE: - "I'd rather be in the garden than go to the beach," says Bethany Fehr Paetkau. Bethany Paetkau gave me a tour of her lovely garden, a "work in progress," as she calls it and I could feel the passion and caring that she puts into that piece of earth. Gardening is a fulfilling endeavor, not just for the food it produces, but for the spirit.

Bethany lives in New Carlisle with her husband Joshua Paetkau, the minister of St. Andrew's (New Carlisle), St. Mary Magdalene's (New Richmond), St. James' (Hope Town), St. Paul's (Shigawake), and also St. James' (Port Daniel) Anglican churches. They have two lovely children: Solomon aged 10 and Rose 7. When she moved into the house the garden had been neglected for years, as the previous minister was not a gardener. It was about half the size then. Bethany has made a lot of progress.

Bethany buys her seeds from Heritage Harvest of Man-

itoba but has tried other seed companies as well. She orders her catalogues which arrive just after Christmas and she delights in choosing the seeds she will order. She often searches for seeds that are drought and heat resistant.

She brings some gardening experience from Manitoba where the family lived previously. There she and a friend started a community garden and she recalls biking to it, about 45 minutes away, with Solomon who was just a toddler then. Her experience with gardens, however, goes back to her own childhood. She grew up gardening with her mom and dad, mostly flowers.

She mulches the garden and does not use pesticides. Rarely, she might use a chemical fertilizer. Earwigs are eliminated by using traps baited with beer or soy sauce. She waters her garden sparsely, mostly when the seeds are sprouting. Weeding is time consuming, particularly at the end of June and into July.

Her current garden has an abundant variety of plants. When asked what she cultivates her reply was lengthy. "Peppers, arugula, radish, lettuce, chard, peas, spinach, calendula, broad beans, parsnips, onions, carrots," she told Spec. Then Bethany continued, "Over here there is garlic, kale, zucchini, squash, pumpkins, tomatoes and tomatillos." She had success last season with sweet and juicy cantaloupes that were about two to three pounds each. Then she listed the herbs, such as "celery, mustard, dill, parsley and marjoram." Add to that a cache of edible flowers, including violas, or Johnny-jump-ups, chive flowers, yarrow and borage. Truly a "garden of earthly delights."

Her favourite vegetable to grow is carrots, particularly when they are crisp and sweet. The most difficult plant to grow? She replies, "Watermelon." When asked if she is looking forward to eating fresh food from her garden, she smiles and replies, "We dug up carrots from last season on May 4 and they were delicious." She refers to them as, "Gold we can eat." Further, self-seeding lettuce was ready to eat in May and the family has been eating homegrown salads since then.

Bethany's garden at first glance seems wild and unkempt, but don't rush to judge. She has put down mulch, but not in straight paths. Her plants are all aligned very nicely. The mulch is great for walking and provides a cushion for kneeling.

Bethany likes to share her abundance and to trade with other gardeners. She enjoys about 12 different varieties of tomatoes, either grown by herself or traded with others. Bethany bottles salsa, pasta sauce, pickles, beets and beans. The family enjoys the food from their garden well into February and beyond.

What advice would she share with anyone who would like to begin gardening? "Start small. Literally five to ten plants." It's always a good plan to start with success.

After having a tour of Bethany's garden and seeing the joy it brings to her it suggests this quote from J. Messervy. "Of all the wonderful things in the wonderful universe of God, nothing seems to me more surprising than the planting of a seed in the blank earth and the result thereof."



This area is reserved for Bethany's son
Solomon. Most adult gardeners had
experience as a child helping in the garden.

Photo: D. Skinner

Old Fashioned Pickled Beets

Ingredients:

- 5 pounds small fresh out of the garden beets
- 1 cup sugar
- 2 cups white vinegar
- 1 cup water from cooking beets
- 1-1/2 teaspoon pickling salt
- ½ teaspoons ground cloves

Instructions:

- 1. Sterilize jars and lids.
- 2. Trim stems off beets and put in a large pot. Cover with water. Bring to a boil. Then reduce heat to medium and cook until beets are tender, around 25 minutes. Pierce with a fork to test. Drain water, except keep 1 cup aside.
- 3. When beets are cool, peel and slice them.
- 4. Fill your sterilized jars to about ½ inch from the top.
- 5. In a pot place vinegar, beet water, sugar, pickling salt and ground cloves. Bring to a boil and then add hot mixture over the beets in the jars. Leave about ¼ inch space.
- 6. Seal your jars with the rings and lids, but not too tight.
- 7. Let jars sit until cool.
- 8. Jars will seal as they cool. If they do not, put in fridge and eat right away.
- 9. Store jars in a cool, dark place.



Violas, also known as Johnny-Jump-Ups, grow in Bethany Paetkau's garden and are edible.

Photo: D. Skinner

21 Carricks shipwreck victims get proper burial

Nelson **Sergerie**

CAP-DES-ROSIERS: - Many citizens including about 125 descendants of the Carricks survivors attended a burial ceremony on July 4. The remains of 21 Irish people who died during the sinking of the Carricks on April 27, 1847 near Cap-des-Rosiers were put to rest near the Irish monument at Forillon Park.

"These are beautiful memories. At least they are buried. They had the right to be like everyone else," says Angéline Fortin, whose ancestors were on the ship.

Leaving Sligo in Ireland in 1847, 180 passengers left their homeland to escape famine. The Carricks was headed for Quebec City when it ran aground on April 27, 1847.

"It's a story that remains in people's memories even though it has been 172 years. It's quite strange that a story like this is still alive today," says Georges Kavanagh, greatgrandson of Patrick Kavanagh and spokesperson for the descendants of the shipwrecked. "It was not a party. It was more a moment of recollection to put oneself in the place of the people who lived this moment."

This tragic event led to the construction of the tallest lighthouse in Canada in 1858. "It was like the last nail that came confirming the need because there were already requests," said Kavanagh, about the Capdes-Rosiers lighthouse.

Analysis

In 2011, the bones of three

children aged 7 to 12 years were found on the beach in Cap-des-Rosiers and five years later, Parks Canada conducted a preventive archaeological inventory before undertaking restoration work on the coastal ecosystem of Cap-des-Rosiers. During those searches, the bones of 18 individuals were found, bringing the total to 21 people, mostly women and children.

According to the University of Montreal, people were malnourished because of the famine in Ireland. The location of the human remains and the burial context led to this conclusion.

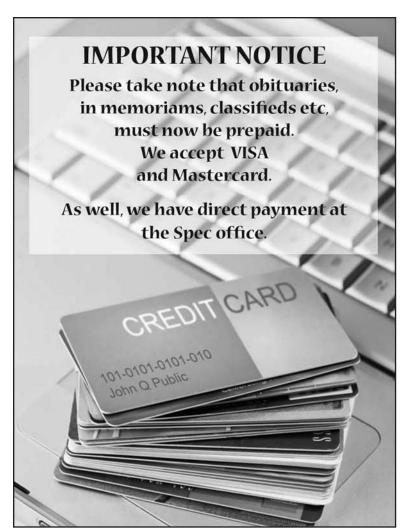
According to historical sources at Parks Canada, between 120 and 150 people were killed during the shipwreck and 48 people survived the tragedy.

Not the end of the research

Mr. Kavanagh will pursue some historical research, especially since some facts are dis-

"There are still pages of unfamiliar stories that need to be searched. It's like a puzzle. I keep working on that. For example, the date of the shipwreck is disputed by experts. It cannot be done in a period of time as short as the specified time. They left on April 4 and arrived on the 27 at Cap-des-Rosiers..."

The second secretary of the Irish Embassy, Laura Finlay, made her way from Ottawa to represent her country at the ceremony.



Page 8, July 10, 2019 - Spec



NISSAN NOW SALES EVENT

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*Please note that this payment

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the Loyalty/Conquest amount of \$1,000





MCLELLAN: George Brian - Lachine, Quebec. February 24, 1966 - December 24, 2018

Loving son of Helen and the late George of New Richmond, Quebec. Left to mourn: Mum; brother David; sister Heather; relatives and many, many good friends. He will forever be remembered for his human kindness towards all mankind.

He went away without farewell.
He said goodbye to none,
But Heaven's gates were open wide,
And a loving voice said, "Come."
Gone is the face we loved so dear.
Silent is the voice we loved to hear.
Sweet to remember him who once was here
And, who though absent, is just as dear.



In Memory

ASTELS: Vira

January 4, 1932 - March 4, 2010 **DAY : Jeffrey Brodie Lee** April 24, 1987 - May 31, 2008 **DAY: Randy and Ricky** September 17, 1959 - July 3, 1976 **DAY: Steven**

February 26, 1962 - July 3, 1976 Sunshine passes. Shadows fall. Love's remembrance outlasts all, And though the years be many or few, They are filled with remembrance of you.

Always remembered and greatly missed, Sandra, Shirley, Harold and Rod.



By Appointment

Richard Ste Croix

Denturologist

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9 Adams Street, Gaspé Quebec G4X 1E5 Tel.: (418) 368-1525 Fax: (418) 368-1542 November 22, 1921 - July 7, 2009. LEMASURIER: Kathleen June June 24, 1919 - July 14, 1966. ROSS: Wesley "Wes" Graham July 3, 2017.

ROSS: Havelock Alward

Someone I love has gone away
And life is not the same.
The greatest gift that you can give
Is just to speak their name.
I need for you to understand
These memories must last.
We cannot make more memories
Since they're no longer here,
So when you speak of them to me
It's music to my ears.

Lovingly remembered by Olivia and Kenneth Ross.





COFFIN: Lester William

The family of the late Lester William Coffin would like to inform family and friends of his funeral arrangements which will be held in Peninsula on Wednesday, July 17, 2019.

Visitation will be at St. Matthew's Anglican Church, Peninsula, 1137 Boul. de Forillon, from 9 a.m. to 10 a.m. followed by the funeral service.

Following the service and burial, a Celebration of Life will be held at the Royal Canadian Legion, 197 Rue Jacques Cartier, Gaspé.

PURCHASE YOUR
ANNOUNCEMENT ONLINE AT
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Réal Grenier, b.a.ll.l. Jules Grenier, b.a.ll.l.

96 Gérard D. Levesque Blvd, P.O. Box 519 New Carlisle (Quebec) G0C 1Z0 Tel.: (418) 752-3308 • Fax (418) 752-6935

GAUMOND: Doris

The funeral for Doris Gaumond who passed away on January 6, 2019, will be held at St. Peter's Church in Barachois on Wednesday, July 17, 2019. Family and friends are welcome to join us at the Legion for a celebration of life immediately following the funeral.

90th Birthday Celebration

Alden Mitchell, the only surviving child of Walter and Myrtel Mitchell, will be in New Carlisle from July 22 until July 25 to celebrate his 90th Birthday on July 24. He hopes to be reunited with some of his classmates from New Carlisle High School Class of 1947 and old friends.

Card of Thanks, Birth Announcement,
Prayer, Engagement,
Birthday, Anniversary,
Memorial Service announcement:
\$30 (\$35 with picture) up to 20 lines.

In Memoriam: \$30

(\$35 with picture) up to 20 lines \$40 (\$45 with picture) for more than 20 lines

> Obituary or Wedding: \$40 (\$45 with picture) (Max. 300 words)

SUBMISSIONS FOR THIS PAGE MUST BE IN OUR OFFICE BY THURSDAY AT 4 P.M.



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COAST ROUND-UP

CLASSIFIEDS



For Sale: Bungalow on 3rd Range in Shigawake, new steel roof and deck, new mac high efficiency wood stove, electric baseboard heaters as well. Freshly painted. New flooring. Large lot, low taxes, four appliances included. Asking price \$82,000. (Negotiable). New Survey (certificate of localization) available. Call 289-385-0776. (J17)

Moving Sale: 12" Delta band saw, 6" joiner planer, 10" table saw, Columbia rototiller only been used twice (209cc motor). All items are like new. If interested call 289-385-0776 anytime. Ask for Norbert. (J17)

For Sale: Land for sale between Route 132 and Second Range, Barachois West, 64 acres, \$23,000. Contact Bill Harvey at 418-645-2933. (AG7)

COAST ROUND-UP

GASPE:

Gaspe County WI Annual County Fair

The Gaspé County WI Annual County Fair is open to public exhibitors. If you like to cook, garknit, sew, take photographs, do crafts, etc., then the 2019 County Fair program has something for you. If you are interested in being an exhibitor in this year's fair, please contact Rhonda Stewart at rhondals@hotmail.com. Registration fee is \$15. The fair will be Saturday, September 7, at the York River Community Hall.

YORK:

York River FADOQ

July 26: In conjunction with Pioneer Days, the York River FADOQ Seniors' Club will be hosting their Annual Seniors' Day at the York River Community Hall, 702 York Blvd. West. All visitors and residents of the Greater Gaspé community 50 years of age and over are welcome to attend this event which includes live music, an information session, lunch, door prizes and other activities. Free entry. PLEASE NOTE THE CHANGE OF VENUE from past years. Registration begins at 9:30 a.m. with coffee and muffins.

YORK:

ACW

July 20: Summer sale and afternoon tea at the York River Community Hall. There will be bake tables, handicrafts, white elephant tables and mystery parcels. Afternoon tea will be served for \$5 and begin at 2 p.m. Hope to see you there.

DOUGLASTOWN:

Community Centre

Tuesdays: Zumba from 7-8 p.m. \$10/class.

Wednesday: Yoga for women. Two groups: 5:15 p.m. to 6:45 p.m. and 7:15 p.m. to 8:45 p.m. \$17/class (drop in). Requires minimal experience in yoga. Bring your mat.

MALBAY:

Malbay ACW

July 27: All Saints by the Sea Tea, Crafts and Bake Sale will be held at the Malbay Hall from 10:30 a.m. to 2:30 p.m.

BARACHOIS:

Legion Branch 261

Every Monday: The Royal Canadian Legion, Branch 261, will be having a money bingo at 7 p.m. at the Legion. 18+ only. Every Thursday: Cards and Games from 7 p.m. to 9 p.m. Free. For more information, contact Lloyd Roussel at 418-645-3700 or 418-645-2786.

July 14 and 28: Brunch July 20: Music night with Patrick Dufresne and Blondy's.

BARACHOIS:

a.m.

Recreation Centre 1062 Rte 132

Fitness Room: Monday through Saturday from 9 a.m. to 11:30 a.m., Monday and Wednesday 1 p.m. to 3 p.m. and Tuesday 6 p.m. - 8 p.m. Allison Aubut Library: Saturdays from 9:30 a.m. to 11:30

July 13: Music with Vernon & Karaoke at 8:30 p.m., BYOB **July 19:** Money Bingo at 7 p.m.

July 27: Beach Party at 8:30 p.m. Bonfire, fireworks and music at Belle Anse Beach.

July 28: Western Hoe Down Country Music, Step and Square Dancing at 1:30, \$5. July 31: Children's Bingo at

July 31: Children's Bingo at 6:30 p.m. Ages 5-12. Free activity.

August 1: Historian Jean Marie Thibeault Presentation on the History of Barachois, Belle Anse and Point St Pierre at 7 p.m., \$5.

August 3: Children's Event from 11 a.m. to 2:30 p.m.

August 5: Family and Friends Baseball Tournament at Lawrence McNally's Field at 1 p.m.

August 5: Baseball Awards and BBQ at 5 p.m. Free. Also live music and karaoke at 7:30 p.m.

BARACHOIS: Mountain View

Golden Age

July 12: Money Bingo, 7 p.m. Everyone 18 years and older welcome.

July 17: Create your own art under the guidance of artist Stephanie Bond, 9:30 a.m. Everyone is welcome, Free.

July 17: Music Night. Kitchen Party style. Everyone is welcome. 7 p.m. \$5 BYOB

July 21: Brunch 9 a.m. to noon, \$10 adults, \$5 children under 12 years

July 23: Members only supper 5 p.m. Contact Shirley Chicoyne Leary for tickets 418-645-2912 **September 29:** Harvest Supper at the Mountain View Golden Age building, 5 p.m.

BARACHOIS:

BADC

July 20: The BADC is holding the first market at Barachois Rec. Centre from 9 a.m to 2 p.m. Bakers, crafters, artists and garden produce. Tables are \$10. Contact Sandy Coombs at 418-645-2874 to reserve a table.

CORNER OF THE BEACH: Cultural Museum History Week

July 15: History or Barachois and the Gaspé by Janet Harvey beginning at 7 p.m.

July 16: Mi'kmaq history of Gaspé by Jean-Marie Thibeault beginning at 7 p.m.

July 17: The MABE family, entrepreneurs of Corner of the Beach by Jean-Pierre Bernard beginning at 7 p.m.

July 18: Inquest into Coroner's report 1850-1910 by Jean Pierre Bernard beginning at 7 p.m.

PORT DANIEL:

Three Star Golden Age Club

Every Wednesday: Pétanque from 7 to 9 p.m. Cost \$3. Come and join the fun and learn a new game!

July 26: Military Whist. **August 3:** 500 card game.

PORT DANIEL:

St. James Anglican Church

July 27: Annual Bazaar at the Three Star Golden Age Club. Everyone welcome.

PORT DANIEL:

QWI Marcil Branch

July 20: Strawberry Social from noon to 2 p.m. at the Three Star Golden Age Club building in Port Daniel West. For more information, please call 418-752-8152.

SHIGAWAKE:

Agricultural Society

Live music every Thursday at the Shigawake Fairgrounds in the Trough. From 7 p.m. to 11 p.m. \$5 entry fee.

July 18: Kevin and Pierre with special guest Vern Huntington. **July 25:** Lily Unplugged with special guest Maryse Clavel.

HOPE TOWN:

Community Centre July 13: Military Whist begin-

July 13: Military Whist beginning at 8 p.m.

HOPE TOWN:

St. Andrew's United Church Hymn Sing

July 21: A memorial hymn sing will be held at St. Andrew's United Church Hope Town at 2 p.m. If you would like to dedicate a hymn in memory of a loved one, please contact Josie McWhirter, Lois Hayes or Linda

MacWhirter or send by email to linmac302@gmail.com before July 14. Proceeds for St. Andrew's United Church Building Fund.

HOPE TOWN:

Hope Baptist Church

Hope Baptist Church welcomes you. Sunday School for all ages at 9:45 a.m. and Corporate Worship at 11 a.m. on Sundays. Prayer Meeting and Bible Study at 7 p.m. on Wednesdays. Young Peoples for grades 7-11 at 7 p.m. on Fridays. 305 Route 132 West, Hope Town, 418-752-5838.

NEW CARLISLE:

Heritage New Carlisle
Every Wednesday in July
and August: Julia's Tea Corner. Biscuits, scones and homemade jam 1 p.m to 4 p.m \$10
Adults, \$8 children under age
twelve. Come and enjoy the experience with us! Reservation
required 418-752-1334, heritagenc@globetrotter.net or facebook.

NEW CARLISLE:

Bible Chapel Services

Sunday: Breaking of Bread for Believers - 9:30 a.m.: night service - 7 p.m.; **Wednesday**: Bible Study and Prayer - 7 p.m. "You Must Be Born Again."

NEW CARLISLE:

Royal Canadian Legion Saturdays: Legion opens at 1 p.m.

NEW CARLISLE:

Good Samaritan Masonic Lodge Mussels & Rib Night

August 31: The Masonic Lodge will be holding its Mussels and Rib Night beginning at 5 p.m. at the Municipal Hall in New Carlisle. Additional information to follow.

NEW RICHMOND:

Flea Market

New clothing has arrived, \$1 each. Hot meal at noon. Free. Donations accepted. To donate or obtain furniture, please call 418-392-5161. Open on **Fridays** and **Saturdays** from 10 a.m. to 3 p.m. at 248 Perron Blvd, New Richmond.

NEW RICHMOND: St. Andrew's

United Church Strawberry Social

July 20: St. Andrew's United Church of New Richmond will be hosting a Strawberry Social in the church hall from 5 p.m. to 6 p.m. There will be strawberries with cake and cream,

DEADLINE FOR THIS PAGE: THURSDAY AT 4 P.M.

Please send your ad to: joan.spec@globetrotter.net coffee and tea and an assortment of sweets followed by an evening of old time gospel songs beginning at 7 p.m. Cost is \$7 per person. Everyone is welcome.

CASCAPEDIA-ST-JULES: Book Room

The book room is now closed, but if you call Kathleen at 418-392-4896, she can set up a time to go in.

CASCAPEDIA-ST-JULES: Fifty Plus

July 12 and 26: There will be jam sessions open to all musicians and spectators at the club. Doors open at 7 p.m and entertainment begins at 7:30.

Every Tuesday: Bingo at 7 p.m.

Every Thursday: Dame de Piques at 1 p.m. Everyone is welcome to attend. Thank you for your support.

CASCAPEDIA-ST-JULES: Royal Canadian Legion Br. 172

The Royal Canadian Legion, Branch 172, meets monthly every third **Saturday** at the Legion located at 55 Gallagher St.

GESGAPEGIAG: Important Meeting

This is to inform the community members of Gesgapegiag and the surrounding area that Gesgapegiag healing lodge (NNADAP) hosts AA meetings and is open to everyone. If you are interested in a lifestyle free of alcohol and substance abuse and have the desire to change, you are invited to attend meetings every **Monday** at 7 p.m.

GESGAPEGIAG: N.A. Meetings

N.A. Meetings held every **Tuesday** at 7 p.m. at the Mawiomi Treatment Centre located at 85 School Street in Gesgapegiag. Everyone welcome! For more information, call 418-759-3522.

ROTARY CLUB WINNERS

The winners for the week of July 6 are: Daniel Duchesneau, Suzan Boudreau, Claude Loubert, Claude Roy, Konrad Witkowville and Robin Lever.

UNITED CHURCH

Sunday, July 14 10:30 a.m. Hope Town

ANGLICAN CHURCH OF CANADA

Sunday, July 14 New Richmond

No Service

New Carlisle 11 a.m. Holy Eucharist

Hope Town

9 a.m. Holy Eucharist **Shigawake**

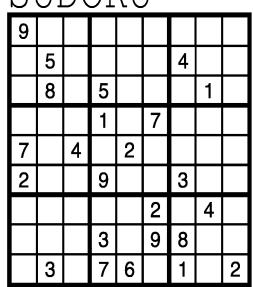
11 a.m. Holy Eucharist

Port Daniel 7 p.m. Evening Prayer

In the lighter side.



SUDOKU



Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

7	ĊП	_	7	9	L	6	ω	8
L	9	œ	6		3	7	7	G
ω	ħ	6	7	G	8	_	Z	9
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8	6	G	3	2	9	Þ	ļ	L
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Creamy Pesto Leftover Pasta Salad

Prep time: 15 minutes Cooking time: 10 minutes Makes: 8 servings

Ingredients:

Pesto

- 1 garlic clove
- 1/3 cup (75 mL) grated parmesan
- ½ cup (125 mL) garlic croutons
- ¼ tsp (1 mL) chili flakes
- 1/2 tsp (2 mL) basil leaves
- 1/3 cup (80 mL) olive oil
- 1/4 tsp (1 mL) salt

Pasta salad

- ½ cup (125 mL) pasta
- 1 can (120 g) tuna or leftover cooked chicken/turkey
- 1/3 cup (75 ml) Hellmann's mayonnaise with olive oil
- 2 cups (500 mL) diced or shredded vegetables (broccoli, celery, zucchini, peppers, peas)
- 1/4 tsp (1 mL) salt
- 1/4 tsp (1 mL) pepper

Directions:

- 1. In a food processor, blend garlic, parmesan, croutons and chilis. End with the herbs and pour in the olive oil when it is still running. Blend a shorter time for crunchier texture or longer for a smoother texture. Season to taste.
- 2. In a large pot of boiling and salted water, cook pasta as directed on the package. Strain
- 3. In a large bowl, mix pasta, pesto and other ingredients together. Serve immediately or keep refrigerated.

KITCHEN COOK WORD

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WORDS

ACCESSORIES APPLIANCES BAKE BOILING BREAKFAST CABINET CAUTION COFFEE COOKING COUNTERTOR DESSERT DINNER DISHES ENTERTAIN FAMILY KITCHEN KNIVES LUNCH MEALS MICROWAVE OVEN PANTRY P0TS PREPARATION RECIPE REFRIGERATOR SILVERWARE SIZZLE STORAGE STOVETOP TABLE

Aries, your ingenuity is ramped up and you can roll up your sleeves and get down to business this week.

ARIES - Mar 21/Apr 20

Avoid distractions by focusing on the details and not taking on too much. TAURUS - Apr 21/May 21

Taurus, arm yourself with information because you need to support your ideas with clear ways to get things done effectively. Only with information can you move forward. GEMINI - May 22/Jun 21

Time heals all wounds, Gemini. You

may need some time to recover from some emotional wounds. Just be patient and you'll get back on track. CANCER - Jun 22/Jul 22

Cancer, teamwork may seem like the way to go to get an important job done. Do not hesitate to share your ideas and solicit others' thoughts as

LEO - Jul 23/Aug 23

Leo, it is time to sort through your life, and that can begin with sorting through your belongings. Start to get rid of anything that you haven't used in the last year and move on.

VIRGO - Aug 24/Sept 22

Virgo, honesty is the best policy, but you may need to approach a delicate situation with some discretion. Try to get your point across without coming across as abrasive.

LIBRA – Sept 23/Oct 23

Libra, you may need to do a little damage control between two people who are close to you. It can be challenging not taking sides when both are pressing for you to support them. SCORPIO - Oct 24/Nov 22

Scorpio, overcome your fear of rocking the boat. Others need to hear your opinion, and your honesty will be appreciated and inspire loyalty.

SAGITTARIUS - Nov 23/Dec 21 Sagittarius, emphasize the importance of accountability to team members. Use yourself as an example, insisting that you will be held accountable just like everyone else.

CAPRICORN - Dec 22/Jan 20

Capricorn, if you are ready to put yourself out there in the name of love, a dynamic person could sweep you off your feet. A special date could have you contemplating a future together.

AQUARIUS - Jan 21/Feb 18 Drama in your life may lead to some hectic times ahead, Aquarius. If you approach things with a calm head, then you can sail through the week relatively unscathed.

PISCES – Feb 19/Mar 20 Pisces, a power struggle won't prove the headache you're anticipating it to be. Stay patient and listen to what others have to say.

FAMOUS BIRTHDAYS

JULY 7 Jim Gaffigan, Comic (53) **JULY 8** Milo Ventimiglia, Actor (42) JULY 9 Tom Hanks, Actor (63) **JULY 10** Gary Levox, Singer (49) **JULY 11** Giorgio Armani, Designer (85) **JULY 12** Cheyenne Jackson, Actor (44) **JULY 13** Harrison Ford, Actor (77)



Gaspé area celebrates Canada Day Nelson Sergerie

GASPÉ: - On July 1, hundreds of people participated in Canada Day activities in the Gaspé area.

In Douglastown, dozens of people attended a community dinner of hot dogs and hamburgers offered by the Douglastown Shamrock Club.

In Gaspé, a family celebration was held all day long, to the delight of dozens of children who had a great time at the rest area. A ceremony was also held at the Birth Place of Canada site. The evening ended with a Kiss Tribute Band and fireworks.

Photos: N. Sergerie