

CASA celebrates a successful year

Gilles Gagné

POINTE-À-LA-GARDE (ES-CUMINAC): – The Committee for Anglophone Social Action (CASA) experienced a successful year in 2018-2019 financially and program-wise. The operational budget increased significantly between the previous year and the financial year that ended on March 31, 2019.

The revenues reached \$1,957,070 in 2018-2019 compared to \$1,625,218 in 2017-2018, an increase of 20.4%. The expenses reached \$1,956,830 last year, for a slight surplus of \$240. In 2017-2018, the surplus was \$18,902.

Higher government grants represent the essential reason behind that budget increase, since they went from \$1,595,445 in 2017-2018 to \$1,921,350 last year. The budgetary item called miscellaneous revenues only increased slightly between the two years, from \$29,773 to \$35,720. It is the only other source of revenues for CASA.

The main operational expense of CASA remained



The work of CASA's employees was highlighted at the annual general meeting.

Photo: G. Gagné

salaries, with \$972,183, compared to \$874,553 the previous year. Project materials amounted to \$352,151, a bit higher than the \$311,888 of the prior financial exercise. Honoraria, reached \$216,878, compared to \$122,836 in 2017-2018. Travel expenses amounted to \$90,385 last year, compared to \$69,410 over the previous year.

CASA's finance officer Johnny LeGrand remarked that due to its numerous sources of funding and its va-

riety of program, "CASA has 27 divisions, so 27 pockets of money to manage."

Answering to a question from the floor at the September 26 annual general meeting held in Pointe-à-la-Garde, Mr. LeGrand also pointed out that CASA was able to pay \$34,636 in capital fees linked to the mortgage signed when the organization bought in October 2017 the New Carlisle building that now houses the head office.

"CASA still owes

\$230,460 on the building. The value of the building is \$339,931," he adds.

During the meeting, CASA President Stella Kennedy announced that she is stepping down from the position but she will stay on the board. She invoked the number of years she has presided over CASA and the travelling time as reasons behind her decision. She first joined the board in 1986 and has remained on it for most of the last 33 years.

Director general Cathy

Brown praised Ms. Kennedy's involvement over the years and her contribution to CASA's growth over the last decades.

"In 44 years, CASA has grown a lot. It was founded in 1975 by a group of people caring about the anglophone community, at a time when being an anglophone was not in," said Cathy Brown.

She also praised the work of CASA's staff, consisting now of 28 employees, who carry out duties in a wide range of programs for toddlers to seniors. The staff members attended 150 meetings over the course of the year.

The involvement of the wellness centres' employees, who worked with 155 seniors in seven centres, was also highlighted at the annual meeting.

The improvement of services in the MRC of Avignon was praised by the board.

Turn to page 7 for more information about CASA's board of directors.

The future of the IODE

Olive Smollett
President de Gaspé
Chapter IODE

NEW CARLISLE: - It is often said that "All Good Things must come to an end!" Good organizations are no exception. The de Gaspé Chapter IODE was founded September 1, 1928, and for the past 91 years has faithfully and successfully supported our local young men and women who chose the Canadian Armed Forces as a career choice.

During WWII several times a year, barrels of knitted socks, sweaters, scarves, gloves, sweet treats, cigarettes and many other items were sent overseas for the use of our brave men and women.

Besides supporting our troops overseas the members realized that those left behind

would also need assistance. Within two weeks a community library was organized and was set up in the home of one of its members until a more permanent place was found to house all the books that were collected.

From the beginning, all the records show that the Social Welfare of the less fortunate citizens were generously dealt with. Much of the chapters early work consisted of providing the essentials: food, fuel, clothing, school supplies, etc. for the less fortunate.

From the mid thirties to the late fifties, IODE members undertook the task of selling poppies and wreaths for November 11. They did this on behalf of and at the request of the members of BESL (British Empire Serv-

ice League) now known as the Mount Sorel Branch No. 64 of the Royal Canadian Legion.

The beautiful trees that line the main street in New Carlisle was an IODE project. They were planted in memory of our fallen from the First World War.

At the request of the municipality we have hosted receptions for two of the Governor Generals when they visited New Carlisle.

The IODE has hosted receptions to honour the Fire Fighters, and as part of the 85th. anniversary celebration of the de Gaspé Chapter IODE in 2013, they organized and hosted, with the municipality of New Carlisle, a Gala to thank all the different organizations and individuals in town for their benevolent

services to their community.

At that time the organizations selected to be honored were: The New Carlisle Historical Society: The Kempffer House, The New Carlisle Seniors Corporation: The Gilker Residence, The Life Association, The Linda LaMore Brown Foundation, and Les dames de la Fabrique St-Etienne.

Throughout the years the organization received requests for educational assistance to which they responded. In the 1960s, policy guidelines were set up and since then two bursaries were given out annually, one to a NCHS/BPS student and one to a graduating student from the Paspébiac Polyvalent.

The IODE has also raised funds for other community projects: The Maria Hospital

Foundation, The Linda LaMore Brown Foundation and The Gilker Residence to name a few. Chapter members were the ones to introduce the "Born to Read" program to the area.

The organization also supported and initiated many other worthwhile projects in the area. Unfortunately these projects need funds and the membership is aging and unable to do the fundraising to maintain many of these projects. In other words they need your ideas, they need your talents, they need your energy, yes, the IODE NEEDS YOU if they are to continue. Otherwise we will be disbanding.

Our next meeting is Tuesday, November 12, at 7 p.m. at the New Carlisle Town Hall.

Members would love to see you there.

Gaspésie-Magdalen Islands



Guy Bernatchez

Age: 48

Birthplace: Born in Saint-Maxime-du-Mont-Louis. He currently resides in Saint-Maxime-du-Mont-Louis

Education: Forestry Technology at the Cégep de la Gaspésie et des Îles in 1991.

Professional career: Forestry technician for 24 years in the Gaspé Peninsula.

Connection with the riding: Born in the Gaspé Peninsula and mayor of Saint-Maxime-du-Mont-Louis, Mr. Bernatchez says he is a great lover of the citizens and the region of Gaspé Peninsula and Magdalen Islands. He believes he can do more and better for the region by being in Ottawa, saying there is a direct link between his heart and the region.

Reason for becoming involved in politics: Guy Bernatchez wants to develop the region in order to keep it alive and make it more attractive. Having young children, the candidate wishes that his descendants can be able to live and work in the Gaspé Peninsula. The candidate wishes to become a leading player for the development of the region.

Top three priorities:

- 1) Infrastructures: wharves, airports and railways. Mr. Bernatchez wants to have funds from Ottawa to help Quebec. For him, infrastructure is one of his priorities, as well as lighthouses such as the one in Cap-des-Rosiers. We must continue to develop tourism infrastructure to allow development over four seasons.
- 2) The environment: with climate change and coastal erosion, without further specification;
- 3) Demography: the exodus of young people, the lack of manpower which includes a reform of the employment insurance which must take into account the seasonal work and the regionalization of immigration.

Bilingualism: Mr. Bernatchez says he has basic English but isn't bilingual.



Jean-Pierre Pigeon

Age: 67

Birthplace: Hauterive (Baie-Comeau). Jean-Pierre Pigeon has lived in Sainte-Anne-des-Monts since 1972.

Professional career: Financial Advisor since 1976.

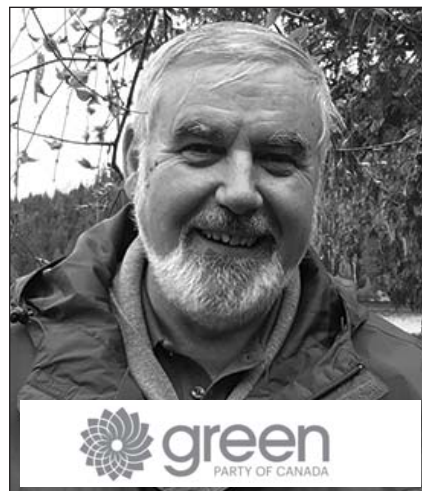
Connection with the riding: He chose to raise his family in the Gaspé Peninsula. He is involved in his environment, both at Exploramer and with minor hockey.

Reason for becoming involved in politics: The Conservative candidate has been involved in politics at the school board level since 1977. As president of the former school board of La Tourelle, in Haute-Gaspésie, he is the third president to head the Chic-Chocs school board. Mr. Pigeon has been a supporter of the Conservative Party for about 40 years, the time of Joe Clark, and was the right-hand man of former Conservative MP Charles-Eugène Marin from 1984 to 1993. He feels he received a lot when he was young and wishes to give back. As a financial advisor, he wants people to pay less taxes.

Top three priorities:

- 1) Shortage of manpower: Mr. Pigeon emphasizes that immigration is important but above all benefit from the expertise of those 55 and over is even more important. The Conservative Party is proposing a tax credit so seniors won't be penalized on retirement pensions.
- 2) Port infrastructures: There are small ports all around the Peninsula. The Conservative government is promising \$250 million for repairs of small harbours.
- 3) Shoreline erosion: the Gaspé Peninsula and Magdalen Islands are dependent on climate change. The Conservative candidate is very worried about roads, tourist infrastructure, wharves and wants appropriate measures taken.

Bilingualism: Mr. Pigeon is able to have a basic conversation in English. He says he has always managed to get by in English on many trips around the world.



Dennis Drainville

Age: 65

Birthplace: Joliette, currently residing in Barachois

Professional career: Priest, social activist, former teacher at the Gaspé Cegep for 12 years and former Bishop.

Connection with the riding: He came to the Gaspé Peninsula in 1980 as a theological student, returning in 1994 after being in the Legislative Assembly (of Ontario). In 1995 he was elected president of Seacoast Publications (SPEC) and led the process to get out of the over \$100,000 in debt, stepping down in 1997 after the debt was paid. He then ran for the NDP in the federal election. He also joined the fight to save the Chaleur train. "Little did I think that we would still be pressuring the various levels of government to take seriously this important element of our infrastructure." In 1995 he was elected to the Town of Perce's council. From 2002 to 2006 he served as the parish priest and the regional Archdeacon in the Greater Parish of Gaspé. In 2007 he was elected to be the 12th Bishop of Quebec, retiring in March of 2017.

Reason for becoming involved in politics: Mr. Drainville believes that we need to take seriously: the values that we espouse, how our society functions and how we may enlarge our hopes and aspirations as a community. The most important and fundamental principle that should guide all political parties and those who seek to give political leadership is the idea of the common good. All legislation, regulation and operations of government should be guided by this principle.

Top three priorities: The economy, employment, fisheries, agriculture, infrastructure, transportation, and responding to the change in weather patterns and temperatures which affect both. The economy has been based on natural resources and we have faced depletion of those resources. According to Mr. Drainville, in the new economy there is a need to diversify industries and businesses and ensure that they are in line with renewable energy. "Agriculture and fisheries in the Gaspé Peninsula have great potential, but they both will be stressed if we don't ensure their development plans don't include weather and temperature change. We need funding for the completion of the railroad, rebuilding bridges and roads."



Diane Lebouthillier

Age: 60

Birthplace: Newport

Education: Bachelor of Social Work

Professional career: Mental Health Social Worker, Political Attaché for Liberal MP Georges Mamelonet, Prefect of the Rocher-Percé MRC from 2010 to 2015, Liberal MP in Ottawa since 2015.

Connection with the riding: Diane Lebouthillier lives in Sainte-Thérèse-de-Gaspé and has a strong sense of belonging to the Gaspé Peninsula. She says there is seawater flowing in her veins. She won't be buying a foot of land in Gatineau or Ottawa.

Reason for becoming involved in politics: She takes part in politics as a way of getting involved in the community. As a member of the board of directors of the Cégep de la Gaspésie, she saw money available in the fisheries sector from Ottawa and wondered why the region could not have more. This was the fundamental reason for becoming a federal Member of Parliament to "bring Ottawa back," to the region.

Top three priorities:

- 1) Responding to the challenge of labour and a demographic shortage: it is a significant but positive challenge, since according to her, this indicates that the region is developing;
- 2) Work together to improve the quality of life of citizens to ensure that people have more breathing room on the financial level;
- 3) The environment is a cross-cutting element in the fisheries, forestry, agriculture, tourism, green energy development, and shoreline erosion.

Bilingualism: Ms. Lebouthillier cannot say that she is bilingual, but she can communicate with her constituents. The candidate is continuing her efforts to improve her English. For her, it is important to promote Canada's official languages. Being a unilingual francophone at the beginning of her term in 2015, Ms. Lebouthillier admits that it is not easy to learn a second language but intends to continue to work very hard for the English-speaking community of the riding.

2019 FEDERAL ELECTION



GET TO KNOW YOUR CANDIDATES

Gaspésie-Magdalen Islands



Lynn Beaulieu

Age: 50
Birthplace: Shawinigan. She resides in La Martre.
Professional career: Specialized educator for the Haute-Gaspésie CLSC.
Connection with the riding: She has lived in La Martre for 17 years and was involved in the local union for years, travelling all over the Gaspé while filling those duties.
Reason for becoming involved in politics: Ms. Beaulieu agreed to represent the NDP after reading the platform, realizing that it represents the real needs and priorities of the region.
Top three priorities: 1) An expanded regional consultation table for transportation, infrastructure and shoreline protection brings together municipal, provincial and federal levels with the civil society. New Democrats believe that Canadians should be able to count on the federal government to invest in infrastructure such as docks, lighthouses, etc. to make a real difference in communities across the country. Transportation also affects both people with health problems and the economy of our region. We must work together and not on our own to advance the issues. 2) Employment Insurance: There must be an understanding that it's not the workers who are seasonal, it's the jobs that are seasonal in our region. Apart from the employment insurance, there is also the employment medical insurance for people who are ill. They presently receive only 15 weeks of coverage. We certainly need to put this reality on the table. The NDP will expand sickness benefits to 50 weeks of coverage. Finally, the NDP will also protect the EI Operating Account in law, so that future governments can't raid it for general revenue. We also want a new deal for better health care for all Canadians. New Democrats are fighting for a national, universal, public pharma-care program to make sure that all Canadians can access the prescription medicine they need with their health card, not their credit card – saving money and improving health outcomes for everyone. 3) Environment climate change: It would be unconscious not to be aware of this issue. It's part of all the priorities. A New Democrat government will declare a climate emergency and put in place ambitious, science-based greenhouse gas reductions targets that will help stabilize the global temperature rise to 1.5°C. We will continue carbon pricing.
Bilingualism: "Yes, I attended Shawinigan High School."



Éric Hébert

Age: 37
Birthplace: Greenfield Park, near Montreal.
Education: Graduate studies in earth science and a PhD in economic geology.
Professional career: "I am a scientist doing politics," he explains. He owns a consulting company in geology, doing some fly in and fly outs. "I bring to the Gaspé the money I earn elsewhere."
Connection with the riding: He first worked in the Gaspé Peninsula for the government, in 2002 and I liked it. He moved to the Bay of Chaleur area in 2007 and later to Murdochville, with the goal of being between Sainte-Anne-des-Monts and Gaspé. He is a member of the Lions Club in Murdochville.
Reason for becoming involved in politics: Mr. Hébert believes we need a voice with a scientific and an economic background in politics to evaluate all the measures the government puts forward. According to him they are short-sighted because there isn't any evaluation. "We have to ask: is it positive for the environment? We see a lot of good intentions but over the long term, we find out disasters," says Mr. Hébert.
Top three priorities: Individual liberties, the lack of manpower and the environment. He explains that this federal election is about big issues that will touch all Canadians and will eventually impact the regions as well. This is why it is important to address issues like the environment (including climate change and coastal erosion), freedom of speech and democracy, and how an economic and well-managed immigration can help with the lack of manpower in regions. The People's Party of Canada wants to be a government for all Canadians, not like other governments that discriminate those who don't agree with their ideologies. "We don't want to be a government that puts corporations above the citizens either. Concerning the climate change, there are better solutions that don't require spending the taxpayers' money. For instance, we already have the technology to create zero carbon emission electricity from fossil fuels as well as technologies that recycle the CO2 and then can be used in concrete, air-conditioning or even to extract oil sands, thus reducing CO2 by creating wealth."
Bilingualism: "Yes, it is a must in geology," he says.



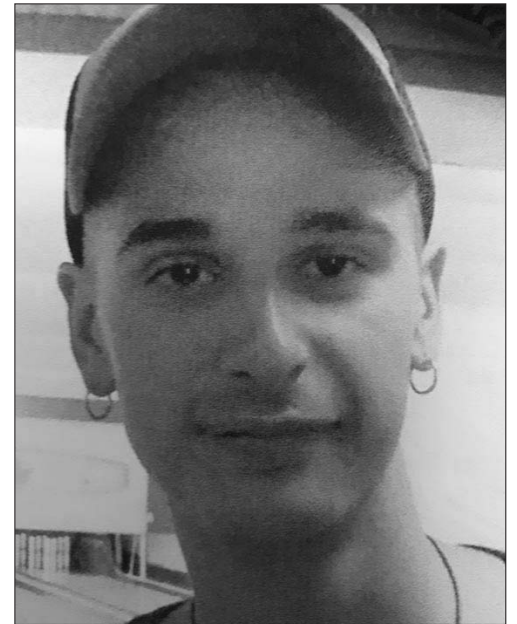
Jason "Cowboy Jay" Valiquette

Age: 46
Birthplace: La Tuque, in Mauricie. He has resided in Gaspé since 2008.
Professional career: Cook for the Monseigneur Ross residence in Gaspé.
Connection with the riding: "I am ready to die here. I came here in 2008 to join my girlfriend of the time. After we split, I never thought of leaving for Quebec City, where I had spent 15 years before coming to Gaspé. The name Cowboy Jay comes from a funny online culinary chronicle I put on Youtube. I speak French with a thick English accent. Before putting it online, my girlfriend said that I needed a hat and, at random, she gave me a cowboy hat. I started the first chronicle in French. I have done 350 chronicles since 2013," he explains.
Reason for becoming involved in politics: He wants to offer an option to the voters. The Rhinoceros Party "is a parody of politics. We want to have fun. I want to lead into voting the 40% part of people who don't vote, the people tired of standard political messages," he says. Cowboy Jay first ran at the municipal level in 2015, when he ran for the Town of Gaspé mayoral position. He ran for a councillor position in 2017. As for the current election, "I was not supposed to run. Max "Rhino Boy" Boudreau, the last candidate at the federal election, was supposed to try again and he had to pull out. So I am replacing him."
Top three priorities: Cowboy Jay is not campaigning but he describes his program with humour. "I have a project to solve all the railway and aerial transportation problems of the region. We are conceiving a machine to teleport people. It is called a spare hole. So we commit to conceiving, building and installing a spare hole in the area."
Bilingualism: "I was born in 1973. I was first raised in English by my mother, who is an anglophone. She feared for the separation of Quebec and she wanted me to be bilingual. So I was sent to a French school. I still understand English and it comes back after a while when I have to talk but it is far," explains Jason Valiquette.

Police report

Steve Sweeney-Couture, 25, from Grand River will spend the next 23 months in prison after he entered a plea of guilty on a reduced number of sex-related and drug charges. The victim was a minor born in 2003 and the acts were perpetrated between May 5, 2018 and August 3 of the same year. The man pleaded guilty on charges of sexual touching, of having forced an adolescent to touch him sexually and of uttering threats. The procedure was stopped regarding a charge of sexual assault, aggravated assault and simple assault.

He also entered a plea of guilty in another incident that occurred on April 20 when he committed an aggravated assault on Dany Fullum. The 23-month sentence applies to that charge as well, and to two counts of having resisted arrest, for which he also pleaded guilty. He is also guilty of cannabis trafficking. Steve Sweeney-Couture is acquitted in other files: cocaine and methamphetamine trafficking, aggravated assault against two police officers and drug possession. He was arrested on September 5, 2018. Quebec Court judge Denis Paradis also imposed a two-year probation in addition to the 42-month prison term. Since the culprit was arrested 13 months ago and was imprisoned right then, 23 months are left to serve.



Sûreté du Québec police officers are looking for Maxime Landry, 28, who recently moved to Carleton. He is originally from Campbellton, New Brunswick, and he was last seen at 8:30 a.m. on Alexander Street in Pointe-à-la-Croix on September 19. He was walking. His family members have reasons to worry about him, says Sûreté du Québec spokesperson Sgt. Claude Doiron. He is 5 feet and 5 inches and weighs 154 pounds. His hair and his eyes are brown and he wears small earrings. He was wearing a black cap with white features, a white sweater, a black vest with a hood and a zipper in the front. He was also wearing dark jeans, white socks and black shoes when he was last seen. He speaks English, and French with a slight accent. People who have seen him can communicate with the SQ at 1-800 659-4264.

October
21,
2019

FEDERAL ELECTION

Send us the details of your event and have it announced in the **COAST ROUND-UP** section of the **The Gaspé Spec**.
 Deadline: Thursday
 Coast Round-up: \$5 per week
 Classifieds: \$6 per week

Avignon-La Mitis-Matane-Matapédia



Kristina Michaud

Age: 26
Birthplace: Amqui
Education: Bachelor in International Studies from Laval University. She is working towards a master's degree in the same field.

Professional career: She was a political assistant for the Member of the National Assembly for the riding of Matane-Matapédia, Pascal Bérubé, and later and until this past summer for the caucus of the Parti Québécois Members of the National Assembly.

Connection with the riding: She returned to the Matapédia Valley during the summer, to Val-Brillant. "I carefully prepared that return in the region and I will be here for a long time," she says.

Reason for becoming involved in politics: "With the work I did at the National Assembly and considering that I worked mostly with Members of the National Assembly representing Quebec regions, I saw that it is possible to change things in regions in general, and mine included. With that recent commitment, I wanted to be part of the solution," she says.

Top three priorities: 1) Most of the regions have problems with the employment insurance program and pension plans. Ms. Michaud's priority is to improve them by accompanying people personally in the process of accessing better federal government services and by proposing an EI reform in such a way that women, youth and seasonal workers will no longer be penalized. 2) There is also a major labour shortage problem and solutions must be found. She therefore favours the adoption of measures by implementing conditions to allow young adults and families to work from home, especially for employers located outside the region. The improvement of cellular and high-speed internet services is crucial. 3) Fighting climate change and doing it in such way that economic development is taken into account. "It is possible to do both at the same time," she emphasizes. Adopting a firm position against oil and gas exploration and exploitation in the region, opting for a transition in transportation from fossil fuels to electrified modes, and ending the grants handed out to oil companies are some of the best ways to reach that goal, she insists.

Bilingualism: She is trilingual, speaking French, English and Spanish, and has a solid base in Italian.



Natasha Tremblay

Age: 22
Place of birth: Montreal
Education: Law student
Connection with the riding: She was a legislative assistant for a Conservative MP in Ottawa. While working there she saw how the Conservative Party best defended the interests of rural Canada. She later returned to Quebec to pursue legal studies. She became very involved with the party and its organization in eastern Quebec. When asked to run in the riding of Avignon-La Mitis-Matane-Matapédia, she saw it as a great opportunity to defend the interests of rural Quebec in Ottawa.

Reason for becoming involved in politics: Ms. Tremblay says she always felt it was important to get involved in the community and defend Quebec's interests. "That is why I first moved to Ottawa to work on Parliament Hill. I also believe it is important for young women to get involved in politics since we are currently underrepresented. Although five of the seven candidates in Avignon-La Mitis-Matane-Matapédia are men, I find it encouraging to see that the Bloc Québécois candidate is also a young woman," she says. Ms. Tremblay believes youth engagement is essential in Canadian politics. "We are the ones who are impacted by the long-term consequences of our government's decisions, and that is why I believe it is essential for young people to become politically involved," she adds.

Top three priorities: 1) She believes protecting the environment is a priority. The Conservatives have a plan to invest in green technology, which she believes is the future. By promoting innovative solutions to the climate crisis, their plan will lead to a sustainable future. 2) It is essential to defend Quebec's autonomy. The Conservative Party has a strong record of defending Quebec's interests and promoting open federalism throughout Canada. "I am confident a Conservative Government under Andrew Scheer will keep defending Quebec's autonomy," she states. 3) Eventually the budget must balance without drastically cutting in social services. She believes the plan to balance the budget in five years is a reasonable objective. Social programs and investments based on debt instead of revenue are not sustainable in the long term. "It is my generation that will have to pay for the Liberal Government's reckless spending through higher taxes and fewer services. Canadians deserve a fiscally responsible government," she states.

Bilingualism: Yes. Her mother tongue is English!



James Morrison

Age: 77
Birthplace: Needham, Massachusetts. He has Canadian roots in Prince Edward Island. He has resided in Sainte-Anne-des-Monts for 27 years. He moved to Quebec in the 1970s.

Education: After serving in the Vietnam conflict, he studied special education, economics, and political science at the University of Maine and has followed additional studies at Bishop's University and at Harvard College.

Professional career: He has over 40 years of international experience in the medical and dental sundries business, being at one time the largest supplier to the Government of Libya for procurement of hospital sundries, medical dental equipment and pharmaceuticals for various ministries. He was a founding partner and director of the Canada-Libya Chamber of Commerce and Industry. He has extensive experience in Central America and Ecuador too.

Connection with the riding: Candidate Morrison and his wife operate a bed and breakfast in Sainte-Anne-des-Monts. They raise honey bees, maintain their private section of the Sainte Anne River for the environment's sake, and fish salmon.

Reason for becoming involved in politics: He has been an active member of the Green Party of Canada since 2011. In 2015, he represented the same party in the riding of Gaspésie-Magdalen Islands. He wishes to represent all, people and industry equally, concentrating on what is most important to each municipality as its direct liaison in Ottawa.

Top three priorities: His desired focus will be young people, offering solutions realized by consensus of the populous, inclusive of the First Nations communities, for solutions to the urgent pressing environmental problems. While making them, the new Green Party leaders with the skill sets will completely transform the riding within four years with one mandate - to survive and thrive in the coming decades. Mr. Morrison is not looking to become another career politician, he says. When elected, he will sponsor four scholarships per year in office for young residents of the riding to the Earthship Academy in Taos, New Mexico. As with the corner of paradise (the Gaspé Peninsula), Mr. Morrison thinks "the number one job will be to preserve and protect our habitat and natural environment in the beautiful pristine part of the world with abundant fresh air and water, and a wealth of opportunities all with little to no violence."



Rémi Massé

Age: 49
Birthplace: Rivière-du-Loup
Professional career: Linguist after his studies, Member of Parliament since 2015, former director of the Public Works and Service Canada office in Matane.

Connection with the riding: He has very strong ties with the riding. He settled in Matane in 2009 and moved to Metis Beach almost a year ago.

Reason for becoming involved in politics: He says it really wasn't his goal to enter politics. A year before running in 2015, he accepted the position of director of the Cegep de Matane and found out that year that there would be another wave of budgetary cuts, the sixth one in four years for that Cegep. It was under the provincial Liberal Party government of Philippe Couillard. "Some of my colleagues summed it up by saying that such cuts were killing the regions. It struck me. I concluded that if I wanted to trigger changes for the regions, it would not be in the opposition," says Mr. Massé. It is then he decided to enter politics and he decided to do it at the federal level.

Top three priorities: Since 2015 he worked hard to make real progress for our region, to invest in the infrastructures, to grow an economy that works for everyone, and to protect the environment. After investing more than \$165 million in different key regional projects, there's still more to do. His priorities are: 1) To continue creating good quality jobs while helping entrepreneurs succeed and grow their business in the context of labour shortages. For instance, he will support them in modernizing, bringing innovation and automation to their operations, and providing them with more flexibility to recruit internationally. 2) To pursue investments in infrastructure. 3) To support seniors by increasing Old Age Security again when seniors turn 75 and to give up to \$2,080 in additional benefits, every year, by increasing survivor's benefits. 4) To give families up to \$1,000 more by increasing the Canada Child Benefits by 15% for children under the age of one.

Bilingualism: I am and so are our four children. My wife is an anglophone.

GET TO KNOW YOUR CANDIDATES

Avignon-La Mitis-Matane-Matapedia



Rémi-Jocelyn Côté

Age: 40
Birthplace: Rimouski.
Education: He received training as a medical assistant during the three years he spent in the Canadian Armed Forces.

Professional career: Car salesman and entrepreneur. He co-owns a boxing club.

Connection with the riding: He lives at the west end of the constituency, Sainte-Luce, but he likes to say that "I bought my first house in Carleton, from Habitations Mont Carleton. I like the beauty of the region and I could live anywhere in the constituency," he says.

Reason for becoming involved in politics: He has been a municipal councillor in Sainte-Luce since 2017. "I have unfortunately seen in municipal politics the incapacity of both levels of government (federal and provincial) to work with the MRCs and the municipalities. I see the MRCs putting together unbelievably good programs and being unable to develop them. I think I could change that," he explains, adding that he would open four offices if elected, one for each of the four MRCs.

Top three priorities: 1) "I will talk about federal jobs. There is none in Avignon, for example, and we need them to provide support to people dealing with the federal government," he states. 2) He also would like to lower the standards so that seasonal workers can have access to employment insurance. "From 14 weeks of work, we could lower it to 10 to 12 weeks. I understand that it does not solve the shortage of manpower problem. I think we must provide tax credits in order to create new jobs. We must also greet more immigrants and recognize their competence. We must adapt the training they have received to our standards when there is a gap between the two," he explains, referring to the waste of competency seen when immigrants are hired for jobs that don't take into account their degree of education. 3) He also insists on the necessity to instill a better dialogue between the federal authorities and the MRCs. MPs must sit down and listen to what the mayors have to say. It would be particularly useful in the betterment of aerial, maritime and rail infrastructures. Improvements are needed in our regional airport (Mont-Joli) and on our railroad," he states.

Bilingualism: He understands English very well but has problems speaking it. "I have a thick French accent," he says.



Éric Barnabé

Age: 58
Birthplace: Quebec City, where he resides.

Professional career: Retiree, due to health reasons. "I was a delivery man all my life, covering more than one million kilometres but I had to stop due to hip surgery. I don't drive anymore."

Connection with the riding: He admits not knowing the Bay of Chaleur area. "I went to get the 100 signatures required to be a candidate in Matane and we collected 140." He was the campaign director for the Conservative Party candidate in Rimouski-Neigette in 2015. He is replacing Ross Carnahan in this campaign. He is an Albertan living in Matane but he changed his mind after the start of the campaign," explains Mr. Barnabé.

Reason for becoming involved in politics: He has been a Conservative partisan for 20 years, either for the ADQ (Action démocratique du Québec, which was integrated to Coalition avenir Québec), the Conservative Party and the Conservative Party of Quebec. Now, he is involved in the People's Party of Canada. "Our leader Maxime Bernier has achieved something impressive through starting from scratch and gathering 2.3% of the electorate and 43,000 members," says Mr. Barnabé.

Top three priorities: 1) He says the villages are losing their youth, and only a convenience store and a garage operate in the communities. People are moving to bigger municipalities in order to get services. He thinks we must train the remaining youth so they can stay here. There is an unemployment rate of 13.4% and there is a shortage of manpower. There is something wrong there. "I think we could use the fish plants and process meat during the winter in those plants," argues Mr. Barnabé. 2) He also thinks that a peninsula like the Gaspé "should be a pesticide-free area. It would be perfect for bee keeping. There is no agriculture without bees, which are affected by pesticides." 3) He thinks that the federal government must work closer with the provincial government in order to improve the railroad. "The railroad should be completed to go around the Gaspé Peninsula. They could be run without a crew, which is done elsewhere. It would facilitate travel between the villages," he says.

Bilingualism: He is not bilingual "at all. My mother was Irish and I only learned at random that her mother tongue was English."



Mathieu Castonguay

Age: 25
Birthplace: Amqui. He currently lives in Quebec City

Professional career: Web Programmer

Connection with the riding: "It's my place of birth and one of the most amazing constituencies we have. We (his girlfriend and him) are expecting our first child and we will move back to Amqui in July. I used to have my computer repair business but I closed it because I needed a more stable source of revenue. So I went back to work for my former employer in programming, and that means that I will stay employed by him once we come back to the Matapedia Valley. That type of outsourced work is promising for the region. The companies don't have to move and they can hire people from here. It is an important topic for me. The employers are open to hiring people who work far from the head office," explains Mr. Castonguay.

Reason for becoming involved in politics: He wants to be heard because he doesn't feel that we live in a democracy where we can express our opinions. He doesn't feel that when we speak, our voice is heard. "When we are a candidate, people have no choice but to listen to us," he says.

Top three priorities: He insists that he wants to promote teleworking toward large companies in larger cities so that they let their employees work from regions in work spaces that towns or MRCs could rent to them at low cost. He also thinks that the country should criminalize unnecessary clear cuts of our forests and promote plantations of diverse tree species, not just spruce. Retirees over 65 should be permitted to work without any penalty to their pension cheque. Retirees younger than 65 could also keep working or return to work after a while but he says they don't do so because their pension revenue will be cut. "We lose a lot of good workers for that reason," says Mr. Castonguay. He invites people to consult his website: www.mc-rhino.ca/mes-vraies-promesses, although it is only available in French.

Bilingualism: "Sometimes! I had a shop in downtown Quebec City so I had to learn. Also I am trying to learn Japanese but I guess it's not relevant."

**VOTE
October 21,
2019**

News briefs

Terry Fox financial drive, largest ever!

Nellis Rebel,

Gaspé District representative

GASPÉ: - The financial drive for the Terry Fox Foundation, which was held on Sunday September 15 netted a gross amount of \$4,638, the largest ever.

Organizers are grateful to the many volunteers: media, businesses and church groups who contributed to the event. The many donations, whether through pledge sheets, personal contributions, business contributions and especially the donations made by the Barachois and Gaspé Royal Canadian Legion, helped make the event such a success. Special mention to Clarence Lemieux who collected \$2,300 canvassing many miles.



The wharf protects the tourist kiosk and public area in Port Daniel. Photo: N. Sergerie

Port-Daniel wharf will be renovated

Nelson Sergerie

PORT-DANIEL-GASCONS: - The wharf located in the heart of Port-Daniel will undergo a revitalization.

The firm LFG was awarded the mandate to carry out the \$750,000 reconstruction project. The construction site should be in place this fall.

The mayor, Henri Grenier, points out that the infrastructure was in a sorry state. There was work that was important to do.

"This is a wharf that is in the heart of the village. We have the tourist kiosk and public area nearby. Over time, if the wharf deteriorates more and more, it may cause significant damage to our infrastructure," says the mayor.

In addition, the preparation of the megaproject of aqueduct and sewage work continues in the Gascons area. Plans and specifications are in preparation and will be completed in the summer of 2020.

"It's still a big project. We should start the tender process for the general contractor in the fall of 2020."

The project is valued at \$28.6 million, of which \$26.6 million comes from Quebec.

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REFLECTIONS by Diane Skinner Flowers

Kick some leaves

It's the most wonderful time of the year! Some might say that honour belongs to Christmas, but let's consider the beauty and gorgeous sunny days of fall. Fall, like spring, is the in between season. We know full well that winter is coming so many are busy getting ready for that inevitability. People are piling their wood and getting out the winter tires. Others are making sure that the chimney and pipes are cleaned and ready for the winter fires, however, there is more to do than work. Fall is fun. Consider all that you can do to enjoy these precious days of warm, sunny afternoons and cool evenings.

Look back to your childhood and recall what you did to enjoy this season:

Pile leaves and jump in the pile! Kick the leaves. Go ahead, who cares if somebody is watching!

Did you care about people watching when you were a child? Channel that and jump!

Go for a leisurely bike ride. Take in the sights, smells and sounds of fall.

Pick apples soon or it will be too late. Try a new apple recipe! If you like the traditional recipes there is nothing that smells quite as delicious as an apple pie straight out of the oven. Don't forget apple crisp served with ice cream.

Do not forget the cinnamon. Make caramel apples. It can be messy, however, you will be very popular with the children in your life.

Have a fire outdoors. Wear cozy jackets and breathe in the gorgeous scent of the wood burning outside.

Last chance to roast marshmallows or make smores.

Plant some bulbs. You put in a little time in the garden now and enjoy the blooms next spring.

Perform an act of kindness for a friend, family member or neighbour. Rake their leaves or clean out their garden so that it will not be such a big chore next spring. Bonus: You will get exercise and fresh air.

This is the perfect time to get out the big soup pot. Find and try out some new recipes. I have a friend who always makes a big pot of soup on stormy days. Look ahead to that and ask friends to swap a recipe.

Get out the slow cooker. We use these less in the summer but fall is the perfect time to get it ready. What a lovely thing to arrive home and know that a wonderful meal is awaiting you and your family.

This is not actual fun, but well worth the few minutes it takes. Change the batteries in your smoke detectors.

Experts tell us that we should do this every time the time changes, so twice a year. It gives you peace of mind.

Make a delicious fragrant salsa from garden tomatoes. Homemade salsa is just the best. You can season it the way you like it and enjoy in the evening with fresh tortilla chips and perhaps a mug of hot cider.

Go for a drive. Enjoy the colours and the beauty of the changing season.

Pack a picnic and enjoy a meal outside because it may be a while before you get that opportunity again.

Go for a fall hike. Enjoy the air and come back with colour in your cheeks.

Decorate for Halloween. Make a scarecrow. Use hay bales and corn stalks for decorating the doorway.

Host a wine and cheese evening. This is a cool activity to do after a long walk as a group.

There will be lots of laughing and talking. That's great any time of the year.

Get a new book. Enjoy it. Savour it. Sit outside and read with a blanket over you if you must.

Get out the knitting needles. This is enjoyable to do on a cool fall evening. Perhaps knit some Christmas gifts!

Take your phone or camera and take some beautiful shots of the changing leaves.

There is much more that you can do in fall. Just don't let it go by without enjoying it. Don't forget to kick those leaves.



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Around the World at Family Ties

Seniors, come fly around the world with us!

This month we will be visiting:
Algeria with Hanane Safi

Join us for an interactive presentation and to taste typical food from this country.

Wednesday, October 23rd 2019
1:00-3:00 PM
Family Ties Kitchen

Please RSVP to Melissa at Family Ties,
418-752-7265 by Tuesday, October 22nd, 2019.

This project is funded in part by the Government of Canada's New Horizons for Seniors Program



Approved by the Official Agent of Diane Lebouthillier

Diane Lebouthillier

Let's keep working.
Together.

**On October 21,
let's vote!**

Advance polling days:
October 11, 12, 13 and 14, 2019

Diane Lebouthillier, Liberal candidate for
Gaspésie—Les Îles-de-la-Madeleine



CASA is looking for board members

Gilles Gagné

POINTE-À-LA-GARDE (ES-CUMINAC): – Four board positions are currently vacant at CASA and the organization is looking for ways to fill them.

Currently, the two Côte-de-Gaspé positions are filled by outgoing president Stella Kennedy and Tony Conoley, of Gaspé. Ms. Kennedy will stay on the board despite stepping down from the position of president.

In the Percé Rock MRC, one position is filled by vice president Douglas Hunt of Chandler. One position is vacant.

The two positions in the eastern part of the Bonaventure MRC are filled, by Sharon Renouf and treasurer



Board members Bruce Wafer, Sharon Renouf, Tony Conoley, Stella Kennedy, Dave Douesnard and executive director Cathy Brown.

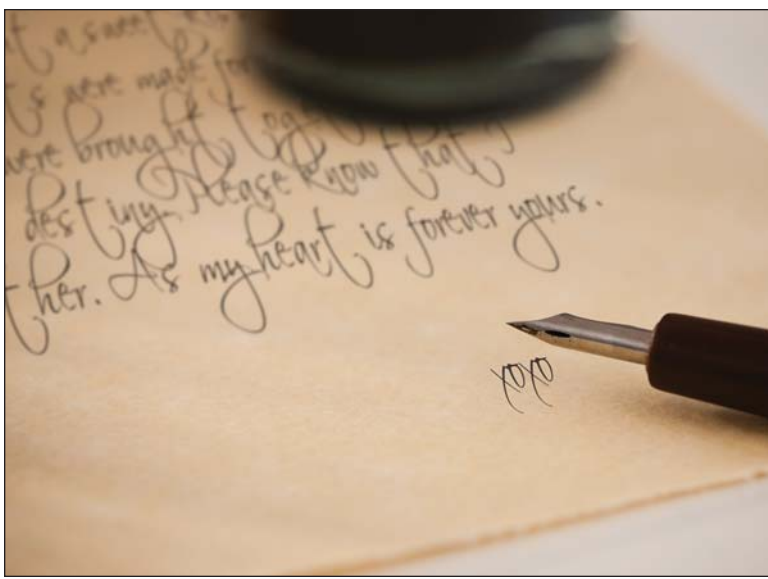
Photo: G. Gagné

David Douesnard. The two positions in the Saint-Siméon to Gesgapegiag area are vacant.

Bruce Wafer, of Escuminac, fills one of the two positions of the Maria to Matapedia territory.

CASA executive director

Cathy Brown points out that the task of board members is not overwhelming and hopes that people will volunteer for the four vacant spots. “Francophones who speak English and who care for the anglophone community can apply,” she says.



Putting Pen to Paper

Press release

New Carlisle: - Family Ties New Carlisle has a new project called Putting Pen to Paper to encourage the community to develop or rediscover an interest in letter writing. This project was made possible with funding from the Canadian Heritage Community Life, Development of Official-Language Communities fund.

Are you tired of receiving only bills and junk in the mail? Would you like to learn how to create beautiful handwriting that you can feel proud of? Do you remember the good old days when school children were taught penmanship? Would you like to get out of the house and learn new skills? Then this project is for you.

Elizabeth Dupuis, the project coordinator, will be organizing a series of workshops for children and adults alike. Some of the themes include: the art of calligraphy, Japanese calligraphy, letters of the past, postcards, letters for change, and secret letters.

Elizabeth will also be looking for volunteers to teach younger members of the community the almost lost art of cursive handwriting.

“Handwriting is a disappearing art. As the use of the internet increases, hardly anyone sends or receives handwritten letters, which is sad because letters create a personal connection. They are also historical records, giving us a window into the past. Our handwriting can be a great way of expressing individuality and personal style. Also, we can physically touch or even smell letters; they can be read and reread and bring back memories,” says Elizabeth.

Throughout the workshops, photographic records will be kept so the real letters can be sent to the intended recipient. Participants will be involved in choosing letters which will be reproduced in a book and shown in an exhibition at the end of the project.

For more information,

please contact Elizabeth Dupuis at Family Ties; telephone 418-752-7265 or by email at edupuis-familyties@hotmail.com Keep an eye on the Family Ties facebook page for upcoming events and activities.

Mental Health & Wellness Fairs

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helpful information from the healthcare system
give-aways

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Vision Gaspé-Percé Now

• OCTOBER 26 •
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9:00-3:00
418-752-5995
CASA New Carlisle

For more information and to confirm your presence at one of the Mental Health and Wellness Fairs, please RSVP before each of the events:

Canada Bell Let's Talk Desjardins

Commentary

Gilles Gagné

Just before the vote...

Seven political parties are represented in each of the two ridings covering the Gaspé Peninsula and the Magdalen Islands. It is a lot, a record in fact, if we consider that 14 candidates are trying to win votes.

Trying is a multi-dimensional word here because the effort, as it has happened in the past, is far from equal from one party to the other, and even between candidates of the same party. A few days before going to the poll, with the advanced vote underway and two parties, the Conservatives and the Liberals, being toe-to-toe according to the last surveys, here is a little wrap up of the candidates' performances since the beginning of the campaign in the region.

The Liberal Party of Canada: Diane Lebouthillier and Rémi Massé are defending their seats and their records. Ms. Lebouthillier has refused to attend all the electoral debates, barring one in Gaspé. She was clearly ahead at the beginning of the campaign but the margin diminished quite a bit by October 11. Her communication team held a poor (technology-wise) conference

call on October 4 and it didn't help the media coverage. Rémi Massé's lead has been thin since the beginning of the campaign despite a decent record in the last four years, and he was trailing behind Kristina Michaud on some occasions. Neither Ms. Lebouthillier nor Mr. Massé has benefitted from outside help so far.

The Bloc Québécois: The strong performance of leader Yves-François Blanchet in the television debates and over the last months has instilled a new life to that party, which was on the verge of imploding a year ago. That reality has tremendously helped Kristina Michaud in Avignon-La Mitis-Matane-Matapédia and Guy Bernatchez in Gaspésie-Magdalen Islands. Ms. Michaud has a solid political background and she is giving Rémi Massé a run for his money. The fact that the Bloc Québécois benefits from the political machine of Member of National Assembly Pascal Bérubé, the man who had the biggest majority in Quebec a year ago, helps Ms. Michaud.

The New Democratic Party: The party has certainly taken quite a downward slide since the death of its former leader, Jack Layton, eight years ago. Candidates Lynn Beaulieu and Rémi-Jocelyn Côté are travelling a lot but their supporting cast is thin, about non-existent in the latter case. The

relatively strong performance of NDP leader Jagmeet Singh helps a bit. This too is a factor that might erode the Liberal Party vote.

The Green Party of Canada: Dennis Drainville is well-known in Gaspésie and Magdalen Islands, and he is conducting an energetic campaign. He will get a good share of the anglophone vote. Those votes would otherwise go mainly to Diane Lebouthillier. This factor explains in part why she and Guy Bernatchez are so close, according to the latest polls. James Morrison might erode the Liberal vote a bit in Avignon-La Mitis-Matane-Matapédia but to a lesser extent because he is not very present publicly.

The Conservative Party of

Canada: The date of the 2019 election has been known for more than three years. Seeing a country-wide contender almost completely disorganized in our two ridings is almost unforgivable, given that the Conservative Party has the best financial means of all the parties in Canada. That disorganization in the region is a sign that the Harper years were terrible for the Gaspé Peninsula and Magdalen Islands. Jean-Pierre Pigeon is a gentleman who is doing his best but he must regularly face questions regarding the terrible cuts his party made between 2006 and 2015. Natasha Tremblay will probably be a good candidate one day but she hardly knows anything about the region and stays away from any regional

stake.

The People's Party of Canada: Gaspé Peninsula and Magdalen Islands candidate Éric Hébert is more interesting to listen to than his leader Maxime Bernier, who regularly uses false numbers when trying to get his points across. In Avignon-La Mitis-Matane-Matapédia, Éric Barnabé sounds like a good guy but he was asked to run here because the initial candidate forfeited. Living in Quebec City, he is in no position to campaign. That party will have to eventually prove that it is more than Maxime Bernier's show.

The Rhinoceros Party: The party offers a parody and an alternative to the people fed up with politics.

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Announcements...



In Memory

FLOWERS: Howard

In loving memory of a precious grandfather who passed away November 3, 1984.

*Thirty five years have passed since that sad day,
When the one we loved was called away.*

Beautiful memories

Are wonderful things.

They last 'till the longest day.

They never wear out.

They never get lost,

And they can never be given away.

To some you may be forgotten,

To others a part of the past,

But to us who loved you and lost you,

Your memory will always last.

Lovingly remembered and cherished forever in our hearts by Carol and Richard Smollett.

FLOWERS: Oliver

In loving memory of a dear uncle who passed away suddenly October 1, 1998.

*Those special memories of you
Will always bring a smile.*

If only we could have you back

For just a little while.

Then we could sit and talk again,

Just like we used to do.

You always meant so very much,

And always will too.

The fact that you're no longer here

Will always cause us pain

But you're forever in our hearts,

Until we meet again.

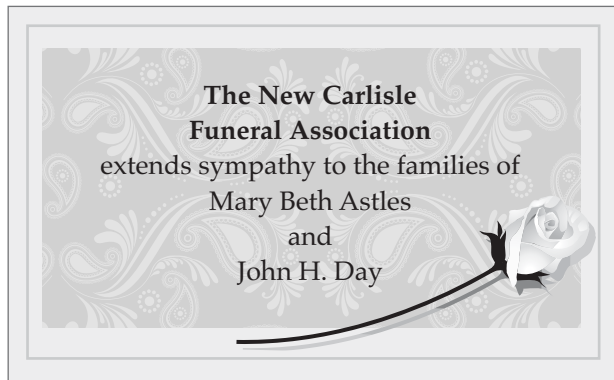
Forever loved and remembered by Carol and Richard Smollett.



SIMONEAU: Albert

In loving memory of a cherished and great man who passed away 15 years ago - October 20, 2004.

Never forgotten and always loved by his wife Carmelita, children: Kev (Karen), Mel, Sonia (Tim), and his grandchildren: Rachele (Alex), Eric and Graham.



SMOLLETT: Robert Milton

In loving memory of a very dear father who passed away October 12, 1984.

*Thirty five years have passed since that sad day,
When the one we loved was called away.*

There's a face that haunts us ever.

There's a voice we long to hear.

A smile we'll remember forever,

Though we try to forget every tear.

There's sad but sweet remembrance,

There's memory fond and true;

There's a token of affection dear,

And a heartache still for you.

He left a place no one can fill,

We miss you dearly, Dad, and always will.

Always loved, remembered and sadly missed by son Richard and daughter-in-law Carol.



Classic Memorials

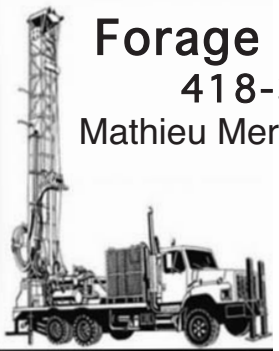
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Consultez votre carte d'information de l'électeur pour savoir où et quand voter.

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CLASSIFIEDS

For Sale: Four Minerva summer tires 205/60/R16. Three Firestone summer tires 215/55/R17. Five G.M. rims and one mud and snow tire 195/75/R14. Four mag wheels with winter tires (two nordic and two arctic claw 225/70/R16). One regular wheel with summer tire. Four blue leather seats, two roof rails, two steps and tinted glass for a two-door Ford Explorer. Stone for fireplace 4' x 6'. A 5' hand sleigh. Sleigh shaves for horse. Sleigh shaves for pony. 2006 Ford Fusion (for parts). Chimney sweep equipment including brushes, flexible rods, quick cuplings and more. 300 ft. 5/8" rope. 11 flat belts for farming equipment. One and 1/3 balls of bailer twine. 40 feet of 4" drainpipe. Two potato forks (four prongs). Seven meat hooks. Animal trap (31"x7"x7"). Jig for making hothouse trusses. Three half bushel pans for grain. Fan for cab of a tractor. 7 1/2 Mastercraft skill saw. 10" Mastercraft bench saw and stand. Formula one tool box and tools. Five boxes of hardwood flooring. Two (5 gallon) gas containers. Nine pieces of aluminum front flashing. 1,600 psi electric pressure washer. Pro.point 125A digital heat gun. Homemade utility trailer. Two electric weed eaters (McCulloch 15" and Earthwise 13"). 22" weed trimmer Craftsman Briggs and Stratton 6.75 (190cc). Two five foot aluminum step ladders. Food hasher and bowl. Three car chains. Two snow blower chains. Bug deflector for a 2003 Impala. Four car shelters - tie downs. Four handicap bars. One 19" air hammer pump. Pieces of duct pipe and vent. For more information contact Irvin W. Meredith, 243 Duchesney Ave. New Richmond, QC, 418-392-4001.

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Are you a former Gaspé Polyvalent student? You may qualify for a financial assistance bursary. Students currently pursuing a university degree are encouraged to apply before October 31, 2019. Application forms can be requested in person at the Gaspé Polyvalent office, by fax (418) 368-7289, or by e-mail (gps.admin@essb.qc.ca). Along with the completed application form, you must send a copy of your re-

ceipt for payment of university registration. Should you have any questions, please contact the Gaspé Polyvalent office at 418-368-6532.

YORK:
York River Seniors' Club
October 27: Harvest supper at the York River community hall. Takeouts from 4 p.m. to 4:45 p.m. First sitting 5 p.m, second sitting 6 p.m. For those having takeouts, please bring a grocery bag to carry them home. \$12 per adult, \$6 children under 10 years old.

DOUGLASTOWN:
Community Centre
Tuesdays: Zumba from 7-8 p.m. \$10/class.
October 20 and 27: Collective kitchen beginning at 5 p.m. Watch our facebook page to sign up every week.

October 18: 5 to 7 musical jam Oktoberfest at the Dougtown Cafe. Bring your own beer and potluck dish. Voluntary contributions.

October 20: Community breakfast beginning at 8 a.m. Voluntary contribution. \$8 adults, \$4 children (5-11 years old). Mini rugby jamboree beginning at 10 a.m. (5-12 years old). For registration or information call 418-368-0288.

October 26: Family Halloween event beginning at 6 p.m. Come explore the haunted labyrinth and get candies. \$2 per child.

BARACHOIS:
Legion Branch 261
Every Monday: The Royal Canadian Legion, Branch 261, will be having a money bingo at 7 p.m. at the Legion. 18+ only.
Every Thursday: Cards and games from 7 p.m. to 9 p.m. Free. For more information, contact Lloyd Roussel at 418-645-3700 or 418-645-2786.

BARACHOIS:
BADC
November 30: The BADC Christmas Market will be held at the Belle Anse School from 9 a.m. to noon. If you are interested in a table (\$10), please contact Sandy Coombs at 418-645-2874.

BARACHOIS:
Mountain View Golden Age 50+ Club
October 18: Money bingo, 18+. Starting at 7 p.m.
October 25: Military Whist for beginners at 7 p.m. Everyone welcome.
October 26: Family fun at har-

vest time from 10 a.m. to 1 p.m. Free. Everyone welcome.

PORT DANIEL:
Three Star Golden Age Club
Every Wednesday: Pétanque from 7 to 9 p.m. Cost \$3. Come and join the fun and learn a new game!
October 26: Military Whist.
November 16: Christmas Tea.

PORT DANIEL:
St. James Anglican Church
Upcoming Events
November 1: Gift bingo beginning at 7 p.m. at the Golden Age Club in Port Daniel. All proceeds for St. James Anglican Church.

SHIGAWAKE:
Community Centre
October 24: Masquerade dance for children 12 years old and under. From 4 p.m. to 6 p.m. Free.

October 28: Halloween gift bingo beginning at 7 p.m.

November 16: Christmas bake and yard sale from 9 a.m. to 3 p.m. \$10 per table. Canteen available. All are welcome.

December 2: Christmas gift bingo beginning at 7 p.m. Canteen available.

December 31: New Year's Ball beginning at 8 p.m. \$12 per person. Light lunch served, 18+, DJ (Mark Dea).

HOPE TOWN:
Hope Baptist Church
Hope Baptist Church welcomes you. Sunday School for all ages at 9:45 a.m. and Corporate Worship at 11 a.m. on Sundays. Prayer Meeting and Bible Study at 7 p.m. on Wednesdays. Young Peoples for grades 7-11 at 7 p.m. on Fridays. 305 Route 132 West, Hope Town, 418-752-5838.

HOPE TOWN:
Community Centre
October 18: Hayes Bursary gift bingo beginning at 7 p.m. All proceeds are for the Hayes Bursary Fund for continuing education.
November 9: Military Whist beginning at 8 p.m.
November 23: Christmas gift bingo beginning at 7 p.m.

NEW CARLISLE:
Heritage New Carlisle
October 19, 26 and November 2: Nature's Bounty from 10 a.m. to 3 p.m. Combine painting with relief art. Everyone is an artist. Cost \$25 for all or \$10 per day. To register: heritagenc@globetrotter.net, 418-752-1334 or contact us on facebook.

NEW CARLISLE:
Harvest Supper
St. Andrew's Anglican Church will be having its annual harvest supper on **Saturday, October 26.** Adults \$12 and children 10 and under \$7. Takeouts start at 3:30 a.m. Supper from 4:30 to 6 p.m. Call Freda at 418-752-5278 for takeouts.

NEW CARLISLE:
Bible Chapel Services
Sunday: Breaking of Bread for Believers - 9:30 a.m.; Night service - 7 p.m.; **Wednesday:** Bible Study and Prayer - 7 p.m. "You Must Be Born Again."

NEW CARLISLE:
Royal Canadian Legion
Saturdays: Legion opens at 1 p.m.
October 25: Halloween Dance with Tammy Adams from 8 p.m. to 12:30 a.m. \$10 at the door.
November 2: Winter Bazaar from 9 a.m. to 1 p.m. \$5 per table. To reserve a table, please call 418-752-6799. Looking to sell baking and crafts?

November 9: New and almost new fall/winter yard sale, doors open at 9 a.m.

NEW CARLISLE:
LLB Foundation Walk-a-thon
Join us on **Sunday, October 27**, at the Optimist Chalet. Registrations at 12:30 with departure at 1 p.m. For more information call 418-752-5995.

NEW RICHMOND:
St. Andrew's United Church
October 19: Turkey supper. Adults \$13 and Children \$8. Takeouts from 4 p.m. to 5 p.m. and supper from 5 p.m. to 6:30 p.m. For all takeouts call Alice 418-392-5087, Delana 418-392-6813 or Joyce 418-759-3534.

CASCAPEDIA-ST-JULES:
Royal Canadian Legion Br. 172
The Royal Canadian Legion, Branch 172, meets monthly every third **Saturday** at the Legion located at 55 Gallagher St.
November 10: Church Remembrance Service at the New Richmond United Church beginning at 10 a.m. Refreshments will be served following the service. Cake for the anniversary celebration will be provided by Gail and Deliah. All are welcome to attend to support the veterans.
November 11: Remembrance Day at the Cenotaph, Alistar Willett Park in Cascapedia-St-Jules. Beginning at 11 a.m. Refreshments will be served at the com-

munity centre. Everyone is encouraged to attend this activity.

CASCAPEDIA-ST-JULES:
Fifty Plus
Every Tuesday: Grocery Bingo at 7 p.m.
Every Thursday: Dame de Piques at 1 p.m. Everyone is welcome to attend. Thank you for your support.
November 1: There will be a jam session open to all musicians and spectators at the club. Doors open at 7 p.m and entertainment begins at 7:30 p.m.

GESGAPEGIAG:
Important Meeting
This is to inform the community members of Gesgapegiag and the surrounding area that Gesgapegiag Healing Lodge (NNADAP) hosts AA meetings and is open to everyone. If you are interested in a lifestyle free of alcohol and substance abuse and have the desire to change, you are invited to attend meetings every **Monday** at 7 p.m.

GESGAPEGIAG:
N.A. Meetings
N.A. Meetings held every **Tuesday** at 7 p.m. at the Mawimi Treatment Centre located at 85 School Street in Gesgapegiag. Everyone welcome! For more information, call 418-759-3522.

UNITED CHURCH
Sunday, October 20
2 p.m. Hope Town

ANGLICAN CHURCH OF CANADA

Sunday, October 20
New Richmond
3 p.m. Holy Eucharist
New Carlisle
11 a.m. Holy Eucharist
Hope Town
9 a.m. Holy Eucharist
Port Daniel
10 a.m. Morning Prayer

PARISH OF GASPÉ
Sunday, October 20

St. Andrews - York
10 a.m. Holy Eucharist

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Tremblay & Barriault, notaires inc
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Serge Barriault, notary
Gaëlle Tremblay, notary

119B Perron Blvd West, New Richmond, Que.
Tel.: (418) 392-5282 • Fax: (418) 392-6155
E-mail: gaeltremblay@notarius.net

FULLY BILINGUAL SERVICE

On the lighter side...



Driftwood treasures...

On the Gaspé we have an abundance of driftwood. Why not take something that has no use and make something artistic and beautiful for our homes...



HOROSCOPES

ARIES – Mar 21/Apr 20

Sometimes you have to make others work to earn your affection, Aries. You can't make it easy for everyone, and that's fine. Set your own criteria for friendships.

TAURUS – Apr 21/May 21

After several meaningful conversations with a confidante, your mind may be changed on an important topic, Taurus. Embrace this newfound perspective.

GEMINI – May 22/June 21

Gemini, even though you have been trying your hardest regarding a specific situation, you may have to take a new approach. You tried your best so don't let things get you down.

CANCER – Jun 22/Jul 22

Cancer, you often like to have all of your ducks in a row, but this week you may need to throw caution to the wind. People may be surprised at your spontaneity.

LEO – Jul 23/Aug 23

Listen carefully to what others are saying, Leo. You have to find the meaning between the words; otherwise, you can't get the bigger picture others are seeing. Let a few laughs out this week if the pressure builds, Virgo. You have been pushing yourself, and it's easy for stress to build up. Laughter is the best medicine for this.

LIBRA – Sept 23/Oct 23

A celebration could be in your near future, Libra. You do not know the reason for the excitement just yet, but the details will slowly emerge.

Enjoy the ride!

SCORPIO – Oct 24/Nov 22

Scorpio, you have some insider information that could get you into usually locked doors or special meetings. Use this to your advantage to get ahead this week.

SAGITTARIUS – Nov 23/Dec 21

Sagittarius, if you run into a spot of trouble, you can always use your charm to get out of it. You have a way with words, and it usually helps in a pinch.

CAPRICORN – Dec 22/Jan 20

You may choose to be understated in your approach to a relationship, Capricorn, however, those closest to you understand that bigger emotions are brewing beneath the surface.

AQUARIUS – Jan 21/Feb 18

A few deep breaths and a mantra that "everything will be okay" can help you sail through some pressures at work this week, Aquarius. The dust will soon settle.

PISCES – Feb 19/Mar 20

Pisces, if the right answers do not come to you promptly, then you may not be looking in the right places. Ponder the situation a bit longer.

FAMOUS BIRTHDAYS

OCTOBER 13

Ashanti, Singer (39)

OCTOBER 14

Usher, Singer (41)

OCTOBER 15

Anthony Joshua, Athlete (30)

OCTOBER 16

John Mayer, Singer (42)

OCTOBER 17

Felicity Jones, Actress (36)

OCTOBER 18

Zac Efron, Actor (32)

OCTOBER 19

John Lithgow, Actor (74)

Solve the code to discover words related to humor. Each number corresponds to a letter. (Hint: 15 - e)

ABCDEFGHIJKLMNOPQRSTUVWXYZ
 CRYPTO FUN
 Determine the code to reveal the answer!

A.	17 21 16 15	C.	8 15 24 24 25
	Clue: Funny tale		Clue: Stomach
B.	24 4 13 22 1	D.	14 21 7 15 20 25
	Clue: Show of humor		Clue: Opposite of tragedy



PROVINCE DE QUÉBEC VILLE DE PERCÉ

Public Notice

To the sole owners of an immovable, the sole occupants of a business establishment, the undivided co-owners of an immovable, and the co occupants of a business establishment

POLL OF DECEMBER 1, 2019

POST OF COUNCILLOR FOR ELECTORAL DISTRICT NUMBER 7

PUBLIC NOTICE is hereby given by Gemma Vibert, returning officer:

⇒ **to the sole owners of an immovable and the sole occupants of a business establishment** who are not already entitled to be entered on the list of electors as a domiciled person that they can be entered on the municipal list of electors for the current election by meeting the following conditions:

1. be 18 years of age on:

2019	12	01
year	month	Day

2. be a natural person, a Canadian citizen, not be under curatorship on:

2019	10	09
year	month	Day

and, on that date, not have been convicted, over the last five years, of an offence that is a corrupt electoral practice

3. be the sole owner of an immovable or sole occupant of a business establishment **situated in the territory of the electoral district number 7** for at least 12 months on:

2019	10	09
Year	month	Day

4. have sent to the municipality, at the address indicated below, an application for entry on the list of electors not later than:

2019	11	14
year	month	day

AND

⇒ **to the undivided co-owners of an immovable and the co-occupants of a business establishment** who are not already entitled to be entered on the list of electors as a domiciled person, sole owner of an immovable or sole occupant of a business establishment that they can be entered on the list of electors for the current election if they meet the following conditions:

1. be 18 years of age on:

2019	12	01
year	month	day

2. be a natural person, a Canadian citizen, not be under curatorship on:

2019	10	09
year	month	day

and, on that date, not have been convicted, over the last five years, of an offence that is a corrupt electoral practice

3. be the undivided co-owner of an immovable or co-occupant of a business establishment **situated in the territory of the electoral district number 7** for at least 12 months on:

2019	10	09
year	month	day

4. have designated by means of a power of attorney signed by the majority of the co-owners or co-occupants who are electors on:

2019	10	09
year	month	day

5. have sent to the municipality, at the address indicated below, a power of attorney not later than:

2019	11	14
year	month	day

TAKE NOTE that the application for entry or a power of attorney sent after the tabling of the list of electors but not later than

2019	11	14
year	month	day

will be considered an application to correct the municipal list of electors.

ⓘ **A model application for entry or power of attorney form is available at the office of the returning officer. These documents take effect upon their receipt and remain valid until such time as they are withdrawn or replaced.**

For additional information, contact the returning officer.

Gemma Vibert	418 782 2933
	Area code Telephone number
Ville de Percé 137, route 132 Ouest, C. P. 99 Percé (Québec)	G0C 2L0
Adresse	Postal code

Signature

Issued in Percé, le 2019 | 10 | 09
year month day

Gemma Vibert,
Returning officer

Sweetgrass

“Indigenous herbalists say to pay attention when plants come to you; they’re bringing you something you need to learn.”

Diane Skinner

Indigenous people in North America revere sweetgrass as a sacred plant. The Creator gave her people tobacco, sage, cedar and sweetgrass. These four plants are used for ceremonial and medicinal purposes and are referred to as the Four Sacred Medicines. Mi’kmaq elders tell us that the spirits like the aroma of these plants when they are burned. All four can be used for smudging to attract positive energy.

Sweetgrass is a perennial grass which has long, satiny leaves and a beautiful scent of vanilla. The bright green leaves can grow to be longer than half a metre and the base of the plant have a distinctive reddish - purple colour. The flowers are small and grow in clusters at the top of the stalks. The plants grow by stems which creep underground.

Sweetgrass grows in a variety of environments and can be found through northern Eurasia, Iceland, Greenland, the U.S. and Canada. In Canada, sweetgrass can be located near edges of lakes and rivers and in low-lying meadows.

The smell of sweetgrass is even stronger when the leaves are dried. It can be used to stuff pillows, woven into baskets and burned as a purifying smudge. In Europe sweetgrass is used as a flavouring for candy and beverages, such as vodka. An infusion made with sweetgrass can be used to treat colds, coughs, sore throats and infections. Stems can be soaked in water which may be used for



Sweetgrass hanging to dry in Stephen Jerome’s workshop in Gesgapegiag.

flowered. Harvesting sweetgrass is critically important. Harvesting helps the sweetgrass to maintain its growing cycle the next year. If sweetgrass is not picked it will gradually disappear as other grasses take over.

When making baskets the dried sweetgrass is soaked and then coiled or braided, either alone or with other materials. Some basket makers use a blend of sweetgrass and black ash. Other items that are created include dolls, small whisks and even hats.

The book *Braiding Sweetgrass* by Robin Kimmerer is a collection of essays that unites the world of science and traditional Indigenous wisdom. One reader commented that the book stayed with her because it is provocative, meaningful and insightful.” It is a recommended read for anyone who wants to examine our connection to the earth and the importance of appreciating the natural world.

an eyewash. The leaves of sweetgrass can be used for saddle sores on horses and can be fed to horses which increase their stamina. Sweetgrass can be used to make hair wash.

Sweetgrass is harvested using traditional methods. Stephen Jerome says, “You have to know what you are looking for when you pick sweetgrass.” His basket making workshop in Gesgapegiag is full of the gorgeous aroma of drying sweetgrass. Some people cut the grass at the base and others pull clusters of the leaves with the reddish - purple bases still attached. Sweetgrass is picked while the leaves are still bright green and as they dry, they turn

from lighter green and then to straw - coloured. Normally, sweetgrass is har-

vested in the summertime and pickers choose the plants that have not yet

Teachers’ Guide

(Suggested grade level: 9 - 11)

Comprehension:

1. What are the four sacred plants of Indigenous people?
2. List at least 5 uses for sweetgrass.
3. Describe the sweetgrass plant.
4. Where does sweetgrass grow?
5. Why is it important that sweetgrass be picked annually?

Vocabulary - Define these words: Indigenous, perennial, infusion, stamina, revere

Extras:

Foraging is the search for wild food resources and has been a tradition on the Gaspé for centuries. List 5 foods that can be foraged on the Gaspé. What are some guidelines that all foragers should follow? (at least 3) Do you or your family forage? Why is foraging beneficial?

Business & Professional Directory

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