

Glencore carries out drillings in Murdochville

Gilles Gagné

MURDOCHVILLE: – Glencore Incorporated, the company that is managing Murdochville's former mining and smelter sites that were closed in 1982, has undertaken an exploratory drilling campaign in the open pit area. That drilling campaign began the beginning of November and is supposed to last between four and six weeks.

Glencore is the name of the company that took over Xstrata, a firm that had taken control of Falconbridge, which is the corporation that had bought Noranda Mines, the last operator and owner of Murdochville's copper mines and smelter.

The open pit mine was closed 37 years ago and the underground mine ceased operation 20 years ago, in October 1999, because it was no longer profitable.

"There are 20 drillings to carry out in the open pit area, within its limits and closely around it. Some (geological) carrots will be taken in order to update our data," explains Alexis Segal, spokesperson for Glencore.

The holes will have a depth ranging between 150 and 200 metres. Four people and a mining drill are assigned to the task. Glencore hasn't released the cost of the campaign.

Noranda collected a set of data 20 years ago to justify the



Photo: G. Gagné

Murdochville's economy relies mainly on wind energy and outdoor activities but evidence of past mining is still quite visible.

closure of the mine but geologists regularly want to update that data, points out Mr. Segal.

"Our geologists want data. The geologists are people that are super optimistic. When the data falls into the hands of the economic decision-makers though, the story is different," adds Mr. Segal, underlining the importance of putting that exploration campaign in the right context.

"We are far from talking about reopening a mine. (...) Chances of finding the coveted metal are traditionally

higher near a mine that has already been exploited," he states, adding that such checks are standard procedure, "like a pilgrimage."

The market for copper remains relatively good. "The electrification of transport represents an opportunity for copper producers. Copper wires are very good electricity conductors, as they lose less energy than other metals such as aluminum over the same length of power line," he adds.

There was copper left in Murdochville when the mine was

closed and it is still there, says Alexis Segal. Technological change is often expected in order to make an ore deposit that was unprofitable 20 or 30 years ago, profitable now.

"However, the real issue is the processing cost and the ore concentration cost. If the cost curve has risen for ore concentration and smelting, it might not be profitable to exploit a deposit that would have been ruled out (for other reasons in the past). Besides, the competition is high as there are mines all over the world," explains Alexis Segal.

Noranda's Gaspé Copper Mine division hired as many as 2,000 people in the 1970s. The closure of the open pit mine in 1982 brought that number below 1,000 and 660 people were still working for the company when the underground mine was closed in 1999. The smelter employed 330 people when it closed in April 2002.

It was using an old technology and the modernization cost of \$1 billion had little chance of profitability, judged the management of Noranda at the time.

Murdochville residents cautious about drilling campaign

Gilles Gagné

MURDOCHVILLE: – The population of Murdochville, informed of Glencore Canada's drilling campaign shortly before it started at the beginning of November remains cautious about the whole thing, says grocery store owner Michel Pelletier, of Marché PAM. He sees almost every town resident at least once a week.

"We received that (the letter) about two weeks ago in the mail. People are very dis-

crete about it. I have not heard a lot of them talking about the drillings. It is not the first such campaign. In 2011, if I remember correctly, Major Drilling was here and drilled for almost a year, also in the open pit area. The crew stayed in one of my apartments and I talked to them. This time around, they are staying at Gauthier's (Copper Hotel) and I have not seen them," says Michel Pelletier.

"Back in 2011, the Major Drilling people were saying that there was quite a bit of

copper but it was deep and that it would be costly to exploit. We all know there is still copper here but I have no expectations. I don't think I will see another mine in my lifetime but I have nothing against the fact that they are still looking for ore," says Michel Pelletier.

Glencore Canada made the headlines for another reason on November 13 when the company announced the permanent closure of the lead smelter in Belledune, New Brunswick, six years after the closure of Brunswick Mine,

the Bathurst zinc, lead, copper, gold and silver mine.

The Belledune smelter employs 420 people but 280 of them have been on strike since April. The smelter was operated by non-unionized workers and the plant management in the meantime. The closure will be effective at the end of December.

Glencore's spokesperson Alexis Segal points out that the Brunswick Smelting facility was losing money since the closure of the Bathurst mine in 2013 and that the losses in-

creased over the last three years to an average of \$30 million annually.

A \$40 million modernization of the plant was abandoned by the company over the course of the summer because of the strike. The workers voted for a strike in April and were locked out of the plant three days before the scheduled beginning of the strike.

The smelter had been built in 1966 and since 2013, it relied on ore coming to Belledune by ship.

Shuttle available for VIA Rail customers this Christmas season

Gilles Gagné

CISSS wants to regulate absences from work

Nelson Sergerie

GASPÉ - The Gaspé Peninsula Centre for Integrated Health and Social Services (CISSS) is putting in place a new procedure to stop absenteeism from work.

With a rate that in recent weeks has reached 10% equivalent to 350 people, the Virage prevention program has been put in place to reduce the absences.

"The Virage prevention allows us to determine where the risks are in our institutions and to try to prevent them. We trained all of our managers on the best practices, ensuring that we put in place measures to help them. It's part of our new way of working with our people," says CISSS Gaspé Deputy President and Chief Executive Officer Connie Jacques.

The results are being felt as of October 29, 273 people were absent out of 3500 CISSS employees.

The goal is to reduce the rate to 8% by March 31, 2020.

The situation in the Gaspé network is comparable to other CISSS in Quebec.

Review practice in obstetrics

The obstetrics department is being reorganized at CISSS. The fragility of the service across the region's hospitals - particularly the extreme limitations that occurred over the summer on Maria's side due to a lack of nurses - has led the organization to review its practices to find innovative solutions in the short term.

"We are consulting people at the team level. How to do things differently and we really want to approach the staff and doctors to find the best way to offer our services in a context of precarious human resources," says Acting Director of Care, Johanne Méthot.

The Maria, Chandler, Gaspé and Sainte-Anne-des-Monts delivery centres will remain, says Ms. Méthot.

Although there are no breaks in services, the situation remains precarious in all four hospitals.

NEW RICHMOND - The RÉGIM and VIA Rail have reached an agreement for the third consecutive year in order to offer the shuttle service between Gaspé and Campbellton during the Christmas holidays between December 20 and January 5.

From the train station in Campbellton, the RÉGIM's buses will stop in all the municipalities where VIA Rail had stations or made stops, east of Nouvelle until Gaspé and once again from Gaspé to Campbellton at night for the people taking the train towards Montreal.

"The success of the last shuttles encouraged us to continue this service once more this year for the Holidays. Synchronized with the train schedule, the shuttles allow for an additional transport service for Gaspésians and thus fill a need along that stretch," says Daniel Côté, president of the Régie intermunicipale de transport Gaspésie-Îles-de-la-Madeleine (RÉGIM).

The passengers wanting to use the service are invited to make reservations for the shuttle and the train tickets



VIA Rail's shuttle service will be available between December 20 and January 5.

Photo: G. Gagné

directly on VIA Rail's website, at www.viarail.ca. They can also dial the toll free number 1- 888 VIA RAIL, which is 1- 888-842-7245 or 1-800-268-9503 for people with hearing impairments.

"When buying a ticket, people can now select (intermediate) destinations like Montreal-New Carlisle or Bonaventure-Quebec City on VIA Rail's site. Like last year, the fares are proportional to the distance covered

by the shuttle," explains Marie-Andrée Pichette, director general of RÉGIM.

The RÉGIM offers commuter services in the Gaspé Peninsula and the Magdalen Islands. It started its operations in 2010. The organization was created by the MRCs of the region. About 80,000 people use the service annually. Services are also provided to handicapped people and on special occasions or events.

After 30 years, the runway at Gaspé Airport will be lengthened

Gilles Gagné

GASPÉ - Expected for almost 30 years, the lengthening and renovation work on the Gaspé airport runway is taking shape.

On November 11, the Town of Gaspé, which owns the airport, awarded a contract valued at nearly \$8.8 million to Bonaventure's PEC to complete the work, which will begin very quickly.

The track will be lengthened by 1000 feet to 5500 feet and will be fully repaved.

"We've been talking about it for thirty years. The steps finally start. If we include professional fees and contingency fees, this is work of just over \$9.5 million," says Mayor Daniel Côté.

Ottawa and Quebec are both contributing to the financing of the work.

The lengthening of the track will bring its share of advantages. "Greater reliability. Better customer development and the more customers



The Gaspé airport runway will finally be lengthened.

Photo: Town of Gaspé

there are, the more markets there will be at the airport, the more likely it is to attract either larger carriers, competitors or both," adds the Mayor.

The work should be completed by the end of next spring. The parking and terminal will be renovated in a subsequent phase.

This is an important component for the development of the airport. Gaspé is also studying the potential for de-

velopment with, among other things, the possibility of making Gaspé a tourist stop for aviator tourists or even agriculture on the green zone of the municipal infrastructure.

Four bids were received for this major part of the Michel Pouliot airport upgrade. While PEC presented the lowest bid, the highest bid was \$10.8 million.

A new study

Gaspé presented its devel-

opment plan for the airport in 2018 with a study to explore the possibilities of generating new revenues. The projects were the development of tourist packages, air freight and the development of agriculture on airport grounds.

A new study is being launched to clarify these elements. "We want to go further in what we had already developed as a solution," said Mayor Daniel Côté.

The question of boosting

competition against Air Canada is once again on the table: "Would it be profitable to have competition at Air Canada? Could a new carrier be profitable and will it really have a big effect on the price? We will go much further with a study in this sense," says the mayor.

The study will also analyze other aspects of development. The mayor gives the example of cultivating haskap.

"How do we do it? Is it the Town itself that does it? Are we going with the private? Do we rent the land? Do we participate in expenses and revenues? In short, what is the business plan that we have to do if we want to move forward? "

Final decisions regarding the development of the airport will be made afterward, once these studies are submitted. A sum of \$120,000 is invested, 50% of which is reimbursed by Quebec through the new Assistance Program for Regional Air Services.

REMEMBRANCE DAY : Standing Room Only in Cascapedia – St-Jules

Cynthia Dow

The Remembrance Day ceremonies were held indoors again this year in Cascapedia – St-Jules, in the community hall on Gallagher Road. Legion members, the Duc de Richmond Cadet Corps, veterans and family and friends gathered to pay homage by laying wreaths. The only World War II vet in attendance, Phil Doddridge, 96 years old, was applauded as he laid a wreath on behalf of the Hong Kong Veterans' Association. As usual, the ceremony was held in three languages: Mi'gmaq, English and French with veteran Arnold Martin and Mi'gmaq MC Roger Lee Martin doing the honours. Prayers were offered by Kathleen Casey-Campbell for the Catholic church, the Rev. Ray Kraglund for the United Church and William Jerome, spiritual leader from Gesgapegiag. Afterwards the Legion Branch 172 hosted a lunch in their headquarters in the basement of the hall.



Hong Kong vet Phil Doddridge, left, was sitting with Lorraine Leblanc who served six mandates, starting in 1959, as the president of the Ladies Auxiliary of Legion Branch 172.

Photo: C. Dow

REMEMBRANCE DAY : Moving service at St. Andrew's United Church

Darlene Sexton

The Bay of Chaleur Royal Canadian Legion, Branch 172, based in Cascapedia-St-Jules, participated in a moving Remembrance Day ceremony at the St. Andrew's United Church in New Richmond on Sunday, November 10, 2019.

William Jerome, Sergeant-at-arms, and flag bearers Bonnie Bujold, Christine Coull, and Sharon Mercier led the way into the church and were followed by the legion members where everyone was welcomed by Reverend Raymond Kraglund. Together all those gathered stood and proudly sang "O Canada."

Alice Campbell Dell showed two wonderful power point presentations: one of the local people who have served or continue to serve in the military and the second showed the people from the area who paid the ultimate sacrifice.

Legion President JoAnne Huntington Barter, Secretary Denise Dugas, and Sergeant-at-Arms William Jerome recited parts of "For The Fallen," a poem by Robert Laurence Binyon. Two minutes of silence was observed.

The pictures represent proud legion members and serve as a reminder that "we will remember them."



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Police report

The Sûreté du Québec wants the public to be aware of fraudulent telephone calls that are affecting many Quebec regions, including the Gaspé Peninsula. Many descriptions of such fraudulent calls have been reported to the police lately. People receive a call by someone speaking English and pretending to be a police officer. That person asks for the citizen's name and their social insurance number.

When people refuse to provide that information, the fake police officer threatens that other police officers will come and arrest them. Sometimes, the fake cop adds that the citizen has been the victim of fraud and will ask for his or her banking information. Citizens can be asked to make a bank transfer to an account provided by the fake cop in order to "protect" that money.

Sometimes, the fake cop will ask people to provide the phone number of the nearest police station and will mention that a cop from that detachment will call. They then receive a call from a phone number that looks exactly the same as a Sûreté du Québec station number.

"Those calls are fraudulent. Police officers don't communicate with citizens to ask for money, banking or financial information. People must be cautious when contacted by someone pretending to work for a public service," says SQ spokesperson, Sgt. Claude Doiron.

When receiving a call from a stranger, you should always ask for their name, the organization he or she represents, and find the phone number of that organization in order to verify if the information is valid. Finding the website of the organization can be useful in that case.

Moreover, people should never take the caller id number for granted, since software and applications exist for fraudulent purposes and can show false numbers. A social insurance number should never be revealed on the phone. The same precaution prevails for banking information.

Mylène Bossé-Moreau, 38, from Saint-Germain-de-Grantham, near Drummondville, entered a plea of guilty on a charge of assault against a man from the same village, David Berthiaume, during an incident that took place on August 4 at the Pit Caribou pub in Percé. The accused appeared at the Percé courthouse on October 28. She was charged with aggravated assault against Joanie Scraire as well as a second assault charge. Those two charges were dropped and she was also acquitted of a breach of condition charge. Quebec Court Judge Andrée Saint-Pierre imposed a suspended sentence of two months, including a probation of two years and a donation of \$750 to a charity.

David Berthiaume, 44, faces charges of assault and assault causing bodily harm following the same August 4 incident. He will undergo his trial on January 16, 2020. He is remanded in custody and so far has not asked for his bail hearing. The alleged victim is Mylène Bossé-Moreau. She sustained injuries that required hospitalization in Chandler on August 4. David Berthiaume is scheduled to return to court on November 20 in order to respect a condition imposed by the Supreme Court of Canada in the Myers decision. Since David Berthiaume has been in custody for more than 90 days, the Superior Court must meet with him in order to check if he must still stay imprisoned before the trial.



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Commentary

Gilles Gagné

Don Cherry deserved to be fired

For 38 years at Hockey Night in Canada, Don Cherry made comments about hockey games, often influenced by his time as coach of the Boston Bruins and the Colorado Rockies. Too often in his Coach's Corner, he made derogatory comments about women, politics, the way the game was played by Europeans in the National Hockey League, by French players, or Quebec players and so on.

On November 9, once again he made derogatory comments, targeting Canada immigrants.

"You people that come here... you love our way of life, you love our milk and honey, at least you can pay a couple bucks for a poppy or something like that... These guys paid for your way of life that you enjoy in Canada, these guys paid the biggest price."

What Don Cherry said that Saturday during the Hockey Night in Canada intermission lacked class and was degrading. It was not the worst thing he ever uttered, even if he ordered or strongly suggested that more immigrants should buy a poppy.

He assumed that the proportion of recently immigrated Canadians were not involved enough in paying homage to the country's veterans and current soldiers. Nobody knows which studies Mr. Cherry consulted before making that statement. Had he verified he

would have discovered that some of the largest Remembrance Day ceremonies held in Canada are organized by people born outside the country.

By targeting immigrants, Don Cherry clearly drew a line between the notion of "them" and "we", thus strengthening the idea that there are two classes of Canadian citizens. That kind of statement can, in some cases, make some people feel as if they are not accepted here. It might slow down their integration process. In a way, Don Cherry fueled just what he was criticizing. Again, he lacked judgement.

In the past, Don Cherry made distasteful remarks about women, the ones making a living of interviewing hockey players in locker rooms, and the ones watching hockey games. The first ones had no business in locker rooms, according to him, and the second ones are not paying attention to the game the same way men do. Those remarks were ridiculous.

In 1989, he referred to Finnish-born Winnipeg Jets assistant coach Alpo Suhonen as "some kind of dog food," which almost earned him a lawsuit from then Jets owner. He stated at one point that "some Nazis were good guys," that French (Canadian) players were not as tough because a higher proportion of them wore a visor, like the Europeans, compared to the Canadian players born outside Quebec.

Raising controversy was Don Cherry's bread and butter since 1981. It was profitable for him and for CBC (a public corporation), and his employer before Rogers Communications won the Hockey Night in Canada derby in 2014. It was equally profitable for Sportsnet, the Rogers channel, airing Canada's hockey games since then.

However, money is far from everything in life, although Don Cherry's firing was probably triggered by Sportsnet's fear of losing big advertisement spinoffs, as many sponsors probably did not want to be associated with intolerant comments about immigrants.

Don Cherry lived by the sword and he perished by the sword. Obsessed by the tough guy image he has always wanted to project, he went way too far. It was the straw that broke the camel's back, or Sportsnet's back.

Don Cherry complained that the Sportsnet firing deprived him of freedom of speech.

He is wrong. He can still say what he wants. It is just that he discovered at age 85 that he is not entitled to say what he wants on the air as a hockey commentator. Television waves are public. You cannot say whatever you want on the air. Some people do, and he did for years, but it shouldn't have been the case. He should have been warned, and axed years ago. Freedom of speech and the privilege of talking on the air come with responsibilities.

A television channel is not a bathroom or a shower, where you can say anything. Don Cherry was allowed to say a lot of things that should never have reached the public, and his bosses were glad to have the high television ratings. No commentator working for Radio-Canada, the French side of CBC, could have kept his job for two days had he expressed one-tenth of the remarks made by Don Cherry in a few Coach's Corner's episodes. He lasted 38 years. He is lucky to have gone so long and to have made so much money using public waves.

Somehow in 38 years, he developed a big head. It happened to other people. He is in good company. He should have put emphasis on his ability to analyze the aspects of the wonderful game of hockey. He should also have concentrated on his real talent which is dealing with people when he attends hockey events across the country. He should have spent more time representing the useful charities he has either founded or collaborated with over the years.

Don Cherry will find another outlet, as hundreds of thousands of Canadians still want to hear his rants. It just won't have the same public coverage.

To send a Letter to the editor THEGASPESPEC.COM



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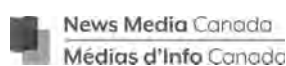
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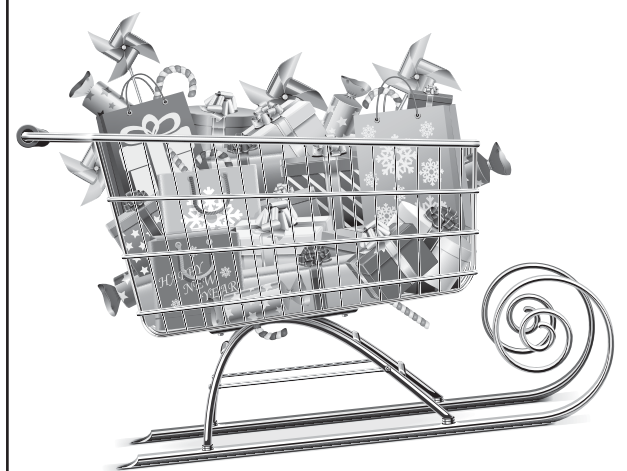
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Hunters prepare for seal processing

Gilles Gagné

GESGAPEGIAG – Approximately 25 people from Gesgapegiag, Gespeg and Viger recently took a training session to develop their skills in the processing of seal meat, fat and skin. The training was specific to an eventual commercial seal hunt that would be carried out by members of the three Native communities.

The training was organized by the *Comité sectoriel de main d'oeuvre des pêches maritimes*, a group involved in improving the knowledge and skills of people working in the fisheries, whether it is on boats or in plants. The idea came from the MMAFMA, the Mi'gmaq Maliseet Aboriginal Fisheries Management Association.

The training was given by Réjean Vigneau, a Magdalen Islands businessman and seal meat processor, who owns the Entre-Côtes Restaurant.

Twelve people participated in the training in Gesgapegiag on November 11, and nine in Gespeg the following day, a good turnout considering the snowstorm. A third session was held on November 15 in Rimouski for five Maliseet people of Viger, now called Wolastoqiyik Wahsipekuk.

"It was a pretty good turnout in Gesgapegiag. It was the first such training for commercial use. That is the difference between this year and previous trainings. The first sessions were organized for hunters who keep the meat for themselves. Now, there is an interest in commercial hunting," explains Marie-Hélène Rondeau, who is in charge of that file for the MMAFMA.

That organization promotes the sustainable management and conservation of aquatic and oceanic ecosystems on the territories and activity zones of the Mi'gmaqs of Gesgapegiag, the Mi'gmaqs of Gespeg, and the Maliseets of Viger, while promoting their interests and participation in co-management processes.



The group under training, including teacher Réjean Vigneau, second from the right, looks at Derek Jerome, as he cuts seal's meat. Lysandre Boudreau, a Magdalen Islander, prepares seal ribs at the same time.

Photo: Comité sectoriel de main d'oeuvre des pêches maritimes

Hunting seals in the Gaspé Peninsula and Lower Saint Lawrence regions will likely not be as easy as it is in the Magdalen Islands though.

"There are many factors in the equation. We see a lot of seals in the Gaspé Peninsula but they are mainly in the water instead of on the ice floe (like in the Magdalen Islands). So accessing the seals is not easy here. You can spend hours before spotting one and shooting it requires a lot of accuracy. In the Magdalen Islands, there are beaches or ice floes where the seals are lying. A good hunter will shoot many because they are grouped together," points out Marie-Hélène Rondeau.

"There are areas in the

Gaspé Peninsula where some seals gather but they are mainly located in national parks, like Forillon and Bonaventure Island," she remarks.

"The coast between Rivière-au-Renard and Cape Cove (in Percé) is closed to seal hunting. It is a large part of the Gaspé Peninsula. The DFO (Federal Department of Fisheries and Oceans) is imposing consultations before changing anything regarding hunting zones. You have to present your reasons, a time frame and prove the relevance of those changes before any decision on the matter. It is a process that can take two or three years," says Ms. Rondeau.


In the meantime, if Ges-

gapegiag and Gespeg ever opt for a request to change the region's hunting zones, they can check with Magdalen Island hunters and see if there is room on their boats, the mean de-

ployed for spring seal catches in the archipelago.

"A few years ago, some Gesgapegiag hunters went to the Magdalen Islands and were greeted there like special guests. The friendship that stemmed from that visit is present to this day. Both communities have a lot in common. Magdalen Islanders remember that 300 years ago, they were taught by Mi'gmaq people how to hunt and process walrus. Now, they (Magdalen Islanders) are glad to give back some of their knowledge," specifies Marie-Hélène Rondeau.

Le Comité sectoriel de main-d'oeuvre des pêches maritimes obtained a grant of slightly less than \$18,000 to organize the training sessions in Gesgapegiag, Gespeg and Rimouski. It includes the travel fees of Réjean Vigneau, catching six seals for the courses, the preparation and the printing of a seal processing guide.



PUBLIC NOTICE

The municipal authorities of "Ville de Gaspé" would like to advise the population that:

- according to By-Law 1190-12, motor vehicles are forbidden to park on all the streets of the town, from 0 h to 7 h, between November 1st, 2019, and April 30, 2020;

Motor vehicles are forbidden to park on "rue de la Reine," from 3 h to 7 h, between November 1st, 2019, and April 30, 2020;

All motor vehicles parked in contravention with this by-law will be towed at the owner's expense, and he or she will therefore be obliged to pay the fine and the costs described in this by-law.

- according to By-Law 736-99, it is forbidden to make snow pile-ups or other pile-ups in the streets, alleys or public places;

Any person infringing this by-law will be liable to a fine and the costs described in this by-law.

Ville de Gaspé counts on the collaboration of its citizens regarding the respect of these provisions for security reasons and to make snow removal operations easier.

GIVEN at Gaspé, November 20, 2019.

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Stephanie Bourdages, *Physiotherapist*

Kim Harrison

NEW CARLISLE: – Recruiting bilingual health professionals and accessing English health services remains a challenge on the Gaspé. It is crucial to ensure that bilingual professionals are more accessible and visible in the community. As part of CASA's Health and Harmony campaign, Spec will be featuring health professionals who offer bilingual health services. The featured health professionals were nominated by members of the community.

Stéphanie Bourdages is a physiotherapist and part owner of Physiothérapie Amplitude in New Richmond. A physiotherapist for 15 years, Stéphanie was drawn to her profession because of her background in sports and her interest in the mechanics of the human body.

She was nominated for the Health and Harmony program because of her bilingualism and commitment to ensuring that clients are well-informed and have clear explanations of the



Stephanie Bourdages, physiotherapist

work she does. “Stéphanie is fluently bilingual, her English is excellent - I always go away

feeling more knowledgeable about my situation.”

Growing up in Caplan, she

attended École aux Quatre-Vents (in the same building as the Bonaventure Polyvalent). When reflecting on her time there, she is disappointed that the students did not engage with each other more, because it was an excellent opportunity to learn each other's languages.

After graduating from high school, Stéphanie moved to Quebec City to complete her physiotherapy degree. At that time, she felt that many of the best books and resources in her field were available in English. She recalled struggling immensely with the language barrier and knew it was important for her to improve her English skills. With that in mind, Stéphanie signed up for a six-week intensive immersion program, and while the experience was sometimes overwhelming, she credits this experience as being one of the reasons she speaks English well today.

Stéphanie completed her degree in 2004 and, in pursuit of improving her English skills, moved to Vancouver with her husband. She returned to work

in Montreal in 2008 where 50 percent of her clients were English speaking. A new mother-to-be in 2012, she returned to the coast with her husband to be closer to her family and take over New Richmond's physiotherapy clinic.

Stéphanie currently has about 10 English-speaking patients at the clinic who often arrive at the reception desk and speak French. They are more comfortable speaking English when they are with her because they find it easier to explain medical problems in their own language. “It is important for everyone to have access to health care in the language of their choice,” she states.

Given the great lengths Stéphanie went to learn a second language, she was asked why it was so important to her. “It was always my desire to learn English. Having more than one language is an opening to the world. I travelled through Europe and was able to communicate in all of the countries because of having both languages.”

Quilt made at Kempffer Cultural and Interpretation Centre

Sandi Beebe

NEW CARLISLE: - A queen-sized quilt was made as part of a Heritage Canada Project called Traditional Skills: Supporting community and passing it forward.

During a quilting bee which took place over three full days, one quilt was crafted by a group of people led by renowned local artist Violette Arseneault.

The finished quilt was won by Bill and Joy Carson of Port Daniel (pictured at right), and the proceeds will soon be donated to the non-profit organization, Linda Lemore Brown (LLB) Foundation. This organization gives money to residents living on Chaleur Bay, who need to travel out of the region for cancer treatment.

Quilts were first made in Canada in the late 18th century with the arrival of settlers from the British Isles and the USA. The Loyalists brought with them their techniques and patterns. Quilts had the practical use as blankets that protected the family from the harshness of Canadian winters. Cotton only appeared in Canada in 1849, so women used linen at first and a woven yarn or twill. During the early days, any fabric that was cut or discarded would be tossed into the quilting basket.

Heritage New Carlisle has just received another art and culture project which will begin in January, so watch for more information coming soon.



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The Mysterious Death of Rev. Felix Boyle – or not

Jim Caputo

Now that I have the readers' attention, I will relate the true tale of Felix Boyle, including his death.

Felix Boyle was born in Wakeham, Gaspé in 1823. He was the son of James Boyle of Wakeham and Charlotte McKinnon of New Carlisle. Charlotte was the daughter of Neil McKinnon, who served in the British Army (44th Regiment of Foot) during the American Revolutionary War period and settled in New Carlisle after his military service. McKinnon was born in Scotland and his wife, Margaret Sheddon, was born there as well.

Felix Boyle studied for the Anglican Priesthood at Bishop's College, Lenoxville, Quebec, and would become the first curate of the Magdalen Islands Mission, Quebec. He would be ordained as a priest at Trinity Cathedral, Quebec City, on June 5, 1852, and afterwards would continue his service to the parishioners of the Islands.

Before coming to the Magdalen Islands he would marry Louisa Arnold of Gaspé, the daughter of Rev. William Arnold of Gaspé. Of interest, and one of those genealogical findings that may cause confusion, is that Louisa was the step-daughter of Ellen Boyle who was the sister of Felix. As my mother would say – "I'm my own grandpa." His service on the Islands was not without great hardships. His daughter, Julia Magdalen, died there at age six months and his wife ten months later. After these devastating events, grief stricken, Boyle would leave the Islands.

Now the mystery part comes. Instead of leaving the Islands, many thought, including me, that Felix died there. Not the case. To add confusion, years ago, friends of mine who visited the Magdalens, reported that they had seen the grave marker of Felix. What they had seen perhaps was a bronze memorial plaque dedicated to Felix, his wife and daughter in 1975.

Here in lies the truth. Rev. Boyle would leave the Magdalen Islands around 1865. In a distressed condition, he would live with a friend for a number of years. When his condition improved he would once more take up his pastoral duties and serve the parish of Frampton/St. Malache until his retirement in 1898. He would marry a second time and father six children. He died in 1908 having been in God's service for fifty-seven years.

Dedicated to my friend and historian of the Magdalen Islands - Mr. Byron Clark.

Hong Kong Commemorative Plaque unveiled at New Carlisle Legion



Left to right: Ann Sawyer, Kent Gallan, Iona Flowers, Ross Smith, Celia Smith and Ida Delaney.

Joan Imhoff

NEW CARLISLE: Remembrance Day ceremonies were held at the cenotaph on Monday, November 11, with a large crowd attending despite the cold weather.

Following the ceremonies, Legion members and their families were invited to the Legion for a delicious lunch.

During the luncheon a plaque donated to Branch 64 of the Royal Canadian Legion by the Hong Kong Veterans Commemorative Association was unveiled by Ross Smith, District Commander of District 1. Some family members of Hong Kong veterans representing their loved ones for this occasion were Ann

Sawyer (daughter of Arnold Ross), Kent Gallan and Iona Flowers (grandson and daughter of Alexander "Sandy" Flowers), Celia Smith (partner of Goldie Ramier), and Ida Delaney (niece of Morris Delaney who died in Hong Kong).

The following is an inscription on the plaque: *In late 1941 nearly 2,000 Canadian soldiers arrived in Hong Kong to reinforce the garrison against an expected attack by the Japanese Imperial Army. They fought with courage and determination against overwhelming odds after the Japanese attacked on December 8. Many distinguished themselves under fire during the 17-day battle, in which*



The Hong Kong plaque.

290 men died and 493 were wounded. After the surrender, 267 more perished during nearly four years as prisoners of war under brutal conditions. The Canadian's role in the defence of Hong Kong stands as an eloquent expression of their lasting honour.

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Reflections

by

Diane Skinner Flowers



Fears Are No Laughing Matter

Never in the history of calming down has anyone calmed down by being told to calm down.

Fears and phobias are no fun at all. At Halloween time many people enjoy the thrill of visiting a haunted house but even if you are startled or surprised, it's mainly the anticipation that makes you nervous and heightens your senses. Then when you exit the haunted house, the relief is exhilarating. This is an example of, "It scares me, but I like it."

Fear can sometimes be a good thing. It is about survival. If you are considering jumping off a high cliff into the water, you might think that over more than once. You mull over what could go wrong and then choose whether or not to jump. Fear can literally save your life, however, too much fear can be a significant problem.

When a person experiences phobias, anxieties and even panic attacks, it can interfere with life's happiness and even day-to-day functioning. What is the difference?

Anxiety can make a person feel intense worry about everyday situations. This can mean feelings of uneasiness, fear and even panic. Symptoms can include problems sleeping, sweaty hands and feet, heart palpitations, shortness of breath and a feeling of dread. Why do some people experience these feelings? Research is not conclusive about this. Likely it is caused by a combination of factors. These include: environmental stress, changes in your brain and a genetic link. In other words, you can inherit anxiety. Doctors explain that anxiety runs in families and may be linked to the brain and in particular to that part of the brain which controls fear and other emotions.

What can be done to deal with anxiety? One treatment is the use of medication. Some of these medications also manage depression because the two conditions are often linked. People with anxiety may also be depressed. Some medications treat social anxiety, a general anxiety disorder, and can help with the treatment of panic attacks.

A specific type of counselling may help some people who suffer anxiety and panic. This treatment must be given by a professional who is trained in how to understand and deal with these feelings. Cognitive therapy helps to teach the patient how they can change their thinking and then their behaviour to deal with feelings of dread and panic. They are taught how to deal with these negative thoughts by using a variety of specific strategies.

Phobias are related but tend to be powerful fears. Phobias are a type of anxiety disorder. They are an extreme irrational fear of or aversion to something specific. It is usually caused by a trigger such as heights, spiders or flying. This can be so terrifying that the people change their lives to avoid that thing that causes their reaction. It is important to remember that this is an irrational fear, most times. They can understand that their fear is not rational, but they still cannot control their reaction to it. Again, the treatments would be medication or counselling by a trained professional.

If you have someone in your life who suffers from anxieties and phobias, there are some things you can do, and not do, to help them. Never say, "Calm down," or pat them on the shoulder and say "Don't be so silly." Try these instead: "I'm here if you need to talk. How can I help? Are you okay? I know you can't control it. I love you no matter what."

Without fear, we could put ourselves in danger. Excessive fears can make day to day life challenging. Understanding anxiety and phobias is the first step in coping with them.



Good Samaritan Masonic Lodge #68

Most Worshipful Grand Master of the Grand Lodge of Quebec (Most Wor. Bro. Marc. C. David (with his delegation) visiting with the Brethren of Good Samaritan Lodge #68 on September 27, 2019. Following the meeting, the ladies joined the members for a social at the Municipal Hall in New Carlisle.

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Obituary



GALLON: Leonard Lee

The community of New Carlisle, Quebec, and surrounding areas were deeply saddened to learn of the passing of Leonard Gallon at Moncton City Hospital in Moncton, New Brunswick, on September 23, 2019, after a three-week battle of acute lymphoblastic leukemia.

Born in New Carlisle on April 14, 1948, he was the son of the late Wilfred and the late Glendora Gallon. He leaves behind his wife of 50 years, Donna Fraser; two sons Derek (Lynn), Moncton, New Brunswick, and Bernie (Cayley), Trail, British Columbia; four granddaughters: Zoe, Maya, Taila and Makenna; brothers Weston (Dorothy); Winston (Sheila) and Ralph (Marjorie); sister Hazel. He is predeceased by his brother Clarence and sister Joyce.

Leonard worked 29 years at the Consolidated Paper Mill in New Richmond, Quebec. He was an outdoors man. Summer vacations were spent with his family. He was a very proud dad of his sons who joined the RCMP.

The funeral was held on September 29, 2019, at the Bible Chapel, officiated by Mr. Bob MacGregor. The hymns were Len's favourites: "How Great Thy Art" and "Amazing Grace" with Mrs. Margaret MacGregor as organist. The eulogy was delivered by his niece Gail Hamilton Dupere. A poem was read by his son Bernie. The pallbearers were his two sons Derek and Bernie; brother Winston; nephews Billy-Jo and Kent Gallon; and brother-in-law Bob Fraser. Interment was in the Bayside Cemetery.

Poem Read by son Bernie:

*As we look back over time,
We find ourselves wondering:
Did we remember to thank you enough, Dad,
For all the times you were by our sides
To help and support us, to celebrate our successes.
To understand our problems, and accept our defeats,
Or for teaching us by your example
The value of hard work, good judgment,
Courage and integrity?
We wonder if we ever thanked you
For the sacrifices you made
To let us have the very best,
And for the simple things, like laughter,
Smiles and times we shared.
If we have forgotten to show our
Gratitude enough for all the things you did.
We're thanking you now, Dad,
And we are hoping you knew all along
How much you meant to us.
Derek and I will be forever
Grateful for such a loving
And supportive Dad.
RIP, Dad
Until we meet again.*



In Memory



CHESSER: Wayne Percy

In loving memory of my brother who passed from this earth on November 21, 2017.

*My mind knows you
Are in a better place,
Where there is no pain.
You are at peace.
I understand that.
I just wish I could
Explain that to my heart.*

I miss you little brother. Until we meet again, brother Mike.

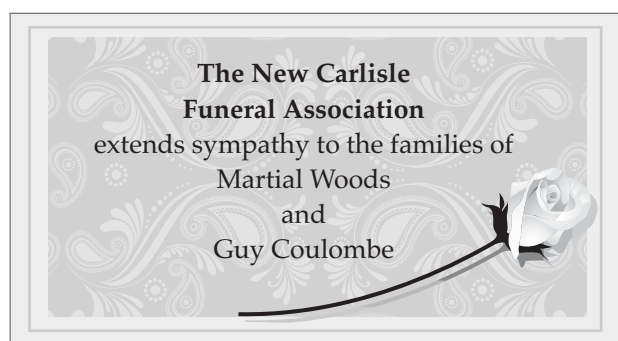


PATTERSON: Melba Jones

In memory of our loved and loving mother and grandmother, Melba Jones Patterson, who left us a year ago, on November 18, 2018.

*God saw the road was getting rough
And the hills were hard to climb
So he closed your weary eyelids
And whispered "Peace be thine."*

Lovingly remembered by Kathy, Bob, Michael, Joanne and our families.



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Card of Thanks

We would like to express our thanks to our relatives and friends for their expressions of sympathy, telephone messages, floral tributes, cards, donations to the Bible Society, the Chapel and the Linda Lemore Brown Foundation. Visits to the funeral home and attendance at the funeral were greatly appreciated.

Our sincere gratitude to Mrs. MacGregor. (You are a wonderful organist!) Thank you for being there and playing the requested hymns. We are grateful that you and Mr. MacGregor were both available to perform the funeral when Leonard passed away unexpectedly. We know that you didn't know him for long, being new in the church. Leonard always enjoyed your sermons, music and singing. He requested that you both would perform his service in his final days. We feel overwhelmed with our church family (The Brethren Chapel). You all have been a blessing to us.

Thank you to all the ladies for the meal that you prepared, for the rental of the high school, and for hosting our family and friends. Our sincere appreciation to Mr. and Mrs. Bob MacGregor, Mr. and Mrs. John Hall, Darrin Renouf, Lionel Starnes, Lisa Flowers, Treva Assels, Kent Gallon, Billy-Jo Gallon, Hazel Court, Weston (Dorothy), Winston (Sheila), Ralph (Marjorie), Britney Gallon, Kelly Assels Renouf, Bianca Gallon, Jocelyn Fraser, June Main Denis, and Dawn and Marcel Allain for their many acts of kindness during our recent loss.

A special thank-you to the pallbearers and to Cathy Buttle Element and Lisa Flowers. We were not aware of how much happened behind the scenes until the passing of Leonard. Your knowledge and expertise helped make the process feel not so overwhelming.

Thank you to our family and friends that travelled to be with us: Bob and Margaret Fraser, Moncton, New Brunswick; Herman and Carmell Godin, Petit Rocher, New Brunswick; Gail Dupere, Campbellton, New Brunswick; Rodney and Rachel Arseneault, Moncton, New Brunswick; Lee and Gloria Sinclair, Kemptville, Ontario; and to all co-workers and friends from New Richmond.

Thank you for your prayers, love and support. Blessings to each and everyone.

Donna Fraser and the Gallon Family

Grampy

Thank you for living a life of compassion and kindness. You taught us how to treat others the right way. Grampy, you were very happy to be around, made us all laugh and smile. We know you are in a better place. We have fond memories of you. Love and miss you forever. You were the greatest Grampy ever.

*Love from your granddaughters Zoe,
Maya, Taila and Makenna*



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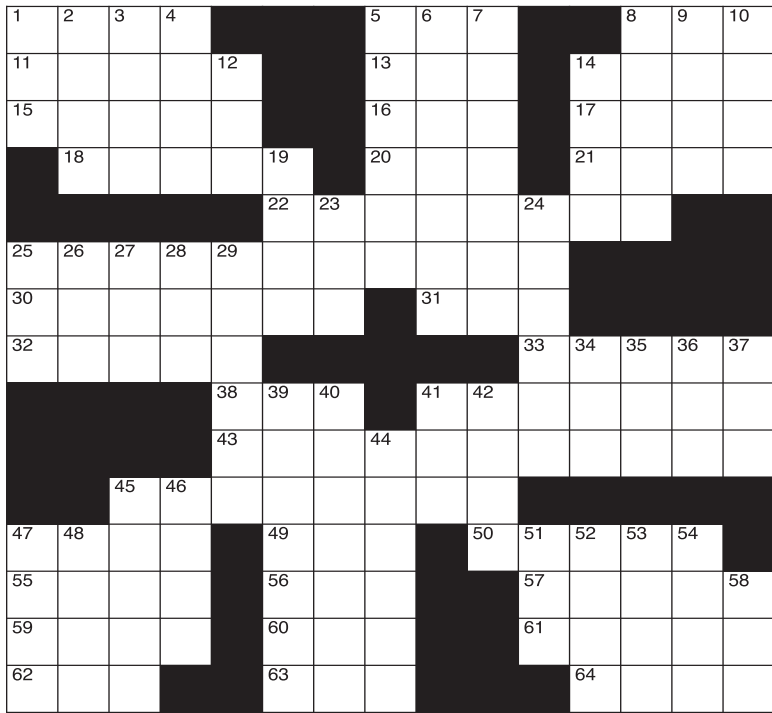
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On the lighter side...



CROSSWORDS

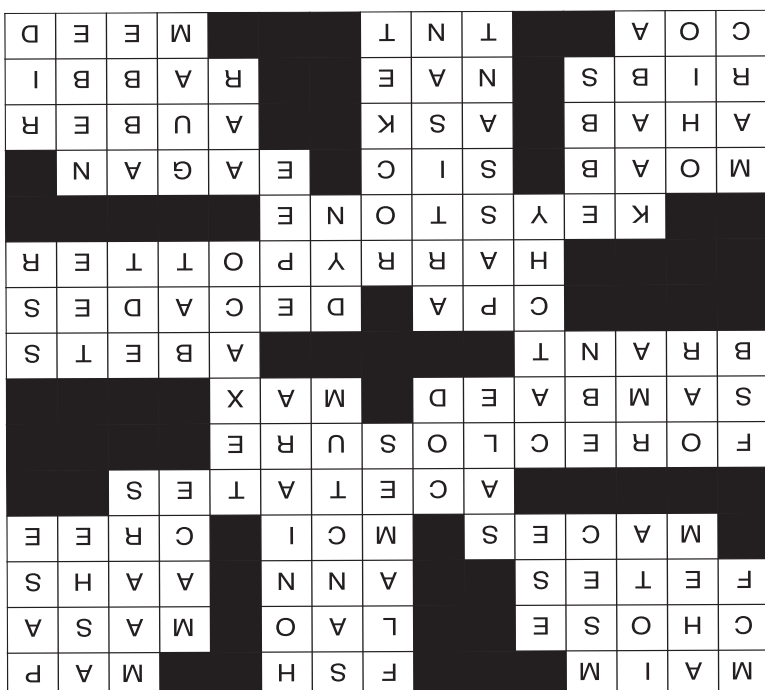


CLUES ACROSS

1. A way to wound (abbr.)
5. Hormone secreted by the pituitary gland (abbr.)
8. Shows the world
11. Decided
13. Indigenous person of NE Thailand
14. Dough made from corn flour
15. Honors
16. Political commentator Coulter
17. Expresses pleasure
18. Heavy clubs
20. Defunct phone company
21. Algonquian language
22. Salts
25. Act of the bank
30. Danced
31. Drummer Weinberg
32. Small goose
33. Helps evade
38. Certified public accountant
41. Periods of time
43. Kids' book character
45. Type of beer
47. Ancient kingdom near Dead Sea
49. A way to attack
50. Talk radio personality Margery
55. Whale ship captain
56. Request
57. Large underground railstation in Paris
59. BBQ dish
60. No (Scottish)
61. Jewish spiritual leader
62. Tool used to harvest agave
63. Explosive
64. A reward (archaic)
2. Polite interruption sound (abbr.)
3. Extremely small amount
4. Very short period of time (abbr.)
5. Fires have them
6. Sacred place
7. Island capital
8. Volcanic craters
9. Arthur ___, Wimbledon champion
10. Bullfighting maneuver
12. Midway between east and southeast
14. A ceremonial staff
19. Cheap prices
23. North Atlantic fish
24. Oil company
25. A federally chartered savings bank
26. Paddle
27. Where UK soldiers train
28. One point north of due east
29. Attention-getting
34. Ballplayer's tool
35. Sun up in New York
36. Where golfers begin
37. Soviet Socialist Republic
39. Represented as walking (animal)
40. Craftsman
41. Unit of force (abbr.)
42. Dueling sword
44. Houston hoopster
45. Stone building at Mecca
46. ___ and flows
47. "Beastmaster" actor Singer
48. American state
51. Swiss river
52. U.S. island territory
53. German physicist
54. One point east of northeast
58. Get free of

CLUES DOWN

1. One thousand cubic feet



A step back in time...



New Carlisle Bantams

Back Row: (1 to r): Cyrus Journeau, Alain Woods, Greg Gallan, Brent Hocquard, Robert Coulombe, Marco Parisé, Robert Dorais, Michel Kerr and Leo Woods.
 Front row: André Huard, Christopher Journeau, Scott Bechervaise, Steve Morrisette, Rodney Anez, Stephane Bujold and Jules Grenier.

ARIES – Mar 21/Apr 20
 A bevy of ideas and tasks are bouncing around in your head this week, Aries. You may have to find a way to quiet your mind so you can focus on what needs to get done.
TAURUS – Apr 21/May 21
 Taurus, a benefit to having so many close friends in your life is you always have a buddy you can call when you need someone to hear your side of the story.
GEMINI – May 22/June 21
 Gemini, even after a big shakeup in your routine, it seems like things at work are more of the same. You may need to start looking for opportunities elsewhere for stimulation.
CANCER – June 22/July 22
 Perfection only exists in your mind, Cancer. Change your views on how everything needs to be perfect to be successful and you will sleep a bit easier this week.
LEO – July 23/Aug 23
 Leo, obstacles are a part of life. The way you approach them and your attitude can go a long way toward helping you work through difficult situations.

HOROSCOPES

VIRGO – Aug 24/Sept 22
 Your curiosity will pique this week when inspiration flows, Virgo. A new creative project could be on the horizon. Friends are supportive of your efforts.
LIBRA – Sept 23/Oct 23
 People may be apt to judge you by the company you keep, Libra. However, once others get to know you, they will discover how you march to the beat of your own drummer.
SCORPIO – Oct 24/Nov 22
 Scorpio, you may have an opportunity to enjoy some time to yourself this week. The alone time can be a great way to work through new ideas.
SAGITTARIUS – Nov 23/Dec 21
 Don't let someone whose maturity level is beneath your own bother you, Sagittarius. Take the high road and others will notice and respect you for it.
CAPRICORN – Dec 22/Jan 20
 You may have plenty of free time on

your hands this week, Capricorn. If you do not want to fill it by being productive, then bask in your ability to kick back and relax.
AQUARIUS – Jan 21/Feb 18
 Aquarius, even though you are full of vitality and ready to begin something new, this may not be the week for it. Hold off a little longer; the right time will present itself soon enough.
PISCES – Feb 19/Mar 20
 This week serves as a starting point for new adventures in your life, Pisces. Keep your eyes peeled for the opportunities coming your way.

- FAMOUS BIRTHDAYS**
NOVEMBER 17
 Rachel McAdams, Actress (41)
NOVEMBER 18
 David Ortiz, Athlete (44)
NOVEMBER 19
 Jodie Foster, Actress (57)
NOVEMBER 20
 Jeremy Jordan, Actor (35)
NOVEMBER 21
 Carly Rae Jepsen, Singer (34)
NOVEMBER 22
 Dacre Montgomery, Actor (25)
NOVEMBER 23

Nature's Missiles: Northern Gannets

*Cream puffs, pies, and chocolate brownies
Should be banned from the planet.
They have no real value, no redeeming factor.
Yet we stuff our faces like gannets.*

- Jack Ellison, 2013

Diane Skinner

If you have visited Bonaventure Island, in Percé, you will certainly have seen, heard and smelled northern gannets. In the warmer months, these birds are plentiful at this location, in fact, it has the largest gannet colony in North America of approximately 32,000 nests. The birds migrate in the winter, travelling great distances - often more than 1000 km (600 miles). The younger gannets fly further south than the adult birds, sometimes as far as Mexico.

The gannets are easily recognized by their appearance and their incredible diving ability. They are seabirds and their feathers are waterproof. This feature gives them the advantage of being able to spend long periods of time in the water.

They are termed "Nature's Missiles" because of that diving ability. When they spot fish in the water, they might be at a height of up to 20 m (65 feet). When they do their torpedo dive, they are straight with the wings tucked into their body. They can hit the water at speeds up to 100 km per hour. Amazingly they can swim to a depth of 15 m (50 feet).

Adults, on average, are 90 cm (35 inches) long, weigh 3 kg (6+ pounds) and can have a wingspan of 175 cm (70 inches).



Gannets at Bonaventure Island.

Photo: John Paul Nanowski

They are usually white with dark tips on their wings. At some points in the season its head can be a faint yellow colour. Their eyes are a light blue or grey surrounded by a dark circle of skin which gives them a slightly comical expression. Their long beak has a curve at the end which is perfect for spearing fish. Their toes are webbed to assist with swimming and they have a toe that faces backwards. This is perfect for hanging onto the rocky cliffs where they live.

The male gannet builds a nest and then hopes that a female is attracted to him and the nest. Gannet pairs sometimes stay together for life. At times,

they go off in different directions after their chick is independent but will meet up "same time and place" the following year. Normally a pair

of gannets produces one egg per mating season.

Bonaventure Island (Île Bonaventure) sits just off the coast of the Gaspé Peninsula,

southeast of the village of Percé. In 1971 the Quebec government gained ownership of the island property and homes and the inhabitants, approximately 35 families, were evicted. Some of those houses are still standing today.

Today it has one of the largest bird sanctuaries in the world. It includes the huge gannet population. It is a meaningful place to visit.

From May to October you can take a boat to Bonaventure Island and walk around it for a few hours. There you will have opportunities to photograph the handsome northern gannets, "Nature's Missiles," of Bonaventure Island.

Oh, a helpful hint. Take some Vicks VapoRub for your nose. The smell of thousands of gannets' droppings is a powerful experience. You will thank me.

Teachers' Guide (Suggested grades: 7 – 10)

Comprehension:

1. Describe the gannet's appearance.
2. Why is the gannet referred to as "Nature's missile"?
3. Bonaventure Island (Île Bonaventure) has a controversial history. Why?
4. Describe the gannets mating and nesting behaviour.
5. Why might it be a good idea to take Vicks with you?

Vocabulary: Define these words –Migrate, torpedo dive, sanctuary

Extras:

Have you ever visited Bonaventure Island? Tell about your experience. Locate on a world map where the Northern Gannet is found.

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